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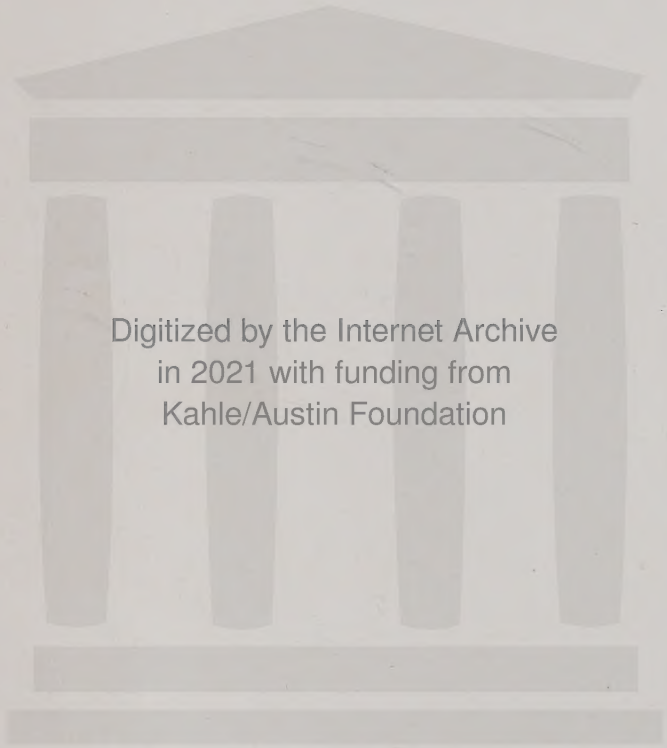
Zaheer Uddin

FOREWORD BY
Shaikh Alpha-Him Jobe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WITHDRAWN

A Handbook of HALAAL & HARAAM Products

Zaheer Uddin

CAMRI
Center for American Muslim Research and Information
New York

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Thanks and appreciation go to my son and daughters who helped me a lot: Mubashshir, 'Aatikah and Umaimah.

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FOREWORD

It gives me great pleasure to have the privilege of writing a foreword to the *A Handbook of Halaal and Haraam Products* by our beloved brother Zaheer Uddin which is a new approach to the teaching about consuming what is lawful and abstaining from the unlawful.

This Handbook is a valuable contribution of the knowledge of Islamic dietary laws, good health and cleanliness in today's world. Many food products are made from Haraam sources, like animal by-products and alcohol. Allah says in the Qur'an:

O you who believe! Eat of the good and pure things that we have provided for you. (2:172)

Muslims all over the world are required to follow Islamic dietary laws especially the young generation has to be educated to avoid Haraam products.

The Prophet (s) has said:
"Halaal is clear and Haraam is clear. But between the two there are doubtful matters, concerning which many people do not know whether they are Halaal or Haraam. And who avoid them in order to safeguard his Deen and his honor is safe while if someone engages in a part of them he may be doing some thing Haraam. Like one who grazes his

animals near the ground reserved for animals belong to the king, which are out of bounds for others animals, will stray into it. Truly, every king has a bound and the bound of Allah is what He has prohibited." (Bukhari, Muslim)

The Center for American Muslim Research and Information (CAMRI) deserves accolades for pursuing such a useful study. The subject of Halaal and Haraam in Islam is indeed extremely difficult to write about because no previous author either early or contemporary has compiled a book dealing with the topic, although it is a part of the total legal system of al-Islam.

In view of the fact that Halaal and Haraam constitute such an important subject, I believe that this Handbook despite its modest size will fill a gap in the library of any Muslim today. This book will help in solving many problems and confusion that a Muslim faces in this country regarding the consumable and household items.

In bringing this foreword to a close, I would like to pray to Allah Subhanahu wa Ta'ala to benefit those people who read this valuable Handbook and to bless the author for his efforts. Aameen. It is He alone who listen to supplications.

April 28, 1997
New York

Imam Alpha-Him Jobe
Director
Muslim Family Institute
Islamic Circle of North America

INTRODUCTION

A Muslim's life revolves around the pursuit of what is lawful (Halaal) and abstaining from the unlawful (Haraam). A Muslim must earn income from Halaal sources, be involved only in Halaal transactions and consume Halaal.

Alhamdulillah, the Muslims in the United States and Canada are aware of this obligation and most of them strive their best to abide by what is Halaal and avoid what is Haraam. The practical manifestation of this fact is the overwhelming response from Muslim community about our work *A Handbook of Halaal and Haraam Products*. To-date, more than 10,000 copies of Volume I have been sold.

We are pleased to present Volume II of the Handbook which lists more than 6,000 items and includes information which will help and facilitate in following Islamic dietary laws, Insha Allah.

The right of declaring a thing Halaal and Haraam vests in Allah alone and no human being is empowered to exercise this right, if he does so, he transgresses the limits set by Allah. This is a grievous sin. Allah's injunctions are not arbitrary. He has reasons behind declaring things Halaal and Haraam. The root cause of all evil is that a man loses the consciousness of his limitations as a man and tries to play the role of Supreme being, inventing his own concepts of right and wrong, lawful and un-lawful, and good and evil. Such a person thus transgresses the

limits of his domain as the servant of Allah and intrudes in the domain of Allah, Almighty. And the high ambitions combined of course with the lack of proper knowledge lead him to Shirk (polytheism) and he sets up rivals unto Allah. Then he indulges in all kinds of sins, commits indecencies, and all types of transgression.

The people's well-being remain supreme in His scheme of things. It is on the basis of its moral and spiritual significance that the worth of a thing or an act is determined. A thing or an act may have some material benefits in it, but if it undermines or subverts the moral foundation of an individual or of social life, it is forbidden in Islam.

The case in point is intoxicants.The Holy Qur'an explains this principle: *They ask thee about liquor and the game of chance. Say: In both there is a great sin and some benefits for men, but the sin of them are greater than their benefits.* (2:219)

Alhamdulillah, we have included two comprehensive articles on intoxicants in this volume. We also have done a thorough study on the present status of milk. Unfortunately, due to doubts created by some quarters, many Muslims have started doubting about the Halaal status of milk. Our research reveals that such doubts are completely unfounded. Please read the article on milk in this volume.

For this work, we have followed the same three basic methods to reach our findings, as we have done for our previous study:

1. Physical survey and scrutiny of products and ingredients.
2. Checking of ingredients through correspondence with the food companies.
3. Inquiries of products and ingredients by calling food companies.

Once again we got very good response from the companies. Wherever we were not sure about any product due to doubtful or unsatisfactory information, we have not included those items in this book. Before going to press, we have reviewed the manuscript thoroughly. According to our knowledge, information and understanding all the data and findings in this book are correct. While we have done our research

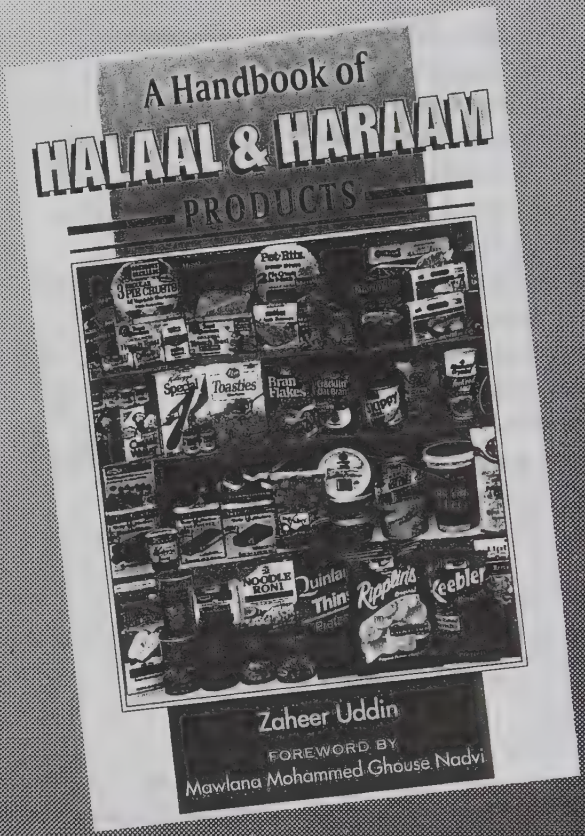
diligently, like any other field, food technology is constantly changing and ingredients and their sources are prone to change. Therefore, one must read the labels and especially look for the Haraam ingredients. If you have any doubt, please call the company and inquire. We will update and publish a revised Handbook every second year. If you do not have the Volume I, please get one from our distributor, Islamic Book Center.

We are now undertaking the second phase of our project. That is, reaching out to manufacturers and certifying their products and have our symbol be printed on Halaal products, Insha Allah. We like to have your cooperation and Du'a. We encourage and urge you to write to manufacturers and request them to have the Halaal certification for their products from CAMRI. We hope with Allah's help and with your cooperation we will achieve our goal.

We seek Allah's forgiveness for any mistakes and shortcomings in this work. May Allah accept our humble efforts in His cause. Aameen.

Muharram 1, 1418
May 8, 1997
New York

Zaheer Uddin
Executive Director
Center for American Muslim Research & Information(CAMRI)



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Part I

PROBIHITION OF INTOXICANTS IN ISLAM

The drink prohibited in Islam is described as *khamr*. The word *khamr* which is equivalent to the word liquor and alcohol in English, is derived from the verb *khamara* which means "he covered, hid, or concealed." Since liquor and alcohol shrouds the intellect of man, and renders it invalid for discriminating between right and wrong, it is, therefore, called *khamr*. According to the Arabic-English Lexicon by E. W. Lang, *Khamr* is "what intoxicates, of the expressed juice or grapes, or the juice of grapes when it has effervesced and thrown up froth, and become freed therefrom, and still, or it has a common application to intoxicating expressed juice of anything, or any intoxicating thing that clouds, or obscures the intellect."

Another view is that *khamr* has been so termed due to the reason that it is put up in a place till it turns into wine. Turning of a drink into liquer implies the change of odor. All these features appear in *khamr*.

Definition according to the Islamic Shari'ah

Liquer under the term *Khamr* as defined by the Islamic Shari'ah implies all things which intoxicate. In Bukhari and Muslim it is reported on the authority of Ibn 'Umar (r) that Caliph 'Umar (r), in one of his Friday sermons, defined *khamr* as everything that dulls

the faculty of thinking.

Ibn 'Umar (r) reported that 'Umar (r) delivered sermon upon the pulpit of the Messenger of Allah (s) and said: O mankind! The prohibition of khamr has been revealed and that is made of five things: Grapes, dates, wheat, barley and honey: and khamr is what covers intellect. (Bukhari, Muslim)

The Holy Qur'an has made a mention of some of these kinds of liquor:
1. *Al-Khamr*: It is the most famous and common name of liquor because drinking *khamr* brings about a number of harms and troubles.
2. *Al-Sukr*: Liquor has been termed as sukr because it has the effect of intoxication.
3. *Al-Rahiq*: It is a wine, clear, pure and old. This word has been used as a characteristic of the wine of Paradise in the following Qur'anic verse: *They are given therein (Paradise) to drink of a pure wine, sealed.* (83:25)

The word *Khamr* has appeared six times in the Holy Qur'an: Once in subjective case in verse 5:90, twice in objective case in verses 12:36, 41 and thrice in genitive case in verses 2:219, 5:91 and 47:15. The Prophet (s) has named liquor and alcohol as:

Ummul khaba'ith:	The fountainhead of evils.
Ummul fawahish:	The origin of all sorts of atrocities.
Akbarul Kaba'ir:	The most heinous of major sins.
Ra'su kulli khatia':	The head of all errors and lapses.
Miftahu kulli sharr:	The key to all evils and mischief.

The Prophet (s) has attributed these names to *Khamr* because it embodies all the above characteristics.

The prominent companions of the Prophet (s), like Abu Bakr, 'Uthman and 'Ali (r) abstained from drinking alcohol during the pre-Islamic period. 'Uthman (r) was asked why he had not touched alcohol even during his pre-Islamic life. His answer was, *khamr* 'robs' the mind totally; and I have not yet seen anything which when entirely 'robbed'

or curtailed will come back in its original intact form." Another contemporary of 'Uthman (r) refused to drink alcohol. He said, "I refuse to consume that which consumes my mind."

The Holy Qur'an on the Prohibition of *Khamr*

The verses of the Holy Qur'an which touched the problem are:

يَسْئَلُوْنَكَ عَنِ الْخَمْرِ وَالْمَيْسِرِ قُلْ فِيْهِمَآ اِثْمٌ كَبِيْرٌ وَّ مَنَافِعُ لِلنَّاسِ وَ اِثْمُهُمَآ اَكْبَرُ مِنْ نَّفْعِهِمَا

They ask thee (O Prophet) about Khamr (intoxicants) and games of chance (gambling). Say: In both of them there is great harm although there is some advantage as well in them for men, but their harm is much greater than their advantages. (2:219)

يٰٓاَيُّهَا الَّذِيْنَ اٰمَنُوْا لَا تَقْرَبُوا الصَّلٰوةَ وَ اَنْتُمْ سُكٰرٰى حَتّٰى تَعْلَمُوْا مَا تَقُوْلُوْنَ

O ye who believe! Draw not near unto prayer when you are in a state of intoxication until you know that you utter. (4:43)

يٰٓاَيُّهَا الَّذِيْنَ اٰمَنُوْٓا اِنَّمَا الْخَمْرُ وَ الْمَيْسِرُ وَ الْاَنْصَابُ وَ الْاَزْلَامُ رِجْسٌ مِّنْ عَمَلِ الشَّيْطٰنِ فَاجْتَنِبُوْهُ لَعَلَّكُمْ تُفْلِحُوْنَ ۝
اِنَّمَا يُرِيْدُ الشَّيْطٰنُ اَنْ يُّوْقِعَ بَيْنَكُمُ الْعَدَاوَةَ وَ الْبَغْضَآءَ فِى الْخَمْرِ وَ الْمَيْسِرِ وَ يَصُدَّكُمْ عَنْ
ذِكْرِ اللّٰهِ وَ عَنِ الصَّلٰوةِ فَهَلْ اَنْتُمْ مُّنْتَهُوْنَ ۝

O believers! surely, alcohol and games of chance, (ungodly) shrines, and divining devices, are abomination of Satan's work. Avoid them, that ye may prosper. Only would Satan sow hatred and strife among you, by alcohol,and games of chance, and turn you aside from the remembrance of Allah, and from prayer: Will you not, therefore, abstain from them? (5:90,91)

From the forgoing Qur'anic verses we can deduce that all intoxicants resulting into loss of wit, wastage of wealth and ruin of health, debauching status and nobility and marring personality, are unlawful like liquor, opium, hemp etc. All these substances are unlawful in Shari'ah, whether they are smelt, snuffed or drunk.

Ahadith on Prohibition of *Khamr*

Though originally the Arabic word *khamr* meant only liquor , it is also applied to all the alcohols brewed from wheat, barley, dried grapes, dates and honey. Whatever is the material from which liquor is prepared and whatever is the process of preparation, every intoxicant is forbidden. The Prophet (s) prohibited all sorts of intoxicants, and there are Ahadith that clearly testify this.

Every Intoxicant is Haraam

'Abdullah bin 'Amr (r) reported that the Prophet (s) prohibited intoxicants, games of chance, card-playing and Gobairah and he said: Every intoxicant is unlawful. (Abu Dawud)

Ibn 'Umar (r) reported that the Messenger of Allah (s) said: Every intoxicant is *khamr* and every intoxicant is forbidden. He who drinks alcohol in this world and dies while he is addicted to it, not having repented, will not be given a drink in the Hereafter. (Muslim)

'Aisha (r) reported that the Prophet of Allah (s) was asked about Bit', whereupon he said: Every drink that causes intoxication is forbidden. (Agreed upon)

Umm Salama (r) reported that the Prophet of Allah (s) prohibited every intoxicant and exciting food. (Abu Dawud)

Abu Musa (r) reported: Allah's Messenger (s) sent me and Mu'adh bin Jabal (r) to Yemen. I said: Allah's Messenger, in our land wine is prepared out of barley which is known as Mizr (beer of our times) and also from honey which is known as Bit' (are these also forbidden?), whereupon he said: Every intoxicant is forbidden. (Muslim)

Abu Burda (r) reported on the authority of his grandfather that Allah's Messenger (s) sent him and Mu'adh bin Jabal(r) to Yemen and said to them: Give glad tidings to the (people), and make things easy (for them), teach (them), and do not repel (them); and I think he also said: Cooperate cheerfully with each other. When he (the Prophet) turned his back, Abu Musa (r) turning towards him, said: Allah's Messenger, they

(the people of Yemen) have a drink which is made from honey and that is prepared by cooking it until it coagulates, and Mizr is prepared from barley, whereupon Allah's Messenger (s) said; Every *Askara* (intoxicant) that detains you from prayer is forbidden. (Muslim)

Here the word *Askara* (intoxicant) has a very comprehensive and meaningful expression that covers so many shades of meanings connected with the use of alcohol and liquor. It may mean the intoxicant which keeps us away from prayer as we read in the Qur'an:

لَا تَقْرَبُوا الصَّلٰوةَ وَاَنْتُمْ سُكٰرٰى

Draw not near unto prayer when you are in a state of intoxication. (4:43)

The state of intoxication is thus described as an obstacle in the way of prayer. This expression may also mean that intoxicant makes one unmindful of prayer as we find in the Qur'an:

اِنَّمَا يُرِيْدُ الشَّيْطٰنُ اَنْ يُّوْقِعَ بَيْنَكُمُ الْعَدَاوَةَ وَالْبَغْضَآءَ فِى الْخَمْرِ وَالْمَيْسِرِ وَيَصُدَّكُمْ عَنْ ذِكْرِ اللّٰهِ وَعَنِ الصَّلٰوةِ

By means of intoxicants and games of chance, Satan seeks only to sow enmity and hatred amongst you, and to turn you away from the remembrance of Allah and from prayer. (5:94)

This expression may also imply the drink that clouds the intellect and consciousness of a person so that he fails to keep himself devoted in prayer. In prayer man faces Allah spiritually; he is, therefore, required to have full consciousness of his own self. Consciousness is indispensable in every act of worship which is destroyed under the influence of an intoxicant. One should be in his senses to be aware of what is he doing.

Jabir (r) reported that a person came from Jaishan , a town of Yemen, and he asked Allah's Messenger (s) about the alcohol which was drunk in his country and which was prepared from millet and was called Mizr. The Prophet (s) asked him whether that was intoxicating. He replied in affirmative. Thereupon the Prophet (s) said: Every intoxicant is forbidden. Verily Allah, the Exalted and Majestic, made a covenant to those who drank intoxicants to make them drink Tinat al-Khabal. They said:

O' Allah's Prophet what is Tinat al-Khabal? He (the Prophet) replied: It is the sweat of the denizens of Hell or the discharge of the denizens of Hell. (Muslim)

Nafi'(r) reported Ibn 'Umar (r) as saying: the Prophet (r) has said: Every intoxicant is *khamr* and every *khamr* is forbidden. (Muslim)

This hadith clearly shows that all kinds of intoxicants, e.g., opium, hemp and cocaine are forbidden. Abdur Rahman al-Jaziri, a great 'Aalim of our time, in his book "Kitabul Fiqh 'alal Madhahib al-Arba'ah" states that there is a consenses of Sahabah and Aayema that all the intoxicants are Haraam whether they are in liquid or solid form. Imam Taimiyah, Ibn Qayyam, Ibn Hijr and many scholars of Islam agreed upon all intoxicants including opium, hemp, or any new substance that dulls the intellect are Haraam.

Intoxicant even in Smallest Quantity is Unlawful

Some people think that a small quantity of alcohol can do no harm. But it is one of the myths which the scientific analysis has already exploded. Even such a tiny concentration of alcohol in blood as 0.015% (i.e., one-seventh of one percent) impairs the faculties so much that driving becomes extremely dangerous. Because alcohol is a central nervous system depressant and it is the central nervous system which is the bodily system that is most severly affected by alcohol. The degree to which the central nervous system function is impaired is directly proportional to the concentration of alcohol in the blood. In low concentrations, alcohol reduces inhibitions. As blood alcohol concentration increases, a person's response to stimuli decreases markedly, speech becomes slurred, and he or she becomes unsteady and has trouble walking. With very high concentrations - greater than 0.35 grams/100 milliliters of blood (equivalent to 0.35 grams/210 liters of breath) - a person can become comatose and die. The American Medical Association has defined the blood alcohol concentration level of impairment for all people to be 0.04 grams/100 liters of blood (equivalent to 0.04 grams/210 liters of breath).

Also, it requires a strong will-power to restrict a drunkard's intake of alcohol. As the alcohol destroys the power of judgment, as it frees man

from every inhibition, it is foolish to believe that once started a man can control his drinking habits. When the will-power is weakened by the effect of alcohol, drinking leads to drunkenness and finally to alcoholism. Islam does not tend a man into this trap. It was for this reason that the Prophet (s) laid down the principle: If a large quantity of something is intoxicant, then even its smallest portion is also unlawful, and if a cup of anything is intoxicant, then even a drop of it is also unlawful.

Jabir (r) reported that the Prophet (s) said: What intoxicates in greater quantity is unlawful also in small quantity. (Tirmidhi, Abu Dawud, Ibn Maja)

A'isha (r) reported from the Messenger of Allah (s) who said: What is intoxicating up to Farq (a measuring tool of large quantity), is unlawful even in its handful. (Tirmidhi, Abu Dawud, Ahmad)

Two points should be clearly borne in mind in this connection:
(a) Anything that causes intoxication is forbidden in Islam, whether its quantity is large or small. No person can argue that since the small quantity of any intoxicant does not affect the mind adversely, it may not be treated as unlawful. This is a fallacious reasoning. It is the intoxicant which is unlawful, no matter whatever be its quantity. The Haraam is Haraam and a Muslim should be scrupulous enough to abstain from it, whether its quantity is large or small.

(b) Secondly, no person can say that since the use of liquor does not intoxicate him, he is justified in using that. If a habitual drunkard does not lose control over himself altogether, it does not mean that the liquor ceases to be forbidden. Islam has made certain foods and drinks unlawful primarily on the basis of the pernicious effects that these create on the spiritual and moral health of human beings. Drinking is an evil through and through—the undesirable fact which is recognized by all right-thinking people whether they belong to our age or to the old age. It saps the very root of morality, self-control and Allah-consciousness, making man an easy prey to evil.

A Drunkard is not a Believer

Abu Huraira (r) reported that the Prophet of Allah (s) said: "An adul-

terer, at the time he is committing illegal sexual intercourse is not a believer; and a person, at the time of drinking alcohol is not a believer; and a thief, at the time of stealing, is not a believer. (Bukhari)

A Habitual Drunkard will not Enter Paradise

Ibn 'Umar (r) reported that the Prophet (s) said: There are three for whom Paradise has been prohibited—a habitual drunkard, one disobedient to parents, and a careless husband who establishes impurity in his family. (Ahmad, Nasa'i)

Abu Musa al-Ash'ari (r) reported that the Prophet of Allah (s) said: There are three (categories of persons) who will not enter Paradise—a habitual drunkard, one who cuts off blood-ties and one who believes in sorcery. (Ahmad)

Abu Umama (r) reported that the Prophet of Allah (s) said: Verily, the Almighty Allah sent me as a mercy for all the worlds; and my Almighty, the Glorious Lord ordered me to abolish musical instruments, idols, cross and the affairs of the Days of Ignorance. My Allah Almighty, the Glorious has promised: By My honor, out of My servants who drinks a cup of liquor but I will give him drink like it from hot water (of Hell); and one who gives it up out of My fear but I will give him drink from the Holy Fountain. (Ahmad)

The Cursed Ten Persons

Anas (r) reported that the Prophet (s) said: Verily Allah has cursed ten persons—one who squeezes it (liquor); one who is engaged for squeezing it; one who drinks it; one who carries it; one to whom it is carried; one who serves drink; one who sells it; one who devours its price; one who purchases it and one for whom it is purchased. (Tirmidhi, Abu Dawud, Ibn Maja)

Alcohol is a Disease

In medicines, alcohol should be avoided because alcohol itself is a disease:

Wa'il al-Hadrami (r) reported that Tariq ibn Suwaid al-Ju'fi (r) asked the Prophet (s), about liquor. He forbade (its use) and he expressed

hatred that it should be prepared: He (Tariq) said: I prepare it as a medicine, whereupon he (the Prophet) said: It is no medicine, but an ailment. (Muslim)

Liquor should not be offered as a Gift

The Prophet (s) did not permit liquor to be offered to non-Muslims as a gift. It was declared forbidden. Some of the Muslims said: Why spill it, why not give it to the Jews? Thereupon the Prophet (s) said: He who made it unlawful has also forbidden it to be offered as a gift to other people.

No Excuse for Liquor or Alcohol Drinking

Cold climate is no excuse for alcohol drinking:

Dailamah al-Humairi (r) reported: I asked: O' Messenger of Allah (s), verily we are in a cold land, and we have to do hard labor therein, and we prepare liquor from this wheat which gives us strength in our works and in the chill of our cities. He said: Does it intoxicate? 'Yes', said I. He said: Give it up. I said: Verily the people cannot give it up. He said: If they do not give it up, fight with them. (Abu Dawud)

A Drunkard is a Worshipper of Idol

Abu Huraira (r) reported that the Prophet (s), said: One who is addicted to alcohol is like one who worships idols. (Ahmad, Nisa'i)

Ibn 'Abbas (r) reported that the Messenger of Allah (s) said: If the habitual drunkard dies, he meets Allah like one who worships idols. (Ahmad, Ibn Maja)

The Ahadith mentioned above are enough testimony to prove that every intoxicant is *khamr* and every *khamr* is Haraam. If the large quantity of a thing causes intoxication, its small quantity even if it does not provoke intoxication, is also Haraam. Thus everything which causes intoxication is unlawful.

ALCOHOL: THE MYTHS AND REALITIES

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Alcohol

According to The American Heritage Dictionary "alcohol is a colorless volatile flammable liquid, synthesized or obtained by fermentation of sugars and starches and widely used, either pure or denatured, as a solvent, in drugs, cleaning solutions, explosives and intoxicating beverages."

Alcohol (ethanol, ethyl alcohol) is usually made from starch, sugar and other carbohydrates by fermentation with yeast; also, synthetically from acetylene or ethylene. It is clear, colorless, very mobile, flammable liquid; a pleasant odor; burning taste; and miscible with water and with many organic liquids. It is hygroscopic and relatively nonionic. Ethanol has a slightly sweet taste and a characteristic aroma.

There are many members (hundreds) of the alcohol family, from which approximately a dozen alcohols are most commonly used, but ethyl is the best-known alcohol and the one that concern us most, as it is the principal alcohol to be found in all alcoholic beverages. The chemical formula for ethyl alcohol, or ethanol is C2H5OH. There is no any difference between ethyl alcohol and ethanol. Both are the same thing except two different names. In old nomenclature it is called ethyl alcohol whereas in new nomenclature it is called ethanol. Chemically, alcohols are hydroxides of or-

ganic radicals. There is nothing in ethyl alcohol that in itself is poisonous or injurious to a person's health. Boiling point for ethanol is 78.5oC (173.3oF).

Alcoholic Beverage

Literally, any potable liquid containing from 1/2 to 80 percent ethyl alcohol by volume is an alcoholic beverage. However, for the purposes of taxation, the federal and state governments have set certain definite standards as to what constitutes an alcohol beverage. Whereas beers containing as little 2 percent alcohol by volume are taxable, certain bitters and medicinal compounds, which often contain upward of 40 percent alcohols, are not taxed because they are not considered alcoholic beverages.[1]

Beer

Beer is an alcoholic beverage fermented from cereals and malt and flavored with hops.

Spirit

A spirit is a potable alcoholic beverage obtained from distillation of a liquid containing alcohol.

Liquor

An alcoholic beverage made by distillation rather than by fermentation.

Sugar Alcohol

These alcohols are chemically the same as other alcohols. But don't contain any qualities for drunkenness. The sugar alcohols bear a close relationship to the simple sugars from which they are formed by reduction and from which their names are often derived (i.e., Sorbitol, Mannitol, etc.). A statement of the number of grams of sugar alcohols in a serving may be declared voluntarily on the food label. Muslims don't have to worry, if they find a food label statement which says "sugar alcohol."

Rubbing Alcohol

This product contains Isopropanol alcohol (approximately 70% by volume) and does not contain ethyl alcohol. Isopropanol is entirely different from ethyl alcohol or ethanol. This alcohol is very dangerous for

drinking purposes. It can cause blindness and then attack on nervous system and eventually a person can die on drinking. This alcohol can cause gastric disturbance and should be used only on external body parts.

Wine
Wine is the naturally fermented juice of ripe grapes.

Major classes of alcoholic beverages
All alcoholic beverages fall into one of the three basic categories:

(1) Fermented beverages, which are made from agricultural products such as grains and fruits and have alcoholic strengths ranging from 3 to 16 percent;

(2) Distilled or spirit beverages, which result from a pure distillation of fermented beverages; and

(3) Compounded or fortified beverages, which are made by combining either a fermented beverage or a spirit with flavoring substances.

Fermented or malted beverages
Beers, Wines, Ales, Porter and Stout, Sake

Distilled or spirit beverages
Whiskies, Vodkas, Rums, Gins, Brandies, Fruit Brandies, Liqueurs and other Spirits; (Tequila, Akvavit, Bitters, etc.)

Fortified or compounded beverages
Port, Vermouth.

All alcoholic beverages are derived either directly or indirectly from fermented products. Beer and sake are produced from barley (other grains are possible sources) and rice, respectively. Unlike wines, these beverages are derived from carbohydrates that are not initially fermentable. Conversion of carbohydrates into fermentable sugars requires the action of amylases produced by barley in the case of beer, and by the fungus during sake production.

Fruits containing high sugar concentrations at maturity and nutrients at

levels sufficient to support growth of fermenting yeast, have traditionally been the raw materials from which wines are made. Grapes are unusual in that they contain sufficiently high levels of sugars, nutrients and acids to produce wines that are microbiologically stable.

Distilled beverages are derived from fermented grains and potatoes (whiskies and vodka), sugars cane by-products (rum), fruits (brandies), and other plants such as mezcal (tequila). Liqueurs are distilled beverages that have been flavored and sweetened. Fortified beverages require the addition of alcohol during production, generally in the form of brandy. Special fruit preserves are fortified to assure preservation. The intact fruits, usually cherries, are steeped in brandy for a period of months prior to consumption.

Non-Alcoholic Beverages

The introduction of the new non-alcoholic malt beverage is an example of how the marketplace responds when the public changes its mind. Despite their promotion of moderation, the non-alcoholic products are not without controversy. The controversy concerns the amount of alcohol that may be in the products and whether alcoholics can safely use them as substitutes for alcoholic beverages.

The products have less than 1/2 percent alcohol (by volume), compared with 4 percent for regular beer, 3 percent for light beer, and 2 percent for most wines. The non- alcoholic drinks may not be entirely free from alcohol, as there is no known process that will extract all the alcohol from an alcoholic drink.[2] The small traces of alcohol make the labeling of the beverages an issue. Under current regulations, beers (malt beverages) and wines qualify as non-alcoholic if they contain less than 0.5 percent alcohol. But does even that much alcohol threaten an alcoholic who tries to use the drinks as a substitute for real beer or wine?

One-half percent alcohol in a drink is hardly considered sufficient to bring on drunkenness. According to one estimate " in order for the average, healthy, 160-pound individual to sense the cognitively registered alcohol induced reactions, 8 to 11 five- ounces 'non-alcoholic' wine drinks at 0.5 percent would need to be consumed within 10-15 minutes".[2]

Consumer Reports magazine, which tested two imported non-alcoholic malt beverage for alcohol content and found they contained 0.06 and 0.28 percent alcohol. According to the former executive director of the National Council on Alcoholism: "we just don't know what level of alcohol could trigger an alcoholic episode. I can't imagine why anyone would want to take the risk." There is no clear evidence that the 'non-alcoholic' drink would be a more likely source for a 'slip' than any other drink that tasted and smelled familiar.[2]

Soft and carbonated drinks do not contain any alcohol. Some soft drink flavors are extracted with alcohol, but the residual alcohol level is very low. Usually this comes under incidental additives. These are substances that are present in a food or drink at insignificant levels and do not have any technical or functional effect in that food.

Cooking with Alcohol

Alcohol added to the recipe may cook off, but it depends on how long you cook it. United States Department of Agriculture (USDA) prepared the following table of alcohol content in cooked foods. It provides some very interesting information. One can compare a recipe' directions to the following table to determine how much alcohol is left.[3]

Preparation Method	Percent Alcohol Retained
Alcohol added to boiling liquid and removed from heat	85%
Flame	75%
No heat; stored overnight	70%
Baked, 25 minutes, alcohol not stirred into mixture	45%
Baked/simmered, alcohol stirred into mixture:	
15 minutes	40%
30 minutes	35%
1 hour	25%
1.5 hours	20%
2 hours	10%
2.5 hours	5%

Foods cooked with alcohol or wine for flavor and taste. This food product must have enough wine to give a wine flavor characteristics to the

product. Meat and poultry products formulated with cooking wine may not declare "cooking wine" on the label. Wine must be shown as wine, Burgundy wine, Sauterne wine, etc., on the label. The ingredients of cooking wines are not required to be sublisted.[4]

The Standards of Identity for Wine

Wine is the most common alcoholic ingredients used for cooking and in other food preparation. For this reason, their standard of identity is very important. By law all wine must contain not less than 7% and not more than 24% of alcohol by volume. Following are the standards of identity for the several classes and type of wine.[5]

Class 1

(1) Grape Wine: is a wine produced by normal alcoholic fermentation of the juice of sound ripe grapes. Grape brandy or alcohol can be added in the wine. The color of the wine may come from the presence or absence of the red coloring matter of the skins, juice, or pulp of grapes may be designated as "red wine", "pink wine", "amber wine", or "white wine" as the case may be. Any grape wine containing no added grape brandy or alcohol may be further designated as "natural".

(2) Table Wine: is a grape wine having an alcoholic content not more than 14% by volume. Such wine may also be designated as "light wine," "red table wine," "light white wine," "sweet table wine," etc.

(3) Dessert Wine: is a grape wine having an alcoholic content over 14% but not in excess of 24% by volume.

Class 2

(1) Sparkling grape wine: is a grape wine made effervescent with carbon dioxide resulting solely from the fermentation of the wine within a closed container, tank or bottle. Sparkling wine includes "sparkling red wine," and "sparkling white wine."

(2) Champagne: is a type of sparkling light wine that derives its effervescence solely from the secondary fermentation of the wine within glass containers of not greater than one gallon capacity, which possesses the taste, aroma and other characteristics attributed to champagne as made in the champagne district of France.

(3) Sparkling Wines are further designated as (a) "champagne style,"

or (b) "champagne type," or (c) "American champagne."
(4) Crackling Wine, "petillant wine," "frizzante wine," (including cremant, perlant, reciotto, and other similar wine) is sparkling light wine normally less effervescent than champagne or other similar sparkling wine, but containing sufficient carbon dioxide in solution to produce, upon pouring under normal condition, after the disappearance of air bubbles, a slow and steady effervescence evidenced by the formation of gas bubbles flowing through the wine.

Class 3
Carbonated Grape Wine: (including "carbonated wine," carbonated red wine," and "carbonated white wine"), is grape wine made effervescent with carbon dioxide other than that resulting solely from the secondary fermentation of the wine within a closed container, tank or bottle.

Class 4
(1) Citrus wine: "Citrus wine" or "citrus fruit wine" is produced by the normal alcoholic fermentation of the juice of sound, ripe citrus fruit. Citrus brandy or citrus alcohol can be added in this wine. Any citrus wine containing no added brandy or alcohol may be further designated as "natural."
(2) Citrus Table Wine: or citrus fruit table wine is citrus wine having an alcoholic content not in excess of 14% by volume. Such wine may also be designated "light citrus wine", "light citrus fruit wine", "light sweet citrus fruit wine," etc.
(3) Citrus Dessert wine: or citrus fruit dessert wine is citrus wine having an alcoholic content more than 24% by volume.
(4) Citrus wine derived wholly from one kind of citrus fruit, shall be designated by the world "wine" qualified by the name of such citrus fruit, e.g., "orange wine", "grapefruit wine."

Class 5
(1) Fruit wine: is wine (other than grape wine or citrus wine) produced by the normal alcoholic fermentation of the juice of sound ripe fruit. Fruit brandy or alcohol can be added in this wine.
(2) Berry wine: is fruit wine produced from berries.
(3) Fruit table Wine: or berry table wine is fruit or berry wine having an

alcoholic content not in excess of 14% by volume. Such wine may also be designated "light fruit wine," or "light berry wine."
(4) Fruit Dessert Wine: or berry dessert wine is fruit or berry wine having an alcoholic content over 14% but not more than 24% by volume.
(5) Fruit wine derived wholly from one kind of fruit will be designated by the word "wine" qualified by the name of such fruit, e.g., "peach wine," "blackberry wine," etc.

Class 6
Wine from other agricultural products:
(1) Wine of this class is wine (other than grape wine, citrus wine, or fruit wine) made by the normal alcoholic fermentation of sound fermentable agricultural products, either fresh or dried. Wine of this class containing no added alcohol or other spirits may be further designated as "natural."
(2) Table Wine: of this class is wine having an alcohol content not more than 14% by volume. Such wine may also be designated as "light."
(3) Dessert wine: of this class is wine having an alcoholic content in excess of 14% but not in excess of 24% by volume.
(4) Raisin wine: is wine of this class made from dried grapes.
(5) Sake: is wine of this class produced from rice in accordance with the commonly accepted method of manufacture of such product.
(6) Wine of this class derived wholly from one kind of agricultural product will except in the case of "sake" be designated by the word "wine" qualified by the name of such agricultural products, i.e., "honey wine", "raisin wine", "dried blackberry wine," etc.

Class 7
(1) Aperitif Wine: is a wine having an alcoholic content of not less than 15% by volume, compounded from grape wine containing added brandy or alcohol, flavored with herbs and other natural aromatic flavoring materials, with or without the addition of caramel for coloring purposes, and possessing the taste, aroma, and characteristics generally attributed to aperitif wine and will be so designated unless designated as "vermouth."
(2) Vermouth: is a type of aperitif wine compounded from grape wine, having the taste, aroma and characteristics generally attributed to vermouth, and will be so designated.

Class 8
Imitation and Substandard or other than standard wine.
(1) Imitation Wine: will bear as a part of its designation the word "imitation," and shall include:(a) any wine containing synthetic materials. (b) any class or type of wine the taste, aroma, color, or other characteristics of which have been acquired in whole or in part, by treatment with methods or material of any kind.
(2) Substandard Wine: or "other than standard wine" will bear as a part of its designation the word "substandard."

Why Alcohol is Used in Foods?

The major reason for using alcohol (especially wine) in food is perceived flavor or taste that it imparts. Most of the Italian foods are cooked with wine for flavor. Most of the wine evaporates during cooking, but the taste and flavor of wine still left in the foods. For most people food that is cooked with wine is a delicacy. Often alcohol is used as a necessity or it may be part of the other ingredients. Substances (in this case alcohol) that have no technical or functional effect but are present in a food due to having been incorporated into the food as an ingredient of another food. Sometimes alcohol may be used as processing aids.

Food Labeling Law Regarding Alcohol

Ethanol or ethyl alcohol is listed in GRAS (generally recognized as safe) list. That means this alcohol has been shown to be safe based on a long history of common usage in food. There is not much labeling information available regarding a food that contains alcohol. According to Food and Drug Administration (FDA) and USDA following are the basic principles that should be followed regarding a food that contains alcohol. USDA supervises all the meat items (chicken, beef, mutton, turkey, etc.). If the meat is cooked with wine, the label must say, "this meat cooked with wine." There is no need to give the composition of wine.

FDA supervises all other food items. (If a food contains more than 7 percent alcohol by volume, that food comes under the jurisdiction of the Bureau of Alcohol, Tobacco, and Firearms (ATF). Any food that contains less then 7 percent alcohol FDA supervises that food. According to FDA, if alcohol is the part of the food composition/formula, than

alcohol must be included on the label as an ingredient, (ingredients listed on the food labels are always in descending order, by weight/volume). If alcohol is a part of other ingredients, i.e., flavor, and it is less than 0.5 percent by volume, than it comes under incidental ingredients. Some incidental additives are present in a food at insignificant levels and do not have any technical or functional effect in the food are exempt from food labeling requirements. Most of the flavors are extracted with different solvents (alcohols). These flavors may have a very minimum residual alcohol in it,but this level is insignificant. It is very difficult to remove 100% solvent from these flavors. Alcohol content of foods and beverages is not required to be listed on the nutrition panel. However, some alcoholic beverages, such as light beers and wine coolers, provide information about the amount of calories, carbohydrate, protein, and fat they contain.[6] ATF has a policy that permits the use of the words "non-alcoholic" and "alcoholic- free" to describe wine and malt beverages of less than 0.5 percent alcohol. ATF also requires that the qualifier "contains less than 0. 5 percent alcohol by volume" accompany any use of the word non-alcoholic. FDA, which regulates de-alcoholized wine, agrees with the use of the term "non-alcoholic" despite the half-percent maximum because a number of foods and drinks, has traces of alcohol in them. But FDA objects to the term "alcohol-free" because it implies that all alcohol has been removed when that may not be the case.[2]

Liqueurs

The word 'liqueur' is derived from the Latin lique facere, meaning 'to melt' or to dissolve'. The liqueur, as a drink, has elements that must be dissolved or blended together to produce the final sweetened spirit. They are the most exotic and often the most expensive alcoholic beverages, sometime called "Cordials." Liqueurs were formerly produced using traditional codes of practice, but now the classification of liqueurs is more well defined. Under European Economic Community (EEC) Council Regulation 1576/89, a liqueur is defined as:"A spirit drink having a minimum sugar content of 100 g/l (as invert) produced by flavoring Ethyl Alcohol of agricultural origin, or a distillate of agricultural origin or one or more spirit drinks, sweetened, and possibly with the addition of products of agricultural origin such as cream, milk, or other milk products, fruit, wine, or flavored wine."

In the USA under the Bureau of Alcohol, Tobacco and Firearms (ATF) regulations, cordials and liqueurs are defined as:"Products obtained by mixing or re-distilling distilled spirits with or over fruits, flowers, plants or pure juices therefrom, or other natural flavoring materials, or with extracts derived from infusions, percolation or maceration of such materials and containing sugar, dextrose or levulose, or a combination thereof in an amount not less than 2.5% by weight of the finished product." There is, therefore, a major difference in the classification of liqueurs east and west of the Atlantic. In United Kingdoms, a liqueur defines as "sweetened spirits". In France, liqueurs are sometimes referred to as digestives.

Although liqueurs vary widely in composition, there are basic ingredients common to all products, i.e., alcohol, sugar and flavoring. The alcohol (ethanol) may be derived from a variety of sources and be neutral (as 96% molasses or grain spirit (v/v) or flavored such as whiskies (y), rum, brandy or any other fermented and distilled carbohydrate's source.The sweetness of liqueurs can be derived from several sources. These include crystalline sugars, liquid sugars, honey, grapes must, etc. The added flavoring for liqueurs can originate from many sources. Basically, these include herbs, barks, woods, roots, flowers, seeds, fruit, and flavor extracts of any of these individually or in combination [7].

Many of the formulations used for liqueurs are closely guarded secrets.There is very little published material on the composition of liqueurs. This is in part due to the confidential nature of such product formulations and also their complexity. Under current US and European regulation the flavorof some liqueurs is now required to be derived entirely from 'natural sources and there is a greater move toward the use of natural flavorings for most major brands.

The alcoholic strength of liqueurs varies greatly depending on the product.They are legally required to contain at least 15% alcohol by volume (at 20oC) in the EEC, and may in practice contain up to 60% by volume.Most liqueurs would, however, contain 20-50% by volume. Approximately 50 million cases (9L/case) are consumed internationally each year. There are more than 260 different types of liqueurs available (most popular). Most common liqueurs are Almond Liqueur, Apri-

cot Liqueur, Cherry Liqueur (Cherries steeped in sweetened brandy), Chocolate Liqueur (after dinner drinks that replicates the flavor of chocolate mints), Cream Liqueurs, Creme de Cafe (Coffee), etc.

Cream Liqueurs

A cream liqueur is an alcoholic beverage containing emulsified milk fat. The first of the new generation of cream liqueurs which now dominate the market is manufactured in Ireland and marketed under the name Baily's Irish Cream. Similar products are now manufactured in several countries. A standard definition of a cream liqueur does not exit internationally and since there can be wide variation in the composition of liqueurs from different manufacturers only the broadest technical definition is possible.[7]

Following is a typical cream liqueur composition. Most of the major liqueurs approximate the typical composition.

Composition of a typical cream liqueur	
Milk fat	16%
Sugar	20%
Sodium Caseinate	3%
Non-fat milk solids	1%
Total solid	40%
Ethanol	14%
Water	46%

Percentage values are on a w/w basis

Chocolate Liquor

Chocolate liquor which called Cocoa Liquor is obtained by the grinding of cocoa nibs from the cocoa beans. The liquor converts into cocoa powder and cocoa butter as end products. It is a primary ingredient in chocolate manufacture. This liquor is non alcoholic. Therefore, Muslims should not worry about it.

Vinegar

Vinegar is literally a result of souring of wine. The origin of vinegar no doubt followed the production of wine, because of a bad batch of wine

will result in some form of vinegar. Vinegar is simply a dilute solution of acetic acid that contains coloring and flavoring agents in very small quantities. Vinegar is formed in nature whenever sugars such as those in fruit juices are fermented to alcohol and then exposed to air. The spontaneous oxidation or fermentation of alcohol to vinegar is very slow and produces tiny quantities of vinegar. This process is much faster in the presence of natural vinegar- forming bacteria. These bacteria convert alcohol to vinegar fast enough to yield useful quantities of vinegar. Acetic acid bacteria are harmless bacteria that are always present in the air, in the soil, and on most fruit and vegetables. By definition in the United States, the Food and Drug Administration recognizes six types of vinegar, distinguished by their source: Cider Vinegar, Wine Vinegar, Malt Vinegar, Sugar Vinegar, Glucose Vinegar, and Spirit Vinegar. The last type is made from distilled grain alcohol. Vinegar must contain no less than 4 grams of acetic acid per 100 milliliters.[8]

Definitions of the five principal vinegars used in processing in the United States are:

Distilled White Vinegar

Produced from the natural fermentation of alcohol to vinegar. The vinegar is filtered and polished for crystal clarity. The natural, mellow aroma and flavor make distilled white vinegar an excellent choice for pickling and condiment manufacture.

Apple Cider Vinegar

Produced from the fermentation of natural, unprocessed apple juice. The vinegar retains a natural amber color and fruity flavor, which blends well with other ingredients and is widely used in pickled products.

Corn (Maize) Sugar Vinegar

Produced from the fermentation of natural corn sugar. First, the sugar is converted by yeast to alcohol. Then the alcohol is fermented to an amber-colored vinegar whose flavor and aroma complement pickled products.

Wine Vinegar

Produced from Burgandy wines or grapes that are fermented to a vinegar that retains a ruby color and wine-like flavor. There is red wine

vinegar, which has a rose to deep red color, and white wine vinegar, which has a pale yellow to off-white color. It is used in salad dressings, gourmet condiments, marinades and sauces.

Malt Vinegar
Produced from the fermentation of malt or barley.

In vinegar making process, usually all the alcohol is oxidized to acetic acid or in other words all the alcohol is converted into vinegar. Therefore, commercial vinegar should not have any alcohol left in it. Wine vinegar may have some wine in it, since flavor usually dissolved in wine.

Uses of Vinegar

Although there are many hundreds of uses of vinegar throughout the food field, the principal categories of consumption are: Retail bottled vinegar for home, restaurant, and institution use (24%); manufacture of pickles (20) ; Salad dressings, including mayonnaise (12%); tomato products, including catsup (9%); mustards (8%); miscellaneous food products (27%). Vinegar also used as a flavoring agent, food preservation agent, and even as medicine.

Perfumes

Most perfumes contain S.D. alcohol. That means perfume contains ethyl alcohol, but this alcohol is being denatured by using some denaturing substances. Denaturing substances are very difficult to separate or remove or distillate from alcohol. Once ethyl alcohol is denatured, it cannot be safely used for drinking purposes. Again this alcohol is always used externally on the body.

Conclusion

From the above discussion, it is clear all alcohols and liquors are not same. Some are intoxicants and some are not. Often, alcohol and liquor are used simply as a description. Therefore, Muslims should not be confused or worried with terminology. However, if any intoxicant liquor or alcohol is used in any product then we should avoid that product. In Islam, all intoxicants are Haraam whether they are in liquid, solid or in any other form and in any quantity.

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MILK: UNFOUNDED DOUBTS

Soon before Prophet Muhammad (s) was about to embark on Isra and Mi'raj (the night journey to Jerusalem and then ascension through the spheres of the heavens), two gold vessels were brought to him. One contained milk and the other wine. When asked to choose, he opted for milk and drank it. The angel Gabriel said : "You have been guided on al-Fitrah (or you have attained al-Fitrah). Had you selected wine, your Ummah would have been misled." This is the significance of milk over wine or any other drinks.

The white liquid produced by the mammary glands of cows, goats, sheep, and other animals, although in the United States almost all milk comes from cows. The word "milk" is derived from the Old English milc. In the United States, until the nineteenth century, however, milk was still treated with caution, especially in the south, where the heat quickly spoiled fresh milk. In the North, where it was cooler, Dutch and German settlers enjoyed their milk, especially when made into cheese. Often it was found that milk was contaminated, especially in the cities, where dairies were often run by breweries that fed the cows on fermented mash and adulterated the milk with water, chalk, and other ingredients, leading to Leslie's Illustrated Newspaper's pronouncement in 1858 that such actions constituted "milk murder." Indeed , even in the country people risked illness, even death, from a disease called "the milksick", "the milk evil", "milk poison", "the slows", and "the trembles" (from which Abraham Lincoln's mother died). Nevertheless, nutritionists and temperance leaders promoted

the virtues of sanitary milk for their followers, and "milkmen" delivered their product from "milk ranches" (later "dairy farms") by "milk wagon", pouring it into customers' "milk cans."

A safer form of milk was developed by Gail Borden of Wolcottville,CT, who had experimented with attar of meat and other concentrated foods but who made his fortune by creating condensed milk in 1853 after witnessing the deprivations of immigrant babies on a transatlantic crossing because the cows on board had milk sickness. Condensed milk was flavored with sugar and cooked under vacuum to remove 60 percent of the water, and it became standard issue among Civil War troops.

It was also during this period that French chemist Louis Pasteur (1822-95) developed a process for killing off harmful microbes in milk. This became known as "pasteurization" and was widely adopted in the United States by the 1890s, so that European visitors marveled at the amount of milk consumed here. State laws were soon instituted to regulate sanitary conditions in dairies-for example, inspections were mandatory in Newark, New Jersey, as of 1882. By 1908, 25 percent of New York's milk and 33 percent of Boston's was being pasteurized. The first known "milk bottle" dates at least to 1866, though the first patented bottle, called "Whiteman's milk jar", was not patented until 1884. The store-bought paperboard milk carton was created by Pure-Pak of Detroit, Michigan, in the 1930s.

Milk was wholesome, nutritious, and available to everyone; it was sold fresh or canned, condensed or, as of the 1920s, "evaporated", which was not sweetened like condensed milk. In 1927 Borden's marketed the first homogenized milk. "Powdered milk" or "dry milk" was pioneered by David Peebles in 1953 and first marketed by the Carnation Company the following year.

Before long the United States became the world's leading producer of milk and milk products, with Wisconsin and California leading the way. By 1950, Americans were drinking six hundred glasses of milk per person per year, but in the years that followed consumption decreased, owing to concerns over too much fat and cholesterol in the American diet.

When low-fat milk containing between 0.5 percent and 2 percent milkfat (whole milk contains about 3.8 percent) came on the market in the 1960s, milk consumption rose again. Skim milk (or "skimmed milk") has nearly all the fat removed. In the South this is colloquially called "blue john."

About 37.3 percent of American milk is sold as fresh milk or cream, while about 32 percent goes to make cheese, 17 percent goes into butter, 8.3 percent is used for frozen desserts, 1.3 percent is used for condensed or evaporated milk, and the rest for other uses.

Most American milk is homogenized, and some is treated with a relatively new process called "ultra-pasteurization", by which the milk is heated for two seconds at 280 degrees, which has the effect of killing some organisms but not affecting the taste. This process produces "long-life milk", able to be kept on a market shelf without souring for up to six months. "Dried milk", "powdered milk", or "dehydrated milk" is made from either whole or skim milk.

"Buttermilk" is made from the sour liquid containing some butterfat left after the making of butter. Markets also sell a cultured buttermilk made with a lactic-acid bacteria added to skim or partially skimmed milk. "Acidophilus milk" (or "LBA culture") is cultured with acidophilus bacteria and fortified with vitamins A and D. It is more easily digested by those people who cannot tolerate whole milk.

One Concern

In 1994, the Food and Drug Administration (FDA) approved the use of a new growth hormone in milk production. In 1995, dairy products made from cows treated with the hormone began appearing in supermarkets.

Cows naturally produce a growth hormone called BGH (Bovine Growth Hormone), also called BST (Bovine Somatotrophin). The hormone converts the cow's feed into milk. Recently, a synthetic form of the hormone was developed, known as rBGH or rBST. When the hormone is injected into a cow, the cow produces 10% to 20% more milk. The FDA has declared the hormone safe. But many scientists and consumer groups think the hormone should be further studied.

One concern raised stems from the fact that cows given the hormone tend to get more infections. The antibiotics used to treat the infections may find their way into the milk we drink. If this happens, it can cause problems down the road. If we take in too many antibiotics when we don't need them, we build up resistance to them. They won't then be effective when we do need them. There are also concerns that the growth hormone may increase the risk of some cancers.

Another concern is that consumers can't tell what dairy foods come from cows that have been treated with rBGH. That's because many states do not require foods from treated cows to be labeled. But some companies state their policy concerning the use of rBGH on their packages. The government, however, stands by the safety of rBGH, and maintains whether or not you choose to drink milk and eat dairy foods from treated cows is your decision.

Halaal Milk?

The claim that "All Milk is not Halaal" has been reportedly sparked by a Muslim "food scientist" from Chicago and a businessman from California. This has resulted in confusion among the Muslim community. CAMRI has received numerous inquiries from concerned Muslims about the status of milk. CAMRI did research on brand name milk and regional producers for its *A Handbook of Halaal and Haraam Products*, Vol. I, and concluded that their products were Halaal. Consequently their milk products were placed in the Handbook's Halaal column. Again, for Vol. II of Handbook, CAMRI contacted different companies and arrived at the same conclusion that the milk that we have listed in Vol. I and Vol. II are Halaal. There is nothing wrong in vitamins A, D or D3.

A letter issued by Tuscan,one of the largest producers of milk in the United States, categorically stated that these vitamins are not originated from animals as such and there is no intoxicant involved in it. Please also see Lanolin in Additives article which is the origin of Vitamin D3. We assure our readers and Muslim community at large not to worry on rumors and always check with reliable and knowledgeable persons or institutions.

INGREDIENTS AND ADDITIVES: THEIR ORIGINS AND USES

The consumer is often confronted with food product ingredients whose is difficult for the average individual to trace. This section on food ingredients and additives has been prepared to help eliminate this confusion and to provide better understanding. It includes the most common additives and ingridients used in the United States. In addition to a brief description of them, we have also pointed out the various food products in which it is most often used.These ingredients and additives could be Halaal if the origin of them is not animal or alcohol.

Acerola
Acerola is obtained from a cherry-like fruit which grows in the Caribbean area and parts of Florida. It is widely regarded as one of the richest natural sources for vitamin C, and is used as a nutritional supplement.

Adipic Acid
Adipic acid occurs naturally in beets and is commercially produced synthetically from petrochemicals. Adipic acid is used in gel desserts, beverage powders,flavorings, jams and jellies, baking powder and processed dairy products as an acidulant imparting a smooth , tart taste.

Aspartic Acid
Aspartic acid is found in animals and plants, and is especially abundant in sugar cane and beet molasses. It is most commonly produced syn-

thetically by the enzymatic microbial process with mineral chemicals. In addition to pharmaceutical uses, aspartic acid is used in the production of synthetic sweeteners (aspartame).

Beta Carotene

Beta Carotene is present in many plants and is derived from either carrot or palm oil by extraction, or by microbial processing of corn and soybean oil. Beta carotene is used as a coloring agent in foods for deep orange/yellow pigment.

BHT (Butylated Hydroxytoluene)

BHT is produced from either petroleum or coal tar derivatives; and is used to prevent rancidity in fats and oils. In chewing-gum base it aids in maintaining the softness and chewability ; and is used as a preservative in many foods.

Bromate

Bromates are derived from natural salts that are further processed with other minerals and chemicals to produce either calcium or potassium bromate. They are most commonly used in flour as a maturing agent (brominated flour) and as a dough conditioner.

Caffeine

Caffeine is the natural extract of coffee, tea or kola nuts, and is used as an additive in beverages.

Carboxymethycellulose (Cellulose Gum)

CMC (Carboxymethycellulose) was originally developed as a substitute for gelatin and is produced from the cellulose of wood pulp or cotton linters that are chemically treated and reacted with sodium hydroxide and chloroacetic acid. CMC is widely used as a stabilizer in ice cream, frozen confections, fillings, toppings, puddings, and salad dressings. It is used as a bulking agent and moisturizer in baked goods.

EDTA (Ethylenediaminetetra Acetic Acid)

EDTA is produced from tetrasodium and other chemicals of mineral origin. EDTA is a chelating agent which traps the trace metals present

in foods and beverages and prevents them from discoloring, clouding, or causing rancidity. It is used as a preservative in beverages, dressings, margarine, fruit juices, and processed fruits and vegetables.

Enzymes

Enzymes are a natural substance produced by living cells, and occur naturally in many foods. Fermented foods, such as wine, beer and bread, are examples of the action of enzymes. For industrial use, enzymes are added to foods under controlled conditions to bring about specific reactions. Enzymes are obtained from plants, animal tissue and microbial sources for commercial use. The most common plant enzymes are malt amylase, papain, ficin, and bromelian. These are derived from barley malt, papaya, figs and pineapple.In addition to these, micro-organisms have been found to produce abundant amonts of enzymes, and these are referred to as microbial enzymes.Plant and microbial enzymes are used extensively to convert starch into sugar and syrup ; added to flour to improve dough quality; in the fermentation of grains, and as meat tenderizers. Invert sugar, corn syrup, dextrose and fructose are all results of enzymatic action.Pectic enzymes produced from fungi are used extensively in the processing of apple, grape, berry and other fruit juices, concentrates, purees and wine.These enzymes aid and increase the rapid release of the juices from the fruit.Among the enzymes derived from animal tissue are pepsin, rennet, lipase and catalase.

Rennet plays a major role in the production of cheese and dairy products. When added to milk it forms the curd from which cheese is made, and brings about the reactions which give each type of cheese its unique characteristics. In recent years enzymes produced by microbial means have been introduced for use in the production of cheese and dairy products. Oral lipases extracted from the glands at the base of the tongue of animals are employed to bring about reactions in butter fat, and create unique flavor sensations. These fats are referred to as having been lipolized. Lipolized cream and butter-fat flavors are used in margarines, butter sauces, vegetable oil, chocolate and caramel confections, processed cheese products, and imitation dairy products, as well as a variety of pharmaceuticals. Microbial enzymes have been developed which duplicate the action the natural lipase. Lipases extracted from the pancreas

are used as digestive aids and added to commercial egg whites to aid in removal of yolk particles, to enhance the whipping qualities.

Flavors

A flavor formulation may consist of many substances, some natural and others synthetic. These flavor chemicals are unique in that they impart flavor characteristics similar to those of the natural food product, and can be blended with other natural or synthetic materials to create either flavors similar to those found in nature or new flavor sensations. Under the law, when flavor ingredients are added to a food product, the declaration on the label must indicate that flavor has been added, since the flavor of the food is not entirely its own, but has been enhanced. There are more than fifteen hundred flavor ingredients- both of natural extract and synthetic chemicals- that may be used in the preparation of a formula. The chemicals are referred to as acids, alchohols, aldehydes, esters, ketones, or thiols. They are produced by a synthetic chemical process, either from fats and oils of animal or vegetable origin, or from petrochemicals. In addition there are various enzymes and extracts from animal glands and organs that are used as ingredients in flavor formulations. Some examples are: (a) ambergris- an extract of a growth from sperm whale intestines which has been found to posess blending qualities; (b) castoreum- an extract of beaver glands used to enhance berry- type flavors; (c) civet- produced from the secretion of the civet cat, and used to blend flavor ingredients, or for its effect on cheese and alcoholic flavors; (d) lipase- an enzyme derived from calf glands used in dairy products, as well as butter and cheese- flavored foods. Flavor formulations may also contain a variety of fruit extracts and concentrates including grape, wine and cognac to enhance fruit- type flavors.

In addition to the flavor ingredients, solvents must be added to the formula in order for the product to properly dilute and uniformly maintain its qualities in the food or beverage to which it is added.Most commonly used for this purpose are propylene glycol (a petrochemical derivative), glycerin (either animal or synthetic), ethyl alcohol (ethanol) and water.In some formulae, polysorbates (of either animal or vegetable origin) are added to increase the water solubility of the flavor.

Fructose
Fructose occurs naturally in honey and fruits, and is commercially produced by the enzymatic action of dextrose. The sweetest of the common sugars, fructose is one and a half times as sweet as common table sugar. High fructose syrups are used in soft drinks, canned fruits, frozen desserts, and many other naturally sweetened processed foods.

Fumaric Acid
Fumaric acid occurs in many plants, and is prepared commercially from glucose by microbial fermentation and from petrochemicals. It is used to acidify beverages, baking powders and powdered desserts, and acts as a flavoring agent, and as an anti-oxidant preservative. Because of these qualities fumaric acid is used in pie fillings and gels, sausage, and many other prepared foods.

Furcellaran (Danish Agar)
Furcellaran is an extract of seaweed found in Scandinavian waters. It is used as a gelling agent in milk, puddings, jams, jellies, bakery fillings and dietetic products.

Gelatin
Gelatin is produced by extracting collagen, a fibrous animal protein, from beef, calf and pork. After soaking and cooking, collagen is filtered, refined and evaporated to obtain the gelatin. Many years ago in the United States, kosher gelatin was produced from kosher- slaughtered and processed calf skins. The supply of this kosher gelatin has long since been exhausted, and the product is no longer produced. Therefore, the products listing " kosher gelatin" in their ingredients, that could be either from non-kosher -slaughtered animal or from pork.

Glucona Delta Lactone
Glucona delta lactone is a dextrose derivative produced from gluconic acid. It is used as a food acid and leavening agent in gel and drink powders, as a preservative in processed meats, and in powdered artificial sweetners.

Glyceryl Abietate / Ester Gum
Glycerl abietate may be produced from processed wood resin that has

been purified and then reacted with glycerol or glycerin. Ester gum is most commonly used in orange and other citrus-oil based flavors that are to be used in carbonated and other beverages. The ester gum is a vital ingredient in the production of these flavor emulsions (concentrates). When the ester gum is added to the emulsion it stabilizes and disperses the essential oils, preventing them from rising to the top of the beverage.

Glyseryl Abietete/Ester Gum

Glyceryl Abietate may be produced from processed wood resin that has been purified and then reacted with glycerol or glycerin. Ester gum is most commonly used in orange and other citrus-oil based flavors that are tobe used in carbonated and other beverages.

Glycyrrhizin

Glycyrrhizin is an extract of the licorice root. It is intensely sweet and used as a flavoring and foaming agent in beverages such as root beer, in mouth washes, licorice candies, baked goods and confections.

Gum Ghatti

Gum ghatti is processed from the sap of a tree found in India. It is used in beverages and foods as an emulsifier and thickener.

Hydrolized Vegetable Protein (HVP)

Hydrolized vegetable protein is produced by hydrolysis, whereby the proteins of the vegetable flours are isolated. Soy, wheat and other plant flours are commonly used for this purpose. These proteins are then modified to impart meat, fish and poultry-like flavors, or to be used as a flavor enhancer in foods. HVP is used in processed-meat products, vegetarian-meat flavors, imitation meats, gravy sauces, soup mixes, canned fish, spice blends, soy sauce, oriental foods and flavorings. In some formulations, fish, meat or casein may be used to produce the hydrolized protein. Such products are referred to as hydrolized proteins, and should not be confused with hydrolized vegetable proteins.

Inosinic Acid (Inosinate; Disodium Inosinate)

Inosinic acid may be derived from yeast extract, fish and meat, or syn-

thetically from enzymes and microorganisms. Inosinic acid is a flavor potentiator. It contributes no flavor of its own, but enhances the flavor sensation of the food to which it is added.

Isopropyl Citrate

Isopropyl citrate is produced from citric acid reacted with isopropyl alcohol (a petrochemical derivative). Isopropyl citrate is used as an anti-oxidant in shortening, margarine and oils.

Kelp

Kelp is produced from algae (seaweed), and is used as a carrier for spices and seaonings in some chewing gum bases, and in the production of alginic acid.

Lactic Acid

Lactic acid occurs naturally in many foods and can be produced from corn, soy, cane and beet sugars, whey, or by synthetic process from petrochemical derivatives. In commercial use, the predominant means of lactic acid production is either the fermentation process of sugar or corn starch. It is also produced synthetically from petrochemicals. Because lactic acid adds a mild flavor and inhibits fermentation, it is used in Spanish-type olives, dried egg powders, vinegar relishes, pickles, fruit juice, some wines, jams, jellies, beer, processed meats and food emulsifiers. It is also added to dry milk powders, baked goods, prepared mixes, fruit pectins, canned fruits, butter and cheese.

Lanolin

Lanolin is a waxy substance found in the wool of sheep, and is commonly referred to as wool grease. It is the excretion of the skin glands of the sheep that has been deposited on the wool hairs and is extracted with solvent and processed for use. Lanolin is used primarily in cosmetics and skin ointments, as well as for edible purposes in chewing gum base, and as the starting material to synthesize 7-dehydrocholesterol from which vitamin D3 is produced.

Lard

Lard is a term used to describe purified hog fat. Lard is used as a

cooking fat and shortening in baked and fried foods. It is either listed as lard or shortening on an ingredient label.

Malic Acid

Malic acid is found in apples and other fruits, and is produced synthetically for commercial use from petrochemicals. Malic acid is added to foods as a flavoring agent, preservative and color stabilizer. Among the products to which malic acid is added are fruit flavored foods, drinks, syrups, fillings, canned tomatoes, jellies, meringues, and candy confections.

Malt Extract

Malt extract is the concentrate extracted from malt and often combined with glycerol. Malt extract is rich in the enzyme disease and is used to convert starches into malt sugar; in the brewing process of beer; and as nutritional supplement in foods.

Maltol

Maltol occurs naturally in many foods: chicory, treebark, cocoa, coffee, cereals, bread and milk. For commercial use maltol is produced synthetically by the fermentation of vegetable or mineral materials. It is sometimes referred to by the registered mark of a private company as VELTOL. Though maltol does not contribute any flavor of its own it is used to enhance the flavor of candy, ice cream, desserts, extracts, juices, beverages, puddings, and baked goods.

Maltose

Maltose is the sugar produced by the action of the malt enzyme diastase on starch. The enzyme converts the starch into sugar. Maltose is used as a nutritive sweetener and flavor enhancer in foods and beverages.

Mannitol (Manna Sugar)

Mannitol is common to many plants and readily obtained from seaweed. Since it is abundant in nature and sweet in taste it is sometimes referred to as manna sugar. It is commercially produced by chemical process from corn sugar, glucose or invert sugar. Because of its ability to absorb and retain moisture, mannitol is used as a humectant (i.e.,

promoter of moisture absorption and retention), lubricant, and release agent in many foods. It is also used as a flavor carrier and enhancer. One of the popular uses for mannitol is in sugar-free confections. Since mannitol is not only sweet, but adds bulk to sugar-free products, it is used especially in ice cream, cakes, cookies, and confections. However, mannitol has approximtely the same caloric value as sugar.

Methylparaben (Parabens)

Methylparaben is produced from parahydroxybenzoate, a petrochemical derivative, and is also referred to by the trade name, Parabens. Methylparaben is used in many food preparations as a preservative to inhibit the growth of mold and bacteria in such foods as cheese, baked goods, soft drinks, beer, syrups, extracts, fruit salads, juices and preserves.

Modified Food Starch

Modified food starch is derived from chemically treated corn, wheat, potato, rice, tapioca or sago. The processing of modified food starch enables it to be free flowing, preventing cleansing and shearing (the natural breaking down of the starch granules).Thus the starch will maintain its qualities when heated or whipped. Modified starch is used as an opacifier in beverages, as well as a thickening and emulsifying agent in baked goods, soups, dressings, processed foods, and prepared mixes.

Molasses

Molasses is the syrup residue produced during the refining process of sugar, and is used as a food flavoring and additive in candy, baked goods, confections, and many processed foods. Molasses is also used as a nutrient for yeast growth and for starting material in many chemical processes such as the production of citric acid and MSG.

Niacin (Nicotinic Acid)

Niacin is an essential nutrient found in liver, meats, whole grains, fish and yeast. Commercially it is produced synthetically from petrochemical or other mineral sources. Niacin is used as a nutritional supplement in processed grain products: flour, cereals, noodles, etc., and in vitamin supplements.

Oleoresins

Oleoresins are the extracts of natural herb and spices. The resin and the essential oil of a spice can be extracted either by solvents, or by a combination of solvent and steam distillation. When oleoresins are used in a food product the ingredient is referred to as either spice oleoresin or extract or natural flavor. The ingredient used for solubility need not be listed. Oleoresins are highly concentrated and able to be standardized. Food processors often find them more practical in the processing of food products than ground or whole spices.

Papain

Papain is produced from the liquid sap of the papaya fruit. Papain is a natural protein digestive agent, and is used as a meat tenderizer, and sometimes prescribed as a digestive aid. Papain is also added to beer and other beverages to aid in maintaining their clarity.

Polysorbates

Polysorbates are produced from fatty acids (stearic, oleic, palmitic or lauric). These fatty acids are derived from animal and/or vegetable sources, and processed with sorbitan, a sorbitol derivative. These are then processed with the petrochemical, ethylene oxide, which enables the fatty acid-sorbitan combination to be hydrophilic (blend with water). Polysorbates are identified universally by a suffix number: 20, 60, 65, 80 and 85. These numerical designations indicate the type of fatty acid (stearic, etc.) used in the manufacturing process. Often polysorbates are referred to by a trade name, TWEEN, which is the registered name of a manufacturer's brand of polysorbates. Because of the unique qualities of polysorbates, they have many uses in the preparation of foods and food additives, and are often used either by themselves or with other emulsifiers. Among the applications are spice oils, oleoresins, dressings, beverage mixers, non-dairy creamers, coatings, flavorings, powdered and frozen desserts, ice cream and custards, cake mixes, toppings, donut preparations, pickles, relishes and many other foods.

Riboflavin (Vitamin B2)

Riboflavin is found in many foods, i.e., egg yolk, liver, milk, leafy vegetables, yeast. Commercial riboflavin is synthetically produced from a

combination of chemical processes involving mineral chemicals or the fermentation of plant or lactose carbohydrates. Riboflavin is used as a nutritional supplement, and to enrich flour, cereals, and processed food.

Saccharin

Saccharin is produced by chemical process from chemicals of mineral origin (ortho-toluenesulfamide). Saccharin is five hundred times as sweet as sugar and is used as a non-nutritive sweetener and sugar substitute.

Sodium Bicarbonate (Baking Soda)

Sodium bicarbonate is a mineral product produced from soda ash. It is used in baking powder, antacids and other pharmaceuticals.

Sodium Guanylate (Guanylic Acid)

Sodium guanylate or guanylic acid may be derived from yeast extract, fish or meat; or synthetically from enzymes and microorganisms. In addition to enhancing flavor it increases the "mouthfeel" or body of the product , and is therefore used in spice preparations, soup mixes, processed meats, and in imitation meat and dairy products.

Sodium Pyrophosphate

Sodium pyrophosphate is produced from minerals. It is used in the preparation of baking powders, prepared mixes, and as a preservative for canned and frozen fish.

Sorbitan Fatty-Acid Esters

Sorbitan fatty acid esters are produced by adding the fatty acids- either stearic, oleic, palmitic or laurel- of both animal and vegetable origin to sorbitan, a sorbitol derivative. The finished product is often identified to indicate the type of fatty acid used (i.e., sorbitan mono-stearate, sorbitan mono or di-oleate, etc.). The manufacturing process of sorbitan fatty- acid esters does not include the use of ethylene oxide, and therefore the finished product is fat adhering. Often sorbitan fatty- acid esters are referred to by the trademark name SPAN, which is the registered name of a manufacturer's brand of sorbitan fatty- acid esters. Because of its unique qualities, sorbitan fatty-acid esters are used in many foods and food additives, and in combination with other emul-

sifiers. Among them are spice oils, oleoresins, bread, cake, and dough mixes, dressings, beverage mixers, non-dairy creamers, coatings, flavorings, powdered and frozen desserts, ice cream and custards, toppings, donut preparations, pickles, relishes, and powdered yeasts. Sobitan fatty-acid esters, like all fatty-acid products, are produced from both animal and vegetable sources.

Sorbitol

Sorbitol is produced from corn sugars, glucose, and dextrose. Sorbitol is used as both a sweetener and humectant, maintaining moisture and freshness in baked goods, candies, fondants, toppings, shredded coconut, and jellies. In dietetic beverages and foods, it is used to reduce the aftertaste of artificial sweeteners.

Synthetic

The description "synthetic" indicates that a substance is formed by use of materials and processes other than those of the natural product, and that the end product is a duplicate of the natural substance.A synthetic chemical process may involve the use of chemicals or other materials of Halaal as well as Haraam origin. Unless the source of all materials and their derivation is established, the fact that it is described as synthetic, or of chemical origin, is not effective Halaal guarantee.

Tallow

Tallow- the fat of sheep and cattle- is a primary source for fatty acids, stearic and oleic. Tallow may also be processed and produced into a shortening , either by itself or in combination with vegetable or animal fats. The term "tallow" rarely, if ever, appears on product ingredient lists, however, its derivatives are used to produce a variety of food and flavor chemical additives.

Tapioca

Tapioca is a starch derived from the roots of the cassava plant. It is used as a thickener in soups, dressings and popular pudding preparations.

TBHQ

TBHQ (tertiary butyl hydro quinone) is a petrochemical derivative. It is

most common used in combination with BHA and BHT as an anti-oxidant for fats and oils.

Thiamin (Vitamin B1)

Thiamin is a nutrient found in whole grains, rice, meats, eggs, milk, and green-leaf vegetables. Thiamin is produced by chemical synthesis for commercial use.

Vitamins

The fact that a vitamin source is indicated to be of synthetic origin does not guarantee that the tablet, capsule or liquid formula is Halaal. In the preparation of vitamin formulae, tablets are coated with various substances- waxes, resins, gelatin- in which glycerine and glycerides form part of the coating. Capsules are made from gelatin. Many tablets are prepared with other additives to help in the binding and forming of the tablet. Various starches, dextrose, lactose, stearates and gelatin may be used for this purpose. Liquid vitamins often contain glycerine which is used as a base for the formula preparation. In each instance, therefore, the status of all components must be verified to guarantee Halaal, in addition to the source of the vitamin itself.

Whey

Whey is a by-product of cheese production, and is produced from the liquid residue of the milk which is drained off after the solid curds (cheese) are removed. After processing and spray-drying, whey is an excellent and inexpensive source of dairy protein, and is used as a replacement for dried milk in many commercially prepared foods. It is used in the production of cheese, lactose, ice cream, dairy confections, baked goods, beverages, infant formulas, soups, candies and prepared cereals. Since whey is a by-product of cheese, it may be accepted as Halaal only when produced from cheese made with Halaal enzymes.

Xanthan Gum

It is produced by the bacterial fermentation of corn sugars or other carbohydrates. Xanthan gum is used as a stabilizer, thickener, emulsifier, and foam enhancer. It is used in the preparation of cottage cheese and other dairy products, puddings, relishes, salad dressings, flavorings,

beer and other foamy beverages and beverage mixers.

Xylitol

Xylitol is derived from wood pulp wastes, peanut shells, cottonseed husks, or corn cobs.It is used as an artificial sweetener in tooth pastes and dietetic foods.

Yeast

Yeast are one celled microorganisms (fungi) whose enzymes cause fermentation and convert sugar into alcohol and carbon dioxide. For commercial use, masses of yeast cells are pressed and mixed with various starches to form cakes, and are sold as packaged yeast. Cultured strains of yeast are used in the production of baked goods, wine, beer, alcohol, protein flavor enhancers (nucleatides) and food supplements. They are most commonly derived as a by-product of the brewing process of cereal grains. Strains of yeast especially suited for wine production are cultivated as well, and are invaluable in the production of the various varieties of wine. They are derived from centuries-old strains of wine yeast.

Yellow Prussiate Of Soda

Yellow prussiate of soda is a mineral or chemical derivative. It is used as an anti-caking agent in salt, spice preparations and many powdered foods.

Zein

Zein is a protein extracted from corn. It is used as a source of protein in food additives, and as a coating for processed foods.

TUSCAN DAIRY FARMS, INC.
750 Union Avenue
Union, NJ 07083
Tel: 908-686-1500

Overview of Vitamins A & D

Basic Data: Vitamin D_3

Empirical Formula: $C_{27}H_{44}0$

Molecular Weight: 384.65

Vitamin D_3 is formed naturally in human skin where 7-dehydrocholesterol, a steroid alcohol, is irradiated by sunlight and assimilated slowly into the body. It is converted to its active form (1,25-dihydroxycholecalciferol) in the kidney and released into the bloodstream. Vitamin D_3 is produced commercially by irradiating 7-dehydrocholesterol, the same sterol found in human skin, only commercially it is extracted from lanolin. When ingested by humans, the synthetic D_3 is also converted to its active form in the kidney. Although lanolin is obtained from sheep, Vitamin D_3 is considered Kosher and Pareve because the sheep are not slaughtered to obtain the wool, from which lanolin is extracted.

Basic Data: Vitamin A Palmitate

Empirical Formula: $C_{36}H_{60}0_2$

Molecular Weight: 524.9

Vitamin A is a fat soluble, long chain alcohol which occurs in nature only in the animal organism. Vitamin A precursors (provitamins), widely distributed in the vegetable kingdom as carotenoids, can be transformed within the intestinal wall into Vitamin A. Vitamin A in an esterified form is preferred for nutritional use. Vitamin A Palmitate is produced commercially by reacting calcium carbonate with water until twenty carbon atoms are connected to a water molecule. This is the alcohol, Vitamin A, which is then esterified with palmitic acid to form ester, Vitamin A Palmitate. Vitamin A Palmitate is considered Kosher and Pareve.

Frito-Lay, Inc.

April 15, 1997

Mr Zaheer Uddin
103-43 Lefferds Blvd
S Richmond Hill, NY 11419

Dear Mr Uddin:

Thank you for contacting us about the enzymes, whey and animal related ingredients in our products.

The enzymes are used in the cheese making process and are microbial enzymes that are produced in a lab for use in foods. Whey is the liquid that remains when milk is curdled in cheese making and therefore, the same microbial enzymes are used.

We do have products that contain animal related ingredients and the products are listed below:

BAKED LAY'S brand KC Masterpiece BBQ Flavored Potato Crisps
BAKEN-ETS brand Fried Pork Skins (all varieties)
DORITOS brand Pizza Cravers! Flavored Tortilla Chips
FRITO-LAY brand Bacon Cheddar Artificially Flavored Sandwich Crackers
GRANDMA'S brand Old Time Molasses Big Cookie
LAY'S brand Pizza Artificially Flavored Potato Chips
RUFFLES brand Dips (all varieties)

We do appreciate your interest in our products and we hope you will continue to enjoy our snack products.

Sincerely,

Pam Hammons
Consumer Affairs

Enclosure: 2 One Dollar Off Coupon

Part II

WHAT IS WRONG IN A PRODUCT?

Why certain products are Haraam? What are the reasons? The answer is very simple. There are many ingredients which are derived or made from a Haraam source, like animal fat and alcohol etc. If that Haraam ingredient is listed as part of a product then that particular product should be avoided. If a Haraam ingredient is less than 2%, then the manufacturer is not obliged to mention that ingredient on the label. In any case, without inquiring with the manufacturer about the source and origin of such ingredient, one can not make the decision about the status of that product.

Here, we are providing name of common products and major ingredients, but not extensive. If any of these ingredients, derived from a Haraam source then that product be avoided. Since product formulations change and new products are introduced, we request you to check the ingredient panel each time a purchase is made.

Baking and Baked Products:
May contain animal shortening, emulsifier like mono and diglycerides, whey and gelatin.

Bread, Bagel and Rolls:
May contain animal shortening, mono and diglycerides.

Bread Crumbs and Coating Mixes:
May contain animal shortening, mono and diglycerides.

Candy and Chocolate:
May contain mono and glycerides, gelatin, whey, animal fat, alcohol,

glycerin and marshmallows.

Cereal:
May contain mono and diglycerides, animal shortening, whey and gelatin.

Cheese:
May contain animal enzyme, whey and gelatin.

Chewing Gum:
May contain animal gum base, stearates and glycerin.

Cookies and Biscuits:
May contain animal fat, whey, mono and diglycerides and glycerin.

Dessert and Pudding:
May contain gelatin, whey, mono and diglycerides.

Fish Products:
May contain mono and diglycerides, whey and animal shortening.

Cake and Baking Mix:
May contain mono and glycerides and animal shortening.

Frozen and Packed Dinner:
May contain non-zabiha meat, animal enzyme and animal fat.

Ice Cream and Sherbet:
May contain mono and diglycerides, gelatin, wine and stearates.

Milk Products:
May contain mono and diglycerides, shortening and marshmallows.

Mustard and Sauces:
May contain animal base, mono and diglycerides, wine, wine vinegar, and cheese made of animal enzyme.

Frozen Pizza:
May contain enzyme, cheese, brewer's yeast and animal base in sauce.

Shampoo and Conditioners:
May contain pork collagen and protein.

Soap:
May contain pork tallowate and glycerin.

Toothpaste and Mouthwash:
May contain pork glycerin.

Yogurt:
May contain gelatin and mono and diglycerides.

Food Products and Their Status

ARTIFICIAL SWEETNER AND SUGAR

HALAAL *HARAAM*

Equal

Equal For Baking

Nutrasweet

Spoonful
Spoonful Refill Pack
Aspartame

Generic

Saccharin

Sweetmate

Sweetner Packets

Sweetlite

Liquid Fructose
Sodium Dextrose
Saccharine

Splenda

Low Calorie Sweetner

Same

Table Top Sweetener

Swagger

Sugar Substitute

HALAAL	*HARAAM*
Liquid Sweetener Powdered Sweetener	**V.I.P**
Liquid Sweetener	**Sweet 10**
Sweet 'n Good	**Kojel**
Spoon For Spoon Sprinkle Sweet	**TK 1**
Sugar	**Serv**
Sugar	**Americana**
Liquid Molasses	**National**
Brown Sugar Granulated Sugar Liquid Sugar Powdered Sugar	**Holly**
Plain Sugar Cure Sugar Cure Smoke	**Morton**

HALAAL *HARAAM*

BABY FOOD AND FORMULAS

Mead Johnson

Enfamil Liquid
Enfamil Next Step Liquid
Enfamil Next Step Powder
Enfamil Next Step Soy Powder
Enfamil Nursette
Enfamil Powder
Enfamil Premature Formula Nursette
Lactofree Liquid Infant Formula
Lactofree Powder Infant Formula
Prosobee Liquid
Prosobee Nursette
Prosobee Powder

Alsoy

Infant Formula Conc.
Infant Formula Nursette
Infant Formula Powder
Infant Formula Ready To Feed

Follow-Up

Infant Formula Liquid Conc.
Infant Formula Powder
Infant Formula Ready To Feed

Follow-Up Soy

Infant Formula Powder

HALAAL	*HARAAM*
Remedia	
Cornflour Cereal	
Farina Cereal	
Mixed Cereal	
Oatmeal Cereal	
Rice Cereal	
Heinz	
Apple Banana Juice For Babies	
Apples & Cranberries Strained and Junior	
Applesauce Strained And Junior	
Applesauce Beginner Foods	
Apricots with Tapioca Strained and Junior	
Apricot Yogurt	
Bananas with Tapioca Strained and Junior	
Beets Strained	
Blueberry Yogurt	
Dutch Apple Dessert Strained and Junior	
Green Beans Beginner Foods	
Mixed Cereal	
Mixed Cereal with Bananas	
Mixed Cereal with Apples & Bananas Strained	
Mixed Fruit Yogurt	
Oatmeal Cereal with Bananas	
Oatmeal Cereal with Apples and Bananas Strained	
Peach Cobbler Strained	
Peach Yogurt	
Peaches Strained And Junior	
Peaches Beginner Foods	

HALAAL	*HARAAM*
Pears and Pineapple Strained and Junior	
Pears Strained And Junior	
Pears Beginner Foods	
Pear Yogurt	
Peas Beginner Foods	
Pineapple Orange Strained	
Plums Strained	
Prunes with Tapioca Strained	
Rice Cereal	
Rice Cereal with Bananas	
Rice Cereal with Apples and Bananas Strained	
Squash Strained	
Squash Beginner Foods	
Sweet Potatoes Strained and Junior	
Sweet Potatoes Beginner Foods	
Tutti Frutti Strained And Junior	

BAKING AND BAKED PRODUCTS

	La Francaise
Dough For Fruit Filled Puff Pastry	
Frozen Dough - Puff Pastry	

	Kineret
Challah Bread Dough	
Round Challah Bread Dough	

HALAAL	*HARAAM*
Challettes Bread Dough	
Sesame Challah Bread Dough	
Chocolate Chip Cookie Dough	
Puff Squares	
Palagonia	
Pizza Dough	
Keebler	
Butter Ready Crust	
Chocolate Flavored Ready Crust	
Graham Cracker Ready Crust	
Vanilla Wafer Ready Crust	
33 % Reduced Fat Graham Cracker Ready	
Pie Crust	
Dakota	
Buffet Style Pizza Dough	
Pizza Dough	
White Swan	
Cherries Candied Fruit Cake Mix	
Fruit Mix Cherry - Pineapple	
Fruit Mix - Diced Deluxe	
Fruit Mix - Diced Regular	
Fruit Mix - Extra Fancy	
Fruit Mix - Tutti Frutti	
Ginger - Crystalized	
Grapefruit Peel - Candied	
Lemon Peel - Candied	
Orange Peel - Candied	
Pet Mix - Double Diced	

HALAAL	*HARAAM*
Pennant	
Cherries - Candied Fruit Cake Mix	
Fruit Mix - Cherry Pineapple	
Ginger - Crystalized	
Lemon Peel - Candied	
Orange Peel - Candied	
Sun Ripe	
Cherries - Candied	
Fruit Mix - Cherry Pineapple	
Ginger - Crystalized	
Grapefruit Peel - Candied	
Lemon Peel - Candied	
Orange Peel - Candied	
Paradise	
Candy Mix - Penn	
Cherries - Candied	
Cherries - Green	
Frontier Mix	
Frontier Mix - Deluxe	
Frontier Mix - Supreme	
Fruit & Peel Mix - Old English	
Fruit Cake Mix	
Fruit Mix - Cherry Pineapple	
Fruit Mix - Extra Fancy	
Fruit Mix - Pure Fancy	
Fruit Mix - Rainbow	
Fruit Mix - Royal	
Fruit Mix - Special	
Fruit Mix - Special Mello "A"	
Fruit Mix - Tutti Frutti	
Ginger - Crystalized	
Grapefruit Peel - Candied	

HALAAL	*HARAAM*
Lemon Peel - Candied	
Maraschino Cherries	
Maraschino Cherries with Stems	
Orange Peel - Candied	
Peel Mix #23	
Pineapple Mix	
Preferred Mix	
Regency Stollen Mix	
Special Cut Double Diced	
Special Diced Peel Mix	

Soglowek

Puff Pastry	

Stella D'Oro

Pastry Shells	

Entenmann's

All Butter Danish Twist	
Almond Buns	
Almond Crunch Danish Ring	
Almond Ring Fat Free	
Almond Top Coffee Cake	
Almond Top Danish Ring	
Angel Food Cake	
Fat Free Apple Beehive Pie	
Fat Free Apple Cinnamon Twist	
Fat Free Apple Topped Buns	
Fat Free Bavarian Creme Pastry	
Fat Free Cherry Beehive Pie	
Fat Free Cherry Filled Coffee Cake	
Fat Free Chocolate Chip Loaf	
Fat Free Cinnamon Ring	

HALAAL	*HARAAM*
Fat Free Cranberry Orange Cake	
Fat Free Fruit Stollen	
Fat Free Fudge Iced Chocolate Cake	
Fat Free Fudge Iced Golden Cake	
Fat Free Golden Chocolatey Chip Loaf	
Fat Free Golden Chocolatey Chip Cake	
Fat Free Golden French Crumb Cake	
Fat Free Golden Loaf Cake	
Fat Free Holiday Ring	
Fat Free Iced Golden Cake	
Fat Free Lemon Twist	
Fat Free Orange Cake	
Golden Pound Cake	
Holiday Cupcakes	
Holiday Donuts	
Holiday Fruit and Nut Loaf	
Holiday Golden Cakes	
Holiday Oval Cholesterol Free Cake	
Holiday Popems	
Holiday Square Cake	
Homestyle Apple Pie	
Honey Golden Danish Ring	
Honey Loaf	
Honey Raisin Bars	
Hot Cross Buns	
Iced Devil's Food Cake	
Lemon Coconut Cake	
Lemon Coconut Square Cake	
Lemon Cream Donuts	

HALAAL	*HARAAM*
Lemon Cream Golden Cake	
Lemon Crumb Pie	
Lemon Crunch Cake	
Lemon Danish Delight	
Lemon Danish Twist	
Lemon French Crumb Cake	
Lemon Glazed Danish Ring	
Lemon Pie	
Lemon Twist	
Louisiana Cholesterol Free Cake	
Party Cupcakes	
Party Devil's Food Donuts	
Party Donuts	
Peach Beehive Pie	
Peaches and Cream Coffee Cake	
Pecan Danish Ring	
Pecan Donuts	
Pecan Honey Glazed Danish Ring	
Pecan Raisin Loaf	
Pfefferneuse	
Pies 4-Pack Apple Pie	
Pies 4-Pack Cherry Pie	
Pies 4-Pack Pecan Pie	
Pineapple Crunch Cake	
Pineapple Lite Cheesecake	
Pineapple Pie	
Pineapple Top Buns	
Plain Old Fashioned Donuts	
Poppyseed Lemon Loaf	
Pound Cholesterol Free Cake	
Pound Loaf All Butter Cake	
Pound Round All Butter Cake	
Powdered Donuts	

HALAAL	*HARAAM*
Pepperidge Farm	
All Butter Pound Cake	
Brownies Large	
Dark Chocolate Clouds	
Dumpling Apple Milk Chocolate Clouds	
Mini Turnovers - Apple	
Mini Turnovers - Blueberry	
Mini Turnovers - Cherry	
Mini Turnovers - Peach	
Mini Turnovers - Raspberry	
Mini Turnovers - Strawberry	
Turnovers - Apple	
Maplehurst	
Apple Pie	
Blueberry Pie	
Bumbleberry Pie	
Cherry Pie	
Rhubarb/Strawberry Pie	
Sarsfield	
Apple Pie	
Homestyle	
Apple Pie	
Blueberry Pie	
Bumbleberry Pie	
Cherry Pie	
Raspberry Pie	
Rhubarb/Raspberry Pie	
Rhubarb/Strawberry Pie	

HALAAL	*HARAAM*
ISB	
Apple Cranberry Pie	
Apple Pie	
Blueberry Pie	
Bumbleberry Pie	
Cherry Pie	
Raspberry Pie	
Rhubarb Pie	
Rhubarb/Strawberry Pie	
Strawberry Pie	
Jubilee	
Angel Food Bar	
Angel Food Ring	
Apple Pie	
Apple Turnovers	
Bagged Chocolate Crullers	
Boxed Chocolate Donuts	
Boxed Crunch Donuts	
Boxed Pound Cake	
Cherry Pie	
Creme Twirls	
Dunkin Stix	
Jelly Roll	
Old Fashion Pound Cake	
Pecan Pie	
Pumpkin Pie	
Spanish Bar	
Sugar Donuts 16 oz Bag	
Sugar Donuts Bag	
Sugar White Donuts	

HALAAL	*HARAAM*
Awrey	
Almond Crunch Dunkers	
Almond Tea Ring Coffee Cake	
Apple Sweet Rolls	
Assorted Cakes	
Assorted Grande Sweet Roles	
Assorted Layer Cakes	
Assorted Bakers Box Donuts	
Assorted Danish Sweet Rolls	
Assorted Donuts	
Assorted Fried Cakes	
Assorted Marquise Cakes	
Assorted Miniature Danish Sweet Roles	
Assorted Sweet Roles	
Assorted Torte Cakes	
Banana Chocolate Chip Marquise Cake	
Banana Sheet Cake	
Best Wishes Cake	
Birthday Cake	
Black Forest Torte Cake	
Boston Cream Pie	
Brownie Iced	
Cake Sampler	
Carrot 2 Layer Cake	
Carrot Supreme Sheet Cake	
Bluebird	
All-American Bar	
All-American Multi Pk. Cake	
Angel Food Bar	
Angel Food Ring	
Apple Critter	

HALAAL	*HARAAM*
Apple Pie	
Apple Spice Bar	
Apple Spice Multi Pk. Cake	
Apple Strudel	
Apple Turnovers	
Banana Bar	
Banana Cake	
Banana Flip	
Fried Apple Pie	
Fried Cherry Pie	
Glazed Honey Bun	
Honey Buns	
Iced Honey Bun	
Ind. Creme Twirls	
Jelly Roll	
Jelly Swirl Honey Bun	
Old Fashion Pound Cake	
Peanut Butter Bar	
Peanut Butter Cake	
	Pecan Spins
Plain Creme Fingers	
Plain Goldfingers	
Pumpkin Pie	

HALAAL *HARAAM*

BAKING SODA, FLOUR AND STARCH

General Mills

Tortilla Flour
Purified Bakers Bran
Wheat Bran
White Wheat Bread

All Trumps

Flour

Arlington

Flour

Big Loaf

Flour

Big Sun

Flour

White Deer

Flour

Wondra

Flour

Birketts

Bran
Graham Flour
Wheat Flakes
Whole Wheat Flour
Blue Seal

HALAAL	*HARAAM*
Plain White Corn Meal	
Self Rising Flour	
Self Rising White Corn Meal Mix	
Washington	
All-Purpose Flour	
Self Rising Flour	
White Self Rising Flour	
Nabisco	
Flour	
Graham Flour	
Milled Wheat	
Wheat Bran	
Wheat Germ	
Pacific Grain	
Brown Rice Flour	
Brown Rice Meal	
Long Grain Flour	
Rice Bran	
Rice Flour	
Rice Meal	
Sweet Rice Flour	
Kansas Sun	
All- Purpose Plain Flour	
High-Gluten Flour	
Self Rising Flour	
Wheat Flour	
Whole Wheat Flour	
Pocono	
Buckwheat Flour	

HALAAL	*HARAAM*
Hartford House	
Pure Corn Starch	
Horowitz-Margareten	
Potato Starch	
Sperry	
Organic Bread Flour	
Organic Durum Patent	
Organic Durum Whole Wheat	
Organic Hy Gluten Flour	
Organic Whole Wheat	
Red Band	
All Purpose Flour	
Self Rising Flour	
Major Products	
Baking Soda	
V.I.P	
Baking Powder	

HALAAL *HARAAM*

BEVERAGE MIXES

Nestle Quik

Banana Mix
Chocolate Mix
Strawberry Mix

Sandoz Precision

Classic Ovaltine
Classic Ovaltine Chocolate Malt
Classic Ovaltine Malt
Ovaltine Chocolate
Ovaltine Malt
Ovaltine Rich Chocolate

World's Finest

Hot Chocolate Mix

Tetley

Iced Tea Mix
Sugar Free Iced Tea
Mix With Nutrasweet

V.I.P.

Eggnog Mix
Hot Chocolate Mix

Sturm Village Farm

Hot Cocoa Mix
Iced Tea Mixed With Lemon
Sugar Free Hot Cocoa Mix
With Nutrasweet

HALAAL	*HARAAM*
Sugar Free Iced Tea Mix With Nutrasweet	
Carnation	
Candy Blend Mix Milk Powder Malted	
Kojel	
Hot Chocolate Mix	
Impress	
Chocolate Mix Dry Hot Cocoa Mix	
Nestle	
Sugar Free Chocolate Quik	
Hershey's	
Banana Split Flavored Drink Chocolate Caramel Drink Chocolate Cherry Drink Chocolate Drink Chocolate Milk Mix Genuine Choc. Shake Drink	Chocolate Marshmallow Drink
Mid-America Farms	
Chocolate Sportshake Strawberry Sportshake Vanilla Sportshake	
Ontario Foods	
Cocoa Mix Pure And Natural Cocoa Mix Sugar Free Cocoa Mix	

HALAAL *HARAAM*

BREAD, BAGEL, MUFFINS & ROLLS

Bellacicco

Bastoni
Bran Bread
Bran Dinner Rolls
Club Rolls
Dinner Rolls
French Rolls
Garlic Bread
Garlic Sticks
Hero Roll
Italian Bread
Kaiser Rolls
Round Loaf
Semolina Bread

Corner Deli

Dinner Rolls
French Rolls
Garlic Bread
Italian Bread
Kaiser Rolls
Pumpernickel Bread
Rye Bread

Bagel City

Bagels
Challah
Sandwiches

HALAAL	*HARAAM*
Country Hearth	
Hamburger Rolls	
Hot Dog Rolls	
Harvest Pride	
Cluster Rolls	
English Muffins - Light	
English Muffins - Plain	
English Muffins - Raisin	
English Muffins - Sourdough	
Hamburger Rolls	
Hot Dog Rolls	
King Crown	
English Muffins - Plain	
Dakota	
Bagels - Cinnamon Raisin	
Bagels - Egg	
Bagels - Jumbo Topping	
Bagels - Mini Topping	
Bagels - Onion	
Bagels - Plain	
Dakota Gold Butter Flavor Roll	
Dakota Gold Butter Flavor Wheat Roll	
DI Onion Mini Loaf	
French Onion Dinner Roll	
French Onion Mini Loaf	
Mini Loaf	
Wheat Roll	
White Dinner Rolls	

HALAAL	*HARAAM*
Damascus	
Pita Bread	
Cobblestone	
Apple Cinnamon Breakfast Bread	
Baguettes	
Blueberry Breakfast Bread	
Cinnamon Raisin Bagels	
Cinnamon Raisin Breakfast Bread	
Club Rolls	
Cranberry Raisin Breakfast Bread	
Dinner Rolls	
Frankfurter Rolls	
French Bread	
Garlic Bread Sticks	
Hearth Rolls	
Honey Granola Breakfast Bread	
Italian Bread	
Jewish Rye Bread	
Light Italian Bread	
Light Oatmeal Bread	
Light Sourdough Bread	
Light Wheat Bread	
Oat Bran Bread	
Pan Rolls	
Plain Bagels	
Pumpernickel Bread	
Raisin Bread	
Seeded Sandwich Rolls	
Sesame Dinner Rolls	
Sourdough Bread	
Sub Rolls	
Wheatberry Bread	

HALAAL	*HARAAM*
European	
Dinner Rolls	
Garlic Breadsticks	
Seeded Steak Buns	
Entenmann's	
Banana Cholesterol Free Muffins	
Banana Nut Muffins	
Blueberry Cholesterol Free Muffins	
Blueberry Muffins	
Cinnamon Apple Raisin Muffins	
Cinnamon Apple Cholesterol Free Muffins	
Corn Muffins	
Cranberry Orange Muffins	
Fat Free Carrot Raisin Muffins	
Honey Blueberry Muffins	
Lemon Poppyseed Muffins	
Oat Bran Muffins	
Continental	
Bread Rolls	
Daily Pita	
Pita Bread	
August Bros.	
Assorted Dinner Rolls	
Rye Bread	
Onion Rolls	
Poppy Seed Rolls	
Pumpernickel Bread	

HALAAL	*HARAAM*
Cassones	
Bread Sticks	
Garlic Sticks	
Francisco	
French Bread	
French Rolls	
Italian Bread	
Italian Sub Rolls	
Kaiser Rolls	
Club Rolls	
Dinner Rolls	
Hamburger Rolls	
Soft Rolls	
3" Brown & Serve Rolls	
French Stick	
Italian Stick	
Vienna Stick	
3" Finished Stick	
Levy's	
Brown & Serve Rolls	
Egg Rolls	
French Rolls	
Hero Rolls	
Italian Bread	
Pumpernickel Bread	
Rye Bread	
Levy's Old Country	
Kaiser Rolls	
Onion Rolls	
Subs Rolls	

HALAAL	*HARAAM*
Weight Watchers	
Oat Bread	
Rye Bread	
Wheat Bread	
White Bread	
Middle East	
Pita Bread - Brick Oven	
Pita Bread - Garlic	
Pita Bread - Oat Bran	
Pita Bread - Onion	
Pita Bread - Whole Wheat	
Gardetto's	
Rye Bread Slices	
Wheat Bread Slices	
Angonoa	
Breadsticks	
Thomas	
Apple Cinnamon Brown & Serve Bagels	
Blueberry Bagels	
Blueberry Brown & Serve Bagels	
Cinnamon Raisin Bagels	
Cinnamon Raisin Brown and Serve Bagels	
Date Nut Loaf	
Egg Bagels	
Egg Brown and Serve Bagels	
English Muffins - Blueberry	
English Muffins - Cranberry	
English Muffins - Honey	

HALAAL	*HARAAM*
English Muffins - Honey Wheat	
English Muffins - Oat Bran	
English Muffins - Raisin	
English Muffins - Regular	
English Muffins - Sour Dough	
English Muffins - Wheat	
Everything Brown and Serve Bagels	
Garlic Brown and Serve Bagels	
Marble Brown and Serve Bagels	
Multigrain Bagels	
Oat Brown and Serve Bagels	
Onion Bagels	
Onion Brown and Serve Bagels	
Plain Bagels	
Plain Brown and Serve Bagels	
Poppy Brown and Serve Bagels	
Raisin Bagels	
Rye Brown and Serve Bagels	
Sesame Brown and Serve Bagels	
Wheat Brown and Serve Bagels	

Awrey

Apple Muffins	
Assorted Muffins	
Banana Muffins	
Blueberry Muffins	
Bran Muffin Tops	
Chocolate Chocolate Chip Muffins	
Corn Muffins	
Corn Toastums	
Cranberry Muffins	
Grande Banana Muffins	
Grande Blueberry Muffins	
Grande Chocolate Chocolate Chip Muffins	

HALAAL	*HARAAM*
Grande Raisin Bran Muffins	
Home Made Bran Muffins	
Lemon Chip Muffins	
Lemon Poppyseed Muffins	
Raisin Bran Muffins	

Bountiful Bagels

Cinnamon Raisin Bagels	
Onion Bagels	
Original Bagels	
Poppy Seed Bagels	
Sesame Seed Bagels	
The Works Bagels	

Pepperidge Farm

Classic Dark Pumpernickel Bread	
Banana Nut Muffin	
Blueberry Muffin	
Blueberry Old Fashioned Frozen Muffin	
Bran with Raisins Old Fashioned Frozen Muffin	
Bran with Raisin Muffin	
Carrot Walnut Old Fashioned Frozen Muffin	
Cinnamon Swirl Old Fashioned Frozen Muffin	
Corn Muffin	
Corn Old Fashioned Frozen Muffin	
Dark Pumpernickel Classic Bread	
Deli Classic Italian Bread	
Deli Classic Soft Rye Bread	
Dijon Rye Hearty Sliced Bread	
Dijon Rye Thin Sliced Bread	

HALAAL	*HARAAM*
Family Rye Seeded Bread	
Family Rye Seedless Bread	
Italian Deli Classics Bread	
Oat Bran with Apple Old Fashioned Frozen Muffin	
Oat Bran with Apples Muffin	
Onion Rye Bread	
Orange Cranberry Muffin	
Party Pumpernickel Slices Bread	
Party Rye Slices Bread	
Pita Bread	
Rye Pumpernickel Deli Swirl Bread	
Soft Rye Deli Classic Bread	
Vienna Thick Sliced Enriched Bread	

Parco

Apple Cinnamon Bran Muffin	
Banana Walnut Muffin	
Sour Cream Blueberry Muffin	

Pastry House

Basic Muffins	
Blueberry Muffins	
Bran Muffins	
Corn Muffins	
Irish Soda Bread	

Sara Lee

Banana Walnut Muffins	
Blueberry Mini Bagels	
Blueberry Mini English Muffins	
Blueberry Muffins	

HALAAL	*HARAAM*
Carrot Muffins	
Chocolate Chip Muffins	
Cinnamon Raisin Bagels	
Cinnamon Raisin Mini Bagels	
Cinnamon Raisin Mini English Muffins	
Cinnamon Raisin Toaster Size English Muffins	
Classic Mini English Muffins	
Classic Toaster Size English Muffins	
Combo Bagels (Onion, Garlic, Sesame, Poppy)	
Corn Meal Muffins	
Egg Bialys	
Garlic Bread Sticks	
Gourmet Blueberry English Muffins	
Gourmet Cinnamon Raisin English Muffins	
Gourmet Classic English Muffins	
Gourmet Cranberry English Muffins	
Gourmet Sourdough English Muffins	
Honey Raisin Muffins	
Lemon Poppy Muffins	
Onion Bialys	
Onion Bread Sticks	
Pita Bread	
Plain Bialys	
Plain Bread Sticks	
Plain Mini Bagels	
Poppy Seed Bagels	

HALAAL	*HARAAM*
Pumpernickel Bagels Rye Bagels Sandwich Size Onion English Muffins Sourdough Toaster Size English Muffins Wheat and Honey Bagels Whole Wheat Bagels	

■BREAD CRUMBS AND COATING MIXES■

	Neri's
Bread Crumbs	
	Mrs. Dash
Barbecue Coating Mix	
	Imperia
Bread Crumbs Bread Crumbs Seasoned	
	Modern Italian
Bread Crumbs	
	Goodman
Bag And Bake Mix	
	Mamma Ann's
Toasted Bread Crumbs	

HALAAL	*HARAAM*
Washington	
Chicken Breading Mix	
Seafood Breading Mix	
Don's Chuck Wagon	
Fish And Chips Batter Mix	
Fish Mix	
Golden Mushroom Batter Mix	
Manischewitx	
Bag And Bake Mix	
Kemach	
Bag And Bake Mix	

BUTTER, MARGARINE AND SPREAD

AMPI	
Butter	
Continental Butter Chips	
Butter Chips	
Butter Cups	
Butter Quarters	
Butter Reddies	
Butter Solids	
Dixie Fresh	
Butter	

HALAAL	*HARAAM*
	Dairy Farm
Salted Butter Sweet Unsalted Butter	
	State
Butter	
	Valley Maid
Butter	
	Lov-It
Butter Blends Grade AA Butter	
	Country Squire
Butter	
	Mid- America
Butter	
	Tones
Vanilla Butter	
	Level Valley
Butter Salted Butter Unsalted	
	Breakstones
Butter Butter Sticks	
	Milnot
AA Butter	

HALAAL	*HARAAM*
West Point	
Butter AA Salted	
Butter AA Unsalted	
Westby	
Butter	
Gold Cow	
Butter #1	
Butter Chips	
Butter Unsalted	
Butter 1/4#	
Dairy Maid	
Salted Butter	
Sweet Unsalted Butter	
Sweet Unsalted Whipped Butter	
Fleischmann´s	
Unsalted Soft Margarine	
Unsalted Stick Margarine	
Unsalted Whipped Margarine	
Whipped Margarine	
White Margarine	
Honeybrook	
Margarine	
Weight Watchers	
Light Margarine	
Sodium Free Light Margarine	
30 % Extra Light Spread (Sodium Free)	
30% Extra Light Spread	

HALAAL	*HARAAM*
50% Light Spread	
Blue Bonnet	
Baker's Margarine	
Better Blend Unsalted Margarine	
Better Blend Margarine	
Diet Margarine	
Light Spread Margarine	
Liquid Margarine	
Unsalted Stick Margarine	
Whipped Margarine	
Saffola	
Corn Spread Unsalted	
Light Margarine	
Light Soy Spread	
Regular Margarine Stick Corn	
Regular Margarine Stick Soy	
Regular Canola Spread	
Soft Soy Margarine	
Unsalted Margarine Stick Corn	
Oasis	
Margarine	
Mother´s	
Margarine Soft Unsalted	
Margarine Soft	
Margarine Solid	
Margarine Solid Unsalted	

HALAAL *HARAAM*

CANDY AND CHOCOLATE

Bloom's

Black Candy
Butterscotch Candy
Candy Corn
Chanukah Oil
Cherry Sours
Cherry Time
Chocolate Covered Jelly Rings
Chocolate Lentils
Coffee Beans
Coffee Candy
Coffee Thins
Coins Juju
Large Dreidlech/Filled
Small Dreidlech/Filled
Spinning Dreidlich/Filled
Foil Fruit
Fruit Pinwheels
Honey Candy
Iced Mint Candy
Jelly Beans
Jelly Ring
Jelly Stix
Jelly Stix/Cinnamon
Ju Ju Fish
Ju Ju's
Knuts
Licorice Cards
Licorice Comfits
Lollypops

HALAAL	*HARAAM*
Melody Pops	
Milk Chocolate Lentils	
Mint Discs	
Mint Lentils	
Mint Thins	
Nem and Nem Milk Chocolate Lentils	
Non Pareils	
Nougat	
Peppermint Candy	
Purim Canes	
Purim Ducks	
Purim Fruit Squares	
Purim Hearts	
Purim Marzipan	
Purim Potato Heads	
Purim Spirit Bottles	
Purim Twin Cherries	
Raspberry Candy	
Red Candy	

Kit Kat

Milk Chocolate Covered Wafer Candy Bar	

Betty Crocker

Grape Fruit-By-The-Foot	
Gushers Cherry Sour Event	
Gushers Grape Sour Event	
Gushers Sour Berry Blast Sour Event	
Gushers Strawberry Sour Event	
Gushers Wild Cherry Fruit Snack	
Hot Colors-Web Slinger Blue	

HALAAL	*HARAAM*
Fruit Roll Up	
Rainbow Punch Fruit-By-The-Foot	
Strawberry Fruit-By-The-Foot	
String Thing - Berry	
String Thing - Strawberry	
String Thing - Cherry	
Wild Colors Fruit-By-The-Foot	

Peter Paul

Almond Joy Bits For Baking	
Almond Joy Milk Chocolate Coconut and Almond Candy Bar	
Almond Joy Milk Chocolate Coconut & Almond Candy Eggs	
Mounds Chocolate & Coconut Candy Bar	
Mounds Chocolate & Coconut Eggs	
Mounds Sweetened Flake Coconut	

Berry Station

Almond Bar	
Almond Bark	
Almond Crisp Bark	
Bubble Gum Dinos	
Caramel Bar	
Caramel Eggs	
Caramel Friends	
Caramel Hearts	
Caramel Ornaments	
Caramel Shells	
Cashew Caramels	
Chocolate Covered Pretzels	
Chocolate Truffles	

HALAAL	*HARAAM*
Coconut Delights	
Crisp Bar	
Daisy Mints	
Double Chocolate Coconut	

Teenee Beanee

Amaretto Candy	
Apricot Candy	
Banana Candy	
Blueberry Candy	
Boysenberry Candy	
Bubble Gum Candy	
Butterscotch Candy	
Cherry Candy	
Chocolate Candy	
Cinnamon Candy	
Cinnamon Apple Candy	
Cocktails Candy	
Coconut Candy	
Irish Coffee Candy	
Berry Assortment Cubes	
Citrus Fruits Cubes	
Drink Mix Cubes	
Exotic Fruits Cubes	
Orchard Fruits Cubes	
Special Assortment Cubes	
Spicy Mix Cubes	
Sunshine Fruits Cubes	
Tropical Fruits Cubes	
Daquiri Candy	
Fruit Assortment - Bags	
Grape Candy	
Grasshopper Candy	
Green Apple Candy	

HALAAL	*HARAAM*
Lemon Candy	
Licorice	
Licorice-Bags	
Lime Candy	
Margarita Candy	
Orange Candy	
Passion Fruit Candy	
Peanut Butter Candy	
Peppermint Candy	
Pina Colada Candy	
Pineapple Candy	
Pink Grapefruit Candy	
Presidential Assortment	
Raspberry Candy	
Root Beer Candy	
Spearmint Candy	
Strawberry Candy	
Tangerine Candy	
Tropical Mix Candy	
M & M's	
Almond Chocolate Candies	
Chocolate Candies for the Holidays	
Holidays Almond Chocolate Candies	
Holidays Chocolate Candies In Harvest Colors	
Holidays Harvest Peanut Chocolate Candies	
Holidays Harvest Plain Chocolate Candies	
Holidays Mint Chocolate Candies	
Mint Chocolate Candies	
Peanut Butter Chocolate	

HALAAL	*HARAAM*
Nestle	
Baby Ruth Candy Bar	
Buncha Crunch	
Crunch Jingles	
Goobers	
Milk Chocolate Candy Bar	
Milk Chocolate Jingles	
Milk Chocolate with Almonds Candy Bar	
Nestle Quick Bar	
Nestle Quick Bites	
Oh Henry Candy Bar	
Pearson Caramel Nip	
Pearson Chocolate Mint Nip	
Pearson Chocolate Parfait	
Pearson Coffee Nip	
Pearson Licorice Nip	
Pearson Peanut Butter Parfait	
Raisinets	
100 Grand Candy Bar	
Pop America	
Banana Pops	
Blueberry Cheesecake Pops	
Bubble Gum Pops	
Butter Rum Pops	
Cherry Yogurt Pops	
Cinnamon Pops	
Cotton Candy Pops	
French Vanilla Pops	
Grape Pops	
Green Apple Pops	
Licorice Pops	
Maraschino Cherry Pops	
Pina Colada Pops	

HALAAL	*HARAAM*
Raspberry Pops	
Root Beer Pops	
Strawberry Pops	
Tangerine Pops	
Tutti Fruitti Pops	
Verry Berry Pops	
Watermelon Pops	
Wild Cherry Pops	

Penhurst

Milk Chocolate	
Milk Chocolate with Almonds	
Milk Chocolate with Caramel	
Milk Chocolate with Peanut Butter	

Sorbee

Apple Hard Candy	
Banana Hard Candy	
Berry Mix	
Butterscotch Hard Candy	
Cherry Hard Candy	

Durkee Mower

	Marshmallow Fluff
	Raspberry Marshmallow Fluff
	Strawberry Marshmallow Fluff

HALAAL	*HARAAM*

CEREALS

Quaker

HALAAL	HARAAM
100 % Natural Cereal Oats and Honey	Marshmallow Flavored Crisp Rice Cereal
Apple Zaps	
Bran Flakes	
Cap'n Crunch Cereal	
Chewy Granola Bar-Maple Oatmeal	
Cinnamon Oat Squares Cereal	
Corn Blasts	
Corn Flakes	
Creamy Wheat Enriched Farina	
Crisp Rice	
Crunchy Corn Bran Cereal	
Crunchy Rice Bran Cereal	
Fruit Circles	
Hominy Grits - Quick, White	
Hominy Grits - Regular, White	
Hot Cereals - Multigrain	
Hot Cereals - Whole Wheat	
Instant Grits - Original Flavor	
Instant Oatmeal - Peaches and Cream	
Instant Oatmeal - Raisin Spice	
Instant Oatmeal - Raisin, Date, Walnut	
Instant Oatmeal - Regular	
Instant Oatmeal - Strawberry and Cream	
King Vitamin Cereal	

HALAAL	*HARAAM*
Low Fat 100 % Natural Crispy Wholegrain with Raisins	
Low Sodium Crisp Rice	
Oat Bran	
Oat Bran Hot Cereal - Apple and Spice	
Oat Bran Hot Cereal - Raisin and Cinnamon	
Oat Squares Cereal	
Oats Plus Fiber	
Popeye Jeepers Crispy Corn Puffs Cereal	
Popeye Oat'mmms Toasted Oat Cereal	
Raisin Bran	
Self Rising Buttermilk White Corn Meal	
Self Rising White Corn Meal Mix	
Self Rising Yellow Corn Meal Mix	
Sugar Frosted Flakes	
Sun Country Quick Oats with Iron	
Toasted Oatmeal Cereal	

Kavanagh

Banana Coconut Fruit Granola with Sugar	
Blueberry Apple Granola with Sugar	
Honey and Almond Granola with Honey	
Honey and Almond Granola with Sugar	
Honey and Nut Granola with Sugar	
Honey and Raisin Granola with Honey	

HALAAL	*HARAAM*
Honey and Raisin Granola with Sugar	
Low Fat Cereal Oats N Honey	
Tropical Fruit Granola with Honey	
Tropical Fruit Granola with Sugar	

Maypo

Farina	
Hearty Vermont Style Hot Oat Cereal-Maple Flavor	
Instant Oatmeal-Maple Flavored	
Oat Bran-Maple Flavored	
Oatmeal Streamtable	
Quick Oats Northern Gold	
Cashew and Raisin Crunchy Cereal	
Honey Almond Crunchy Cereal	
Raspberry Crunchy Cereal	
5 Grain (Low Fat) Crunchy Cereal	

Kemach

Corn Flakes	
Cream Farina	
Crisp Rice	
Farina	
Frosted Flakes	
Fruit Whirls	
Honey Nut Toasted Oats	
Quick Oats	
Raisin Bran	
Sugar Puffed Wheat	
Sweet Oatmeal	
Toasted Oats	
Toasted Wheat Cereal	

HALAAL	*HARAAM*
General Mills	
Body Buddies-Fruit Flavor	
Bunuelitos	
Cinnamon Toast Crunch Swirls	
Dunk-A-Balls	
Fingos-Cinnamon	
Fingos-Fruity	
Fingos-Honey Toasted Oats	
Frosted Cheerios	
Golden Grahams	
Hidden Treasures	
Honey Frosted Wheaties	
Multi-Grain Cheerios	
Oatmeal Crisp with Almonds	
Oatmeal Crisp with Apples	
Project Laura	
Quick Wheat Hearts	
Reese's Peanut Butter Puffs	
Ripple Crisp-Golden Corn	
Ripple Crisp-Honey Bran	
Sprinkle Spangles	
Sun Crunchers	
Golden Temple	
Low Fat Crisp Muesli	
Low Fat Fruit Muesli	
No Fat Added Cinnamon Apple Raisin Cereal	
No Fat Added Strawberry Cereal	
Reduced Fat Crisp 'n Crunchy Granola	
Reduced Fat Super Nutty Granola	
Reduced Fat Wild Berry Granola	

HALAAL	*HARAAM*
Cap'n Crunch	
Deep Sea Crunch	
Fibrerice	
Rice Bran	
Breakfast Gold	
Bran Flakes	
Corn Flakes	
Crisp Rice	
Fruit Circles	
Raisin Bran	
Sugar Frosted Flakes	
Mother's	
Hot Cereals-Quick Cooking Barley	
Hot Cereals-Whole Wheat	
Instant Oatmeal-Regular	
Rolled Oats (Steamtable)	
Popeye	
Puffed Rice Cereal	

CHEESE

Breakstone's	
Cream Cheese	
Cream Cheese with Apple Cinnamon	
Cream Cheese with Blueberries	

HALAAL	*HARAAM*
Cream Cheese with Garden Vegetables	

Tropical

	American Singles
	Cream Cheese
	Creamy White Cheese
	Canjado Cheese
	Frying Cheese
	Sharp Cheddar Cheese
	White Cheese

Crowley

Nonfat Cottage Cheese	
Nonfat Cottage Cheese with Pineapple	
Cottage Cheese 1%	
Cottage Cheese 1% No Salt	
Cottage Cheese 4%	
Cottage Cheese 4% with Pineapple	
Cream Cheese	
Neufchatel Cream Cheese	
Nonfat Cottage Cheese with Pear	
Nonfat Cottage Cheese with Peach	
Nonfat Cottage Cheese with Spiced Apple	

Light 'n Lively

Free Fat Free Cottage Cheese	
Free Fat Free Cottage Cheese with Calcium	
Lowfat Cottage Cheese with Peach Pineapple	

HALAAL	*HARAAM*
Lowfat Cottage Cheese with Calcium	
Lowfat Cottage Cheese with Calcium Garden Salad	
Lowfat Cottage Cheese with Calcium-Peach & Pineapple	
Lowfat Cottage Cheese Garden Salad	
Nonfat Sour Cream Alternative	

Light 'n Lively Free

Fat Free Cottage Cheese with Calcium	

Springfield

Cream Cheese and Lox Spread	
Cream Cheese and Scallion Spread	
Cream Cheese and Veggie Spread	

Land-O-Lakes

	American Singles

Sealtest

Cottage Cheese	
Lowfat Small Curd Cottage Cheese 2%	
Small Curd Cottage Cheese	
Free Nonfat Cottage Cheese	
Free Nonfat Sour Cream	
Large Curd Cottage Cheese	
Lowfat Cottage Cheese	
Stabilized Sour Cream	

HALAAL	*HARAAM*
Raskas	
Cream Cheese	
Cream Cheese Soft	
Fat Free Cream Cheese	
Precious	
Mascarpone Cheese	
Ricotta Cheese	
Anderson Erickson	
Chive Style Cottage Cheese	
Large Curd Cottage Cheese	
Lite Cottage Cheese	
Lowfat Cottage Cheese	
Non Fat Cottage Cheese	
Small Curd Cottage Cheese	
Smithfield	
Cream Cheese	
Cream Cheese Bar	
Light Cream Cheese Bars	
Light Soft Cream Cheese Cups	
Whipped Cream Cheese	
White Cream Cheese Light Softbody	
White Cream Cheese Softbody	
Bancroft	
California Style Cottage Cheese	
Chive Cottage Cheese	
Cultured Cottage Cheese	
Dry Curd Cottage Cheese	
Large Curd Cottage Cheese	
Lowfat Cottage Cheese	

HALAAL	*HARAAM*
No Salt Cottage Cheese	
Peach Cottage Cheese	
Pineapple Cottage Cheese	
Pineapple Lowfat Cottage Cheese	
Small Curd Cottage Cheese	
Whipped Cottage Cheese	

CLEANING AND LAUNDRY PRODUCTS

Rainbow	
Heavy Duty Laundry Detergent	
Lemon Dish Detergent	
Liquid Automatic Dishwashing Detergent	
Liquid Laundry Detergent with Enzymes	
Palmolive	
Dish Detergent	
Dish Detergent For Sensitive Skin	
Dishwashing Liquid- Lemon Lime	
Dishwashing Liquid- Original	
Dermassage	
Dishwashing Liquid	
Glass Plus	
Glass And Multi-Surface Cleaner	
Multi-Surface Cleaner	

HALAAL	*HARAAM*
Grease Relief	
All Purpose Degreaser and Cleaner	
Dazzle	
Heavy Duty Laundry Detergent	
Lemon Dish Detergent	
409	
Glass and Surface Cleaner	
409 Glass and Surface Cleaner	
409 Floors and More	
Household Cleaner	
Ultra Arctic	
Laundry Detergent	
Procter & Gamble	
Biz	
Cascade (Powder)	
Cascade Crystal Clear	
Cascade Liquigel	
Cheer Liquid	
Cheerfree	
Cheerfree Liquid	
Cinch	
Cinch Glass and Surface Cleanser	
Comet Bathroom	
Comet Limescale Remover	
Comet Liquid Gel Bleach Plus Conditioner	
Comet Powder	
Dash Liquid	

HALAAL	*HARAAM*
Era with Bleach Alternative	
Fit Produce Wash	
Gain Liquid	
Gain with Bleach	
Ivory Snow	
Ivory Snow Liquid	
Lestoil	
Liquid Bold	
Liquid Tide	
Liquid Tide with Bleach Alternative	
Mr. Clean	
Mr. Clean For Newer Floors	
Mr. Clean Glass and Surface Cleaner	
Mr. Clean Lemon	
Mr. Clean Top Job	
Oxydol	
Spic and Span Bleach	
Spic and Span Liquid	
Spic and Span Pine	
Tide Free	
Tide Free Liquid	
Tide with Bleach	
Ultra Biz	
Dowbrands	
Oven Cleaner	
Fantastik	
All Purpose Cleaner	
Lemon Scent All Purpose Cleaner	

HALAAL	*HARAAM*
	Maxx
Acrylic Floor Finish	
Air Fresheners	
All Purpose Cleaner	
Blue Detergent	
Borax Bleach	
Car Wash	
Cleaner with Ammonia	
Cleaner with Bleach	
Clear Floor Polish	
Cold Water Wash	
Concentrated Detergent	
Concentrated Fabric Softener	
Disinfectant Cleaner	
Drain Cleaner	
Drain Opener-Regular	
Fabric Softener Sheets	
Floor Shine Cleaner-All Floors	
Foam Bathroom Cleaner	
Gel Detergent	
Glass Cleaner	
Green Detergent	
High Suds White Laundry Detergent	
Lemon Cleaner	
Lemon Detergent	
Lemon Furniture Polish	
Stain Remover	
Toilet Bowl Cleaner- Regular	
Ultra Concentrated Detergent	
Ultra Concentrated Fabric Softener	
Vegetable Oil Soap	
Washing Soda	
Water Conditioner	

HALAAL	*HARAAM*
Wax and Acrylic Remover White Detergent Woolwash	
Dynamo	
Liquid Laundry Detergent	
Fab Ultra	
Laundry Detergent Powder Liquid Laundry Detergent	
Octagon	
Dishwashing Liquid Dishwashing Liquid-Lemon and Lime	
Ajax Ultra	
Laundry Detergent Powder	
Arctic Power	
Arctic Power Laundry Detergent	
Arctic Power Free	
Ultra Arctic Power Free Laundry Detergent	

HALAAL ***HARAAM***

COFFEE AND TEA

Tea Circle

Anisette Tea
Apple Tea
Apricot Tea
Black Currant Tea
Cinnamon Tea
Cinnamon Spice Tea
Orange Tea
Orange Spice Tea
Peach Tea
Strawberry Tea
Vanilla Tea
Wild Cherry Tea

Taster's Choice

Amaretto Flavored Instant Coffee
Chocolate Almond Flavored Instant Coffee
Coffee Roasted Decaf
Coffee Instant Decaf
Coffee Instant Regular
Coffee Roasted Regular
French Vanilla Flavored Instant Coffee
Hazelnut Flavored Instant Coffee
Irish Creme Flavored Instant Coffee
Raspberry Creme Flavored Instant Coffee
Toasted Pecan Flavored Instant Coffee

HALAAL	*HARAAM*
Butter Nut	
Coffee	
Decaffeinated Coffee	
Folgers	
Coffee Crystals-Decaffeinated	
Coffee Singles	
Columbian Supreme Coffee	
Custom Roast Coffee	
French Roast Coffee	
French Roast Decaffeinated Coffee	
Gourmet Supreme Coffee	
Gourmet Supreme Decaffeinated Coffee	
Special Roast Coffee	
Special Roasted Decaffeinated Coffee	
Special Roast Instant Coffee Decaf	
Special Roast Decaffeinated Coffee	
Special Roast Instant Coffee, Regular	
Vacuum Packed Coffee	
Vacuum Packed Decaffeinated Coffee	
Reily	
Coffee Decaffeinated Ground	
Coffee Roasted	
Nescafe	
Coffee Instant Decaf	
Coffee Instant Regular	
Coffee Instant with Chicory Regular	

HALAAL	*HARAAM*
Coffee Instant with Chicory	
Decaf	
Coffee Roasted Regular	
Nestea	
Iced Tea Mix	
Apple Cinnamon Instant Herb Tea Powder	
Lemon Instant Herb Tea Powder	
Orange Spice Instant Herb Tea Powder	
Tea Bags - 100% Tea	
Salada	
Tea-Decaffeinated	
Tea-Regular	
Health Tea	
Chamomile Tea	
Golden Seal Tea	
Hibiscus Tea	
Peppermint Tea	
Rose Hips Tea	
Spearmint Tea	
Anderson Erickson	
Tea with Lemon	
Tea with Lemon-Diet	
Tea with Raspberry	
Colombian	
Decaf Coffee	
Regular Coffee	

HALAAL	*HARAAM*
Folgers Gourmet	
Chocolate Mocha Singles	
French Vanilla Nut Singles	
Irish Creme Singles	
Maryland Club	
Coffee	
Ultra Folgers	
Classic Roast Coffee	
Classic Roast Decaffeinated Coffee	
Gourmet Blend Coffee	
Ellis	
Coffee Decaf	
Coffee Regular	
Java Gold	
Instant Coffee	

COOKIES AND BISCUITS

Royal Crest	
Almond Windmills	
Animal Crackers	
Assorted Cremes	
Butter Cookies	
Butter Thins	
Chocolate Chip Thins	

HALAAL	*HARAAM*
Chocolate Mint Cremes	
Coconut Macaroon	
Deluxe Grahams	
Duplex Cremes	
Frosted Spice Cookies	
Graham Cracker Crumbs	
Honey Graham Crackers	
Iced Oatmeal	
Jelly Stars	
Lemon Cremes	
Oatmeal Peanut Butter Cremes	
Oatmeal Raisin Cookies	
Peanut Butter Cremes	
Saltine Crackers	
Shortbread	
Soup Crackers	
Strawberry Cremes	
Striped Dainties	
Sugar Cookies	
Vanilla Cremes	
Vanilla Sugar Wafers	
Vanilla Wafers	

Drakes

Chocolate Chocolate Chip Cookies	
Chocolate Chip Cookies	
Oatmeal Cookies	
Peanut Butter Cookies	
Peanut Butter Wafers	
Lemon Cookies	

Awrey

Biscuits Bottoms	
Biscuits Tops	

HALAAL	*HARAAM*
Chocolate Chip Brownie Bar Cookie	
Chocolate Chip Cookie Bite Size	
Country Hy Style Sliced Biscuits	
Date Nut Bars	
Fudge Nut Brownie Cookies	
Hy Rise Biscuits	
Sliced Biscuits	
Sliced Deli Biscuits	
Snow Flake Cookies	
Split Pack Biscuits	
Strawberry Bar Cookies	
Trees and Star Cookies	

Snackwell´s

Apple Cereal Bar	
Apple Toastettes	
Blueberry Cereal Bar	
Blueberry Toastettes	
Fudge Toastettes	
Pretzel Chips	
Strawberry Cereal Bar	
Strawberry Toastettes	

Entenmann´s

Almond Butter Cookies	
Bars Honey Raisin	
Butter Apricot Small Cookies	
Butter Bridge Mix Cookies	
Butter Cookies (Rasberry Apple)	
Butter Gourmet Cookies	
Butter Holiday Collection Cookies	
Butter Iced Cookies	
Butter Nonpareils Cookies	
Butter Rasberry Cookies	

HALAAL	*HARAAM*
Butter Sprinkles Cookies	
Butter Sugar Nut Cookies	
Butter Sunshine Cookies	
Chocolate Brownie Cookies	
Chocolate Chip Nut Gourmet Cookies	
English Toffee Cookies	
Fat Free Raisin Cookies	
Fudge Bar Nut Cookies	
Fudge Nut Brownie Cookies	
Fudge Peanut Butter Small Cookies	
Gourmet English Toffee Cookies	
Holiday Almond Butter Cookies	
Holiday Walnut Butter Cookies	
Homestyle Apple Cookies	
Macaroons Chocolate Chip	
Mint Chocolate Chip Cookies	
Oatmeal Raisin Cookies	
Oatmeal Raisin Small Cookies	
Peanut Butter Cookies	
Pecan Choc Chip Cookies	
Pecan Raisin Cookies	
Pfefferneuse	
Walnut Butter Cookies	

Snappy

Animal Crackers	
Cheese Crackers	
Honey Graham Crackers	
Oyster Crackers	
Saltines	
Snack Crackers	
Wheat Slims	

HALAAL	*HARAAM*
Dairy State	
Alphabet Cookies	
Circus Wagon Cookies	
Gingerbread Cookies	
Torchy Animal Crackers	
Toy Bus Animal Crackers	
Fireside	
Almond Windmills	
Animal Crackers	
Assorted Cremes	
Chocolate Chip Tin Tie	
Chocolate Cremes	
Chocolate Dinosaur Grahams	
Chocolate Sweetie Pie	
Coconut Macaroon	
Crushed Snack Crackers	
Deluxe Grahams	
Duplex Cremes	
Graham Bits	
Honey Dinosaur Grahams	
Honey Graham Crackers	
Iced Oatmeal	
Mini Chocolate Chip	
Mini Chocolate Cremes	
Mini Peanut Butter	
Wortz	
Animal Cookies	
Cinnamon Graham Crackers	
Crushed (Saltine) Crackers	
Crushed Graham Crackers	
Honey Graham Crackers	
Huggy Bears- Chocolate	

HALAAL	*HARAAM*
Huggy Bears-Cinnamon	
Huggy Bears-Honey	
Saltines	
Vanilla Wafers	

Parco

Apple Flavor Fills	
Assorted Butter Cookies	
Assorted Rugelach	
Baseball Cookies	
Berry Baseball	
Berry Our Gang	
Bon Bon Sparklers	
Bon Bons - Green	
Bon Bons - Pink	
Bon Bons - Red	
Bon Bons - White	
Bon Bons - White Mini	
Bunny Tote Box	
Butterfly Cookies	
Butterscotch Chip Cookies	
Butterscotch Cookies	
Butterscotch Pecan Cookies	
Candy Chew Cookies	
Caramel Apple Cookies	
Celebration Candy chew Cookies	
Circle Cookies	
Classical Cookies	
Cocoa Baseball	
Cocoa Our Gang	
Coconut Butter Cookies	
Country Col. Blue	
Country Col. Goose	
French Almond Cookies	
French Apple Cookies	

HALAAL	*HARAAM*
French Chocolate Chip Almond Cookies	
French Chocolate Chip Cookies	
French Double Chocolate Chip Cookies	
French Ginger Cookies	
French Mixed Fruit Cookies	
Mol Raisin Bar	
Nut Ball Cinnamon	
Nut Crescent Chocolate	
Oat Bran Bites	
OatBran Apple Bites	
Oatmeal Cookies	
Oatmeal Raisin Chunky Cookies	
Oatmeal Raisin Wafer	
Oatmeal Spice Cookies	
Party Trays	
Peanut Butter Chocolate Chunk Cookies	
Peanut Butter Cookies	
Walnut Raisin Bar	
Wheat No Salt	
Wheat Rice Cracker Unit	
Wheat Salted	
Wheat Thins No Salt	
White Chocolate Macademia Nut Cookies	
Yellow Iced Chicks	

Pepperidge Farm

Fruit Apricot Rasberry	
Fruit Strawberry	
Fruitful Cookies Rasberry Tart	
Goldfish Cookies	
Lilies Pail Of Cookies	

HALAAL	*HARAAM*
Mallard Colossal Tin Of Cookies	
Old Fashioned Brownie Nut	
Old Fashioned Brownie Nut Large	
Old Fashioned Chocolate Chip	
Old Fashioned Irish Oatmeal	
Old Fashioned Lemon Nut Crunch	
Old Fashioned Molasses Crisps	
Old Fashioned Oatmeal Large	
Old Fashioned Oatmeal Raisin	
Old Fashioned Pecan Shortbread	
Old Fashioned Shortbread	
Scottish Shortbread Almond	
Scottish Shortbread Plain	
Single Serve 4 Milano	
Single Serve Brussels	
Single Serve Chocolate Chunk Pecan	
Single Serve Mint Milano	
Soft Baked Chocolate Walnut	
Soft Baked Chocolate Chunk	
Soft Baked Milk Chocolate Macadamia	
Soft Chocolate Chunk	
Soft Milk Chocolate Macadamia	
Special Gift Tin	
Stars and Stripes Cookie Tin	
Valentine Colossal Tin Of Cookies	
Valentine Pail Of Cookies	

Quaker

Fiber Graham Cookies	
Gaucho Cookies	
Graham Cookies	
Low Sodium Crackers	
Low Sodium Wheat Crackers	

HALAAL	*HARAAM*
Ry Brot	
Shortbread Cookies	
Vanilla Creme Sandwich	
Murray	
Animal Cookies	
Animal Crackers	
Assorted Cookies	
Assorted Creme Cookies	
Assorted Sandwich Cremes	
Banana Creme Cookie	
Butter Cookies	
Butter Getalots Cookies	
Butter Pecan Cookies	
Chip Getalots Cookies	
Chocolate Chip Cookies	
Chocolate Creme Cookies	
Coconut Cookies	
Crackers Snack	
Duplex Creme Cookies	
Duplex Sugar Wafer Cookies	
Fig Bar	
Fudge 'n Chip Cookies	
Vista	
Alphabet Cookies	
Animal Cookies	
Assorted Sandwich Creme Cookies	
Banana Creme Sandwich Cookie	
Cheese Crackers	
Chocolate Mint Sandwich Creme Cookies	
Choc. Sandwich Creme Cookies	

HALAAL	*HARAAM*
Chocolate Cherry Creme Sandwich Cookie	
Chocolate Chip Cookies	
Regal Crackers	
Saltine Crackers	
Strawberry Creme Sandwich Cookie	
Sugar Cookies	
Unsalted Tops Soda Crackers	
Vanilla Sandwich Creme Cookies	
Vanilla Wafers	

Betty Crocker

Chocolate Chip Supreme Brownies	
Dunkaroos Chocolate Chip Cookie with Chocolate Frosting	
Dunkaroos Chocolate Cookie with Peanut Butter Dip	
Dunkaroos Cookies 'n Creme	
Peanut Butter Candy Pieces Supreme Brownie	
Walnut Supreme Brownies	

Falcone's

Almond Toast	
Amaretto Cookies	
Anisette Sponge Cookies	
Anisette Toast Cookies	
Aunt Anne Assorted Cookies	
Biscotti	
Candy Sprinkles Cookies	

Grandma's

	Old Time Molasses Big Cookie

HALAAL	*HARAAM*
Blue Ribbon	
Assorted Creme Cookies	
Chocolate Chip Cookies	
Coconut Cookies	
Iced Oatmeal Cookies	
Lemon Creme Cookies	
Lemon Thin Cookies	
Oatmeal Cookies	
Orange Thin Cookies	
Sugar Cookies	
Vanilla Creme Cookies	
Sunny	
Animal Cookies	
Art Flavors Coconut Cookies	
Art Flavors Iced Lemon Cookies	
Assorted Creme Cookies	
Banana Creme Cookie	
Butter Cookies	
Chocolate Chip Cookies	
Chocolate Creme Cookies	
Cocoa Chip Cookies	
Coconut Cookies	
Coconut Thins	
Duplex Creme Cookies	
Ginger Thins	
Gingersnaps	
Iced Oatmeal Cookies	
Lemon Cookies	
Lemon Creme Cookies	
Moons Cookies	
Oatmeal Cookies	
Peanut Butter Chip Cookies	
Peanut Butter Creme Cookies	

HALAAL	*HARAAM*
Pecan Chip Cookies	
Strawberry Creme Cookies	
Sugar Cookies	
Sunny Lemon Sugar Cookies	
Vanilla Creme Cookies	
Vanilla Sugar Wafers	
Vanilla Wafers	

DESSERTS AND PUDDINGS

Betty Crocker	
Banana Cream Creamy Chilled Dessert Mix	
Choc. French Silk Creamy Chilled Dessert Mix	
Dark Chocolate Fudge Brownie	
Lemon Supreme Creamy Chilled Dessert Mix	

Regent	
Banana Pudding	
Butterscotch Pudding	
Chocolate Pudding	
Lemon Pudding	
Milk Chocolate Pudding	
Rice Pudding	
Tapioca Pudding	
Vanilla Pudding	

HALAAL	*HARAAM*
Kosto	
Banana Cooked Pudding/ Pie Filling	
Butterscotch Cooked Pudding/ Pie Filling	
Chocolate Cooked Pudding/ Pie Filling	
Vanilla Cooked Pudding/ Pie Filling	
Carousel	
Chocolate Pudding	
Rice Pudding	
Tapioca Pudding	
Vanilla Pudding	
Lucky Leaf	
Banana Pudding	
Butterscotch Pudding	
Chocolate Pudding	
Lemon Pudding	
Rice Pudding	
Tapioca Pudding	
Vanilla Pudding	
Golden	
Chocolate Chip Dessert Creme	
Chocolate Mocha Dessert Creme	
Edys	
Malt Ball 'n Fudge Light Dairy Dessert	

HALAAL	*HARAAM*
Penn Maid	
Chocolate Pudding	
Rice Pudding	
Tapioca Pudding	
Vanilla Pudding	
Carmel	
Butterscotch Pudding Mix	
Chocolate Pudding Mix	
Dessert Gels	
Spritz Jar No Salt	
Spritz Season Jars	
Vanilla Pudding Mix	
Diamond Crystal	
Chocolate Pudding	
Vanilla Pudding	
Real Fresh	
Banana Pudding	
Butterscotch Pudding	
Chocolate Fudge Pudding	
Chocolate Pudding	
Tapioca Pudding	
Vanilla Pudding	
Victor	
Butterscotch Dessert Pudding	
Chocolate Dessert Pudding	
Dessert Gels	
Sugar Free Dessert Gels	
Vanilla Dessert Pudding	

HALAAL	*HARAAM*

DIET AIDS AND SUPPLEMENTS

Ultra Slim-Fast	
Brownie Bar	
Chewy Caramel Crunch Bar	
Chocolate Chip Crunch Bar	
Chocolate Pudding	
Diet Shake Chocolate Fudge Ready To Drink	
Diet Shake Chocolate Ready To Drink	
Diet Shake Coffee Ready To Drink	
Diet Shake Lactose Free Chocolate Ready To Drink	
Diet Shake Milk Chocolate Ready To Drink	
Diet Shake Strawberry Ready To Drink	
Diet Shake Vanilla Ready To Drink	
Instant Milk Chocolate Powder	
Peanut Butter Crunch Bar	
Peanut Butter Nutrition Bar	
Peanut Caramel Crunch Bar	
Pretzels Twists	
Vanilla Almond Crunch Bar	

Ross	
Advera Orange Cream	Vital , Powder
Advera Vanilla	
Alitraq Vanilla	

HALAAL	*HARAAM*
Ensure Black Walnut	
Ensure Butter Pecan	
Ensure Chocolate	
Ensure Coffee	
Ensure Egg Nog	
Ensure High Protein Banana	
Ensure High Protein Chocolate Royal	
Ensure High Protein Vanilla Supreme	
Ensure High Protein Wild Berry	
Ensure Plus Butter Pecan	
Ensure Plus Chocolate	
Ensure Plus Coffee	
Ensure Plus Egg Nog	
Ensure Plus Strawberry	
Ensure Plus Vanilla	
Ensure Powder Vanilla	
Ensure Strawberry	
Ensure Vanilla	
Ensure with Fiber Butter Pecan	
Ensure with Fiber Chocolate	
Ensure with Fiber Vanilla	
Equalyte	
Forta Chocolate Shake	
Forta Eggnog Shake	
Forta Fruit Punch Drink	
Forta Orange Drink	
Forta Strawberry Shake	
Forta Vanilla Shake	
Glucerna Vanilla	
Introlite	
Jevity	
Nepro	

HALAAL	*HARAAM*
Osmolite	
Outlook/Shapewise Chocolate Shake	
Outlook/Shapewise Vanilla Shake	
Pedialyte Bubble Gum Flavor	
Pedialyte Fruit Flavored	
Pedialyte Unflavored	
Pediasure Banana Cream	
Pediasure Chocolate	
Pediasure Strawberry	
Pediasure Vanilla	
Perative	
Polycose	
Promod	
Promote Vanilla	
Provimin	
Pulmocare Strawberry	
Pulmocare Vanilla	

Mead Johnson

Isocal	
Sustacal Basic	
Sustacal Liquid	
Sustacal Plus	
Sustacal Powder	
Sustacal Pudding	
Sustacal with Fiber	
Sustagen Powder	

HALAAL ***HARAAM***

DRIED FRUITS

County Fair

Dried Apple
Dried Apricots
Dried Peaches
Dried Prunes
Mixed Dried Fruit

Olympic

Dried Figs

Wyman

Dried Wild Blueberries

Stapleton's

Dried Apple
Dreid Apricots
Dried Peaches
Dried Prunes

Zoria

Dried Apples
Dried Apricots
Dried Cherries
Dried Figs
Dried Mixed Fruit
Dried Nectarines
Dried Peaches
Dried Pears
Dried Plums
Dried Prunes

HALAAL	*HARAAM*
Monte Vista	
Apricot Halves	
Dried Apple	
Dried Apricots	
Dried Peaches	
Mixed Dried Fruit	
Graceland	
Dried Cultivated Blueberries	
Dried Peaches	
Dried Strawberries	
Dried Tart Cherries	
Dried Wild Blueberries	
Mariani	
Dried Apple	
Dried Apricots	
Dried Figs	
Dried Fruit Madley	
Dried Mixed Fruits	
Dried Nectarines	
Dried Peaches	
Dried Pears	
Dried Prunes	
Mayfair	
Dried Apple	
Dried Apricots	
Dried Mixed Fruits	
Dried Peaches	
Dried Pears	
Dried Prunes	

HALAAL ***HARAAM***

FISH AND FISH PRODUCTS

	Season
Alaska Blueback Red Salmon	
Alaska Medium Red Salmon	
Alaska Pink Salmon	
Blueback Salmon	
Brisling Sardines	
Brisling Sardines In Water	
Buffet Tomato Sardines	
Capelin Caviar	
Chunk Light Tuna In Water	
Chunk White Tuna In Water	
Club Sardines In Oil	
Club Sardines In Tomato Sauce	
Crosspack Sardines	
Filets Of Mackerel	
Flakes White Tuna In Oil	
Flat Anchovies	
Hot Sauce Jitney Sardines	
Jitney Tomato Sardines	
Kipper Snacks	
Kipper Snacks-Natural Smoke	
Lightly Smoked Sardines	
Medium Red Salmon	
Norway Mackerel In Tomato Sauce	
Norway Sardines In Chili Sauce	
Norway Sardines In Mustard	
Norway Sardines In Sild Oil	
Norway Sardines In Tomato Sauce	

HALAAL	*HARAAM*
Pink Salmon	
Rolled Anchovies	
Sardines Whole Skinless Boneless	
Skinless And Boneless Sardines Club	
Skinless And Boneless Sardines In Water	
Smoked Rainbow Trout	
Smoked Sprats In Soya Oil	
Spiced Sardines With Vegetables	
Sprats	
Tall Mackerel	
Tall Medium Red Salmon	
Tall Natural Sardines	
Tall Pink Salmon	
Tomato Sardines	
White Tuna In Oil	
White Tuna In Water	

Bumble Bee

Alaska Medium Red Salmon	
Alaska Pink Salmon	
Chunk Light Tuna In Oil	
Chunk Light Tuna In Water	
Chunk White Tuna In Oil	
Chunk White Tuna In Water	
Solid Light Tuna In Water	
Solid White Tuna In Water	
Solid White Tuna In Oil	

Port Clyde

Fish Steaks In Hot Peppers	
Fish Steaks In Louisiana Hot Sauce	

HALAAL	*HARAAM*
Fish Steak In Mustard Sauce	
Fish Steak In Soya Oil	
Kipper Snacks-Liquid Smoke	
Kipper Snacks Natural Smoke	
Sardines In Spring Water	
Sardines In Hot Pepper	
Sardines In Louisiana Hot Sauce	
Sardines In Mustard Sauce	
Sardines In Soya Oil	
Sardines In Tomato Sauce	
Sardines In Water	

Morey's

Smoked Carp With Skin	Herrings Cutlets in Wine Sauce
Smoked Chubs	
Smoked Halibut	
Cream Style Herring	
Smoked Lake Herring	
Smoked Mackerel With Skin	
Cajun Style Smoked Salmon	
Smoked Chum Salmon	
Classic Flavored Smoked Salmon	
Dill Flavored Smoked Salmon	
Smoked King Salmon	
Peppered Smoked Salmon	
Smoked Silver Salmon	
Smoked Lake Trout With Skin	
Smoked Whitefish With Skin	

Pan Pacific

Chunk Light Tuna In Oil	
Chunk Light Tuna In Water	
Chunk White Tuna In Oil	
Solid White Tuna In Oil	

HALAAL	*HARAAM*
Portlock	
Cold Smoked Salmon	
Hot Smoked Salmon	
Smoked Black Cod In Skin	
Smoked Halibut With Skin	
Smoked Sable With Skin	
Smoked Salmon	
Smoked Salmon Spread	
Smoked Sockeye Salmon	
Smoked Trout With Skin	
Smoked Tuna With Skin	
Starkist	
Chunk Light Tuna In Oil	
Chunk Light Tuna In Spring Water	
Chunk Light Tuna In Oil	
Chunk Light Tuna In Water	
Flake Light Tuna In Oil	
Flake Light Tuna In Water	
Solid Light Tuna In Oil	
Solid Light Tuna In Water	
Solid White Tuna In Oil	
Solid White Tuna In Water	
Tuna Fish	
Pillar Rock	
Canned Chinook Salmon	
Canned Pink Salmon	
Canned Red Salmon	
Icy Water	
Herring Fillets In Cocktail Sauce	Herring Fillet In Wine Sauce
Herring Fillets In Dill Sauce	

HALAAL	*HARAAM*
Herring Fillets In Horseradish Sauce	
Herring Fillets In Sour Cream Sauce	

Beach Cliff

Barbeque/Tomato Fish Steaks	
Kippered Snacks	
Mustard Fish Steaks	
Mustard Sardines	
Fish Steaks In Oil	
Sardines In Oil	
Sardines In Water	
Tomato Sardines	

David's Kosher

Cod Fillets	
Flounder Fillets	
Precooked Fish Fillets	
Precooked Raw Fish Nuggets	
Precooked Raw Fish Portions	
Precooked Raw Fish Sticks	
Sole Fillets	
Turbot Fillets	
Whiting Fillets	

Dagim

Alaska Chinook Salmon	
Blueback Salmon	
Breaded Fish	
Breaded Fish Cakes	
Chunk Light Tuna In Oil	
Chunk Light Tuna In Water	
Chunk White Tuna In Oil	

HALAAL	*HARAAM*
Chunk White Tuna In Water	
Fish Whiting	
Flounder Sole	
Frozen Fish	
Gefilte Fish	
Pink Salmon	
Sardines In Pure Olive Oil	
Smoked Salmon Lox	
Solid Light Tuna In Water	
Solid White Tuna In Oil	
Solid White Tuna In Water	

Sea Smoke

Cajun Salmon	
Garlic Pepper (Peppered) Salmon	
Nova Smoked Salmon	
Original Plain Salmon	

Spirit Of Norway

Kipper Snacks Natural Smoke	
Sardines In Oil	
Sardines In Water	

Brunswick

Fish Steaks In Hot Pepper	
Fish Steaks In Louisiana Hot Sauce	
Fish Steaks In Mustard Sauce	
Fish Steaks In Soya Oil	
Herring In Natural Oil	
Herring In Soya Oil	
Herring In Tomato Sauce	

HALAAL *HARAAM*

FROSTING, CAKE AND BAKING MIX

General Mills

Bisquick Baking Mix
Bisquick Easy Breads Baking Mix
Bisquick Reduced Fat Baking Mix

GMI

Strawberry Swirl Pouch

Gold Medal

Apple Cinnamon Muffin Mix
Banana Nut Muffin Mix
Biscuit Mix
Caramel Muffin Mix
Chocolate Chip Cookie Mix
Chocolate Frosting Mix
Corn Muffin Mix
Devil's Food Cake Mix
Double Chocolate Chip Cookie
Double Chocolate Chunk Cookie
Fudge Brownie Mix
Gold Medal Pizza Crust Mix
Pouch Oatmeal Chocolate Chip Cookie Mix
Pouch Peanut Butter Cookie Mix
Yellow Cake Mix

Betty Crocker

Apple Cinnamon - Sweet Rewards Snack Cake Mix
Banana - Sweet Rewards

HALAAL	*HARAAM*
Snack Cake Mix	
Banana Cream Creamy Chilled Dessert Mix	
Banana Nut Muffin Mix	
Caramel Oatmeal Bars	
Caramel Supreme Brownies	
Chocolate French Silk Creamy ChilledDessert Mix	
Chocolate and Toffee Bars	
Chocolate Chip Supreme Brownies	
Chocolate Chunk Supreme Dessert Bars	
Chocolate Peanut Butter Bars	
Chocolate Sweet Rewards Snack Cake Mix	
Chocolate Swirl Angel Food Cake Mix	
Cinnamon Streusel Muffin Mix	
Coconut Cream Creamy Chilled Dessert Mix	
Confetti Angel Food Cake Mix	
Cookies 'n Cream Creamy Chilled Dessert Mix	
Cookies 'n Creme Supreme Brownie	
Cookies 'n Cream Brownies	
Easy Delicious Apple Crisp Dessert	
Easy Delicious Choc. Caramel Crumb Cake	
Easy Delicious Homestyle Carrot Cake	
Easy Delicious Triple Fudge Brownie Cake	

HALAAL	*HARAAM*
Easy Layer Bars	
Easy Layer Supreme Dessert Bars	
Family Fudge Brownie Mix	
Fat Free Apple Cinnamon Muffin Mix	
Fat Free Blueberry Muffin Mix	
Frosted Supreme Brownies	
Fudge Brownie Mix	
Fudge Supreme Brownie Mix	
Fudge Supreme Brownies	
German Chocolate Supreme Brownie	
Gingerbread Cake and Cookie Mix	
Hershey-Etts Dessert Bars	
Hot Fudge Supreme Brownies	
Lemon - Sweet Rewards Snack Cake Mix	
Lemon Chiffon Cake Mix	
Lemon Custard Angel Food Cake Mix	
Lemon Poppy Seed Muffin Mix	
Lemon Supreme Creamy Chilled Dessert Mix	
Lowfat Brownie Muffin Mix	
M & M Bars	
M & M Cookie Dessert Bars	
Peanut Butter Supreme Brownies	
Raspberry Bars	
Strawberry Cheesecake Supreme Dessert Bars	
Strawberry Swirl Cheesecake Dessert Bars	
Strawberry Swirl Mix Pouch	
Sunkist Lemon Bars	

HALAAL	*HARAAM*
Supermoist Butter Pecan Cake Mix	
Supermoist Butter Recipe Choc. Cake Mix	
Supermoist Marble Cake Mix	
Supermoist Milk Chocolate Cake Mix	
Supermoist Party Cake - Rainbow Chip Cake Mix	
Supermoist Party Cake - Swirl Cake Mix	
Supermoist Sour Cream Choc. Cake Mix	
Supermoist Sour Cream White Cake Mix	
Supermoist Spice Cake Mix	
Supermoist Strawberry Swirl Cake Mix	
Supermoist White Cake Mix	
Supermoist White Chocolate Swirl Cake Mix	
Supreme Fudge Brownie Mix	
Traditional White Angel Food Cake Mix	
Twice The Blueberries Muffin Mix	
Walnut Supreme Brownies	
White Chocolate Swirl Supreme BrownieMix	
White Chocolate Swirl Supreme Brownies	
White One-Step Angel Food Cake Mix	
Wild Blueberry Muffin Mix	

HALAAL	*HARAAM*
Don's Chuck Wagon	
All Purpose Mix	
Onion Ring Mix	
Hodgson Mill	
Cornbread and Muffin Mix	
Cornbread Mix Jalapeno (Mexican Style)	
Muffin Bran Mix	
Whole Wheat "Insta-Bake" Baking Mix	
Whole Wheat Gingerbread Mix	
Whole Wheat Muffin Mix	
Quick Bagel	
Cinnamon Raisin Bagel Mix	
Onion Bagel Mix	
Plain Bagel Mix	
Quick Loaf	
Cinnamon Raisin Bread Mix	
Garlic and Herbs Bread Mix	
Hearty Cracked Wheat Bread Mix	
Honey Oatmeal Bread Mix	
Nine Grain Bread Mix	
Onion Dill Bread Mix	
Mrs. Crutchfield's	
Fat Free Bran Muffin Mix	
Fat Free Brownie Mix	
Fat Free Corn Muffin Mix	
Fat Free Cranberry Muffin Mix	
Fat Free Homestyle Muffin Mix	
Fat Free Lemon Poppy Seed	

HALAAL	*HARAAM*
Muffin Mix	
Hush Puppy Mix	
Low Fat Apple and Cinnamon Muffin Mix	
Low Fat Blueberry Muffin Mix	

Batterlite

Chocolate Cake Mix	
Lite White Frosting Mix	
Lemon Cake Mix	
Spice Cake Mix	
White Cake Mix	

Roman Meal Milling

Classic White Bread Gourmet	
Garlic Basil Pizza Gourmet	
Honey Wheat Bread Gourmet	
Kamut Pita Gourmet	
Onion Pizza Gourmet	
Raisin Spice Bread Gourmet	
Sesame Pizza Gourmet	
Wheat Pizza Gourmet	
Whole Wheat Pita Gourmet	
7 Grain Bread Gourmet	

Duncan Hines

Berry Blue Frosting	
Butterscotch Frosting	
Chocolate Mocha Frosting	
Grape Bubblegum Frosting	
Homestyle Buttercream Frosting	
Kiwi Strawberry Frosting	
Mango Tangerine Frosting	
Wild Cherry Vanilla	

HALAAL	*HARAAM*
Borden	
Butterscotch Dessert Topping	
Chocolate Dessert Topping	
Hot Caramel Dessert Topping	
Hot Fudge Topping	
Strawberry Dessert Topping	
Kemach	
Whipped Topping	
Apple Leaf	
Apple Glaze	
Apricot Glaze	
Strawberry Glaze	
Hershey's	
Fudge Topping	

HONEY

Elwood	
Honey	
Deer Creek	
Honey	
Draper's	
Alfalfa Honey	
Basswood Honey	
Buckwheat Honey	

HALAAL	*HARAAM*
Clover Honey Comb Honey Crystallized Honey Goldenrod Honey Orange Blossom Honey Sourwood Honey Tulip Poplar Honey Tupelo Honey Wildflower Honey	
Honey	**La Flor**
Honey	**Red Wing**
Honey	**Baker's Choice**
Honey	**Sandt's**
Honey	**Sue Bee**
Honey	**Stoller's**
Honey	**Heinz**
Honey	**Robb Ross**

HALAAL	*HARAAM*
Hauke	
Honey	
Groeb	
Honey	
Winston	
Honey	
Great Lakes	
Honey	
Rice's	
Honey Clover	

ICE CREAM AND SHERBETS

HALAAL	*HARAAM*
Turkey Hill	
Butter Pecan Premium Ice Cream	
Butter Pecan Lite Ice Cream	
Black Cherry Premium Ice Cream	
Black Rasberry Premium Ice Cream	
Dutch Chocolate Premium Ice Cream	
French Vanilla Premium Ice Cream	
Fudge Ripple Premium Ice	

HALAAL	*HARAAM*
Cream	
Neapolitan Premium Ice Cream	
Neapolitan Lite Ice Cream	
Peanut Butter Ripple Premium Ice Cream	
Vanilla Premium Ice Cream	
Vanilla and Chocolate Lite Ice Cream	
Vanilla Bean Nonfat Ice Cream	

Kemps

Butter Peacan Ice Cream	
Cookies 'N Cream Ice Cream	
Cookies 'N Cream Lowfat Ice Cream	
Cookies 'N Cream Fat Free Ice Cream	
Fudge Marble Ice Cream	
Fudge Marble Lowfat Ice Cream	
Fudge Marble Fat Free Ice Cream	
Heath Crunch Ice Cream	
Mint Chocolate Chip Ice Cream	
Mint Chocolate Chip Lowfat Ice Cream	
Rocky Road Fat Free Ice Cream	
Vanilla Fat Free Ice Cream	

Cyrk

Cheesecake Ice Cream	
Chocolate Ice Cream	
Coffee Ice Cream	
Maple Walnut Ice Cream	
Mint Ice Cream	

HALAAL	*HARAAM*
Pistachio Ice Cream	
Strawberry Ice Cream	
Strawberry Sorbet	
Vanilla Fudge Ice Cream	
Vanilla Ice Cream	
Cherry Sorbet	
Mango Sorbet	
Lime Sorbet	
Orange Sorbet	
Strawberry Sorbet	
Apricot Sorbet	

Driggs Farms

Butter Pecan Ice Cream	
Cherry Vanilla Ice Cream	
Chocolate Ice Cream	
Chocolate Chip Ice Cream	
Cookies 'n Cream Ice Cream	
French Vanilla Ice Cream	
Mint Chocolate Chip Ice Cream	
Neapolitan Ice Cream	

Country Maid

Black Walnut Ice Cream	
Butter Pecan Ice Cream	
Chocolate Ice Cream	
Cookies 'n Cream Ice Cream	
Fudge Royal Ice Cream	
Neapolitan Ice Cream	
Orange Sherbet	
Orange Vanilla IceCream	
Rainbow Sherbet	
Strawberry Ice Cream	
Strawberry Royal Ice Ccream	

HALAAL	*HARAAM*
Vanilla Chocolate IceCream	
Vanilla Ice Cream	
Borden	
Cherries N Cream Ice Cream	
Cherry Frosty Dream	
Cherry Frosty Pop	
Cherry Twin Pop	
Chippity Chocolate Chip Ice Milk	
Chocolate Chip Ice Cream	
Chocolate Fat Free Ice Cream	
Chocolate Fudge Bar	
Chocolate Ice Cream	
Chocolate Peanut Butter Ice Cream	
Chocolate Vanilla Chocolate Ice Cream	
Cookies 'n Cream Ice Cream	
Cookies 'n Cream Ice Milk	
French Chocolate Ice Cream	
Frosty Dreams	
Frosty Fudge	
Frosty Pop	
Fudge Bar	
Golden Vanilla Ice Cream	
Grape Frosty Dream	
Grape Frosty Pop	
Grape Twin Pop	
Heavenly Hash Ice Cream	
Ice Cream Bar	
Ice Cream Sandwich	
Krispy Frostlick	
Lime Juice Stick	
Mint Chocolate Chip Ice Cream	

HALAAL	*HARAAM*
Orange Frosty Dream	
Orange Frosty Pop	
Orange Juice Stick	
Orange Pineapple Ice Cream	
Orange Sherbet 'n Cream Bar	
Orange Twin Pop	
Popsicle	
Praline Pecan and Cream Ice Cream	
Praline Pecan and Cream Ice Milk	
Raspberry Sherbet	
Raspberry Frozen Yogurt	
Raspberry Juice Stick	
Sherbert and Cream Bar	
Ski Hi Chocolate Cone	
Ski Hi Vanilla Cone	
Spumoni Ice Cream	
Strawberry and Cream Ice Milk	
Strawberry Cup	
Strawberry Fat Free Ice Cream	
Sundae Cones	
Superman Ice Cream	
Tin Roof Swirl Ice Cream	
Vanilla Butterscotch Ice Cream	
Vanilla Cup	
Vanilla Fat Free Ice Cream	
Vanilla Fudge Ice Cream	
Vanilla Ice Cream Bar	
Vanilla Ice Milk	
Vanilla Peanut Butter Ice Cream	
Vanilla Sandwich	
Vanilla Sundae Cone	
Vanilla Chocolate Cup	

HALAAL	*HARAAM*
Priscilla Gold Seal	
Chocolate Ice Cream	
Cherry Ice Cream	
Chocolate Diet Ice Cream	
Coffee Ice Cream	
Frozen Yogurt	
Lemon Sherbet	
Marble Fudge Ice Cream	
Neapolitan Ice Cream	
Orange Sherbet	
Raspberry Sherbet	
Strawberry Ice Cream	
Vanilla Diet Ice Cream	
Vanilla Ice Cream	
Edy's	
Almond Cream Ice Cream	
Almond Praline Ice Cream Bar	
Almond Praline Lactose Reduced Ice Cream	
American Dream Chocolate Chip Ice Cream	
American Dream Chocolate Ice Cream	
American Dream Mocha Almond Fudge Ice Cream	
American Dream Neapolitan Ice Cream	
American Dream Strawberry Ice Cream	
American Dream Toasted Almond Ice Cream	
American Dream Vanilla Ice Cream	

HALAAL	*HARAAM*
Banana Choc. Chunk Grand Soft Ice Cream	
Biscotti 'n Cream Ice Cream	
Bittersweet Chocolate Ice Cream	
Black Cherry Vanilla Ice Cream	
Black Cherry Vanilla Ice Cream No Sugar Added	
Black Walnut Ice Cream	
Brownie Batter Ice Cream	
Brownies 'n Fudge Light Ice Cream	
Butter Pecan Ice Cream	
Lowfat Amaretto Fudge Ice Cream	
Lowfat Apple Pie Ice Cream	
Lowfat Autumn Apple Pie Ice Cream	
Lowfat Banana Nut Ice Cream	
Lowfat Banana Politan Ice Cream	
Lowfat Berry Wonderful Ice Cream	
Lowfat Butter Pecan Ice Cream	
Lowfat Cafe Au Lait Ice Cream	
Lowfat Chocolate Almond Fudge Ice Cream	
Lowfat Chocolate Chip Ice Cream	
Lowfat Chocolate Chocolate Chip Ice Cream	
Lowfat Chocolate Crunch Ice Cream	
Lowfat Chocolate Fudge	

HALAAL	*HARAAM*
Mousse Ice Cream	
Lowfat Chocolate Ice Cream	
Lowfat Coffee Ice Cream	
Lowfat Crispy Choc. Crunch Ice Cream	
Lowfat Double Vanilla Ice Cream	
Lowfat Dreamy Caramel Cream Ice Cream	
Lowfat English Toffee Ice Cream	
Lowfat Fudge Scotch Swirl Ice Cream	
Lowfat Hopscotch Ice Cream	
Lowfat Marble Fudge Ice Cream	
Lowfat Mint Choc. Chip Ice Cream	
Lowfat Mint Fudge Ice Cream	
Mango Tango Ice Cream	
Marble Fudge Fat Free Ice Cream	
Marble Fudge Ice Cream	
Mint Chip Grand Soft Ice Cream	
Mint Choc. Chip Ice Cream	
Mint Choc. Chip Light Ice Cream	
Neapolitan Fat Free Ice Cream	
Neapolitan Ice Cream	
Neapolitan Light Ice Cream	
Orange Cream Bar Ice Cream	
Peanut Butter Light Ice Cream	
Pink Lemonade Sherbet	
Praline 'n Caramel Light Ice Cream	

HALAAL	*HARAAM*
Lady Borden	
Butter Pecan Ice Cream	
Chocolate Chip Cookie Dough Ice Cream	
Chocolate Ice Cream	
Coffee Almond Ice Cream	
Cookies 'n Cream Ice Cream	
Maple Walnut Ice Cream	
Mint Chocolate Chip Ice Cream	
Neapolitan Ice Cream	
Praline Pecan and Cream Ice Cream	
Strawberry Ice Cream	
Tin Roof Swirl Ice Cream	
Vanilla Bean Ice Cream	
Vanilla Fudge Ice Cream	
Vanilla Ice Cream	
Marnhiony	
	Rum Raisin Deluxe Ice Cream
Funtime	
Banana Twin Pops	
Cherry Twin Pops	
Chocolate Ice Cream Sandwich	
Fudge Bars	
Grape Twin Pops	
Ice Cream Bars	
Lime Juice Bars	
Neapolitan Ice Cream Sandwich	
Orange Juice Bars	
Orange Twin Pops	

HALAAL	*HARAAM*
Raspberry Juice Bars	
Raspberry Twin Pops	
Rootbeer Twin Pops	
Vanilla Ice Cream Sandwich	

Marinos Italian Ices

Banana Ices	
Blue- Raspberry Ices	
Bubble Gum Ices	
Cherry Ices	
Chocolate Ices	
Coconut Ices	
Coconut- Pineapple	
Cola Ices	
Grape Ices	
Lemon Ices	
Orange Ices	

Richman

	Rum Raisin Ice Cream

All Star

Chocolate and Vanilla Ice Cream	
Chocolate 8 Cut Slice Ice Cream	
Chocolate Ice Cream	
Coffee Ice Cream	
Lemon Ice	
Lemon Sherbet	
Neapolitan 8 Cut Slice Ice Cream	
Orange Ice	
Orange Sherbet	
Raspberry Ice	
Raspberry Sherbet	

HALAAL	*HARAAM*
House Of Flavors	
Black Raspberry Ice Cream	Rum Raisin Ice Cream
Black Sweet Cherry Ice Cream	
Black Walnut Ice Cream	
Blue Moon Ice Cream	
Brownie Nut Fudge Ice Cream	
Bubble Gum Ice Cream	
Butter Brickle Ice Cream	
Butter Pecan Ice Cream	
Candy Bar Whirl Ice Cream	
Caramel Cashew Ice Cream	
Cherry Vanilla Ice Cream	
Chocolate Chip Cookie Dough Ice Cream	
Chocolate Almond Ice Cream	
Chocolate Chip Ice Cream	
Chocolate Chocolate Chip Ice Cream	
Chocolate Ice Cream	
Clark Bar Ice Cream	
Coconut Ice Cream	
Coffee Ice Cream	
Cookies 'n Cream Ice Cream	
Double Chocolate Almond Ice Cream	
Double Island Fudge Ice Cream	
Double Strawberry Ice Cream	
Dutch Chocolate Ice Cream	
Egg Nog Ice Cream	
French Vanilla Ice Cream	
Orange Sherbet	
Orange Vanilla Ice Cream	
Orange Pineapple Ice Cream	
Ozark Black Walnut Ice Cream	
Par Butter Pecan Ice Cream	

HALAAL	*HARAAM*
Par Chocolate Ice Cream	
Par Chocolate Chip Ice Cream	
Par Cookies 'n Cream Ice Cream	
Par Fudge Royal Ice Cream	
Par Mint Chip Ice Cream	
Praline Pecan Ice Cream	
Rainbow Sherbet	
Raspberry Sherbet	
Rocky Road Ice Cream	
S and W Vanilla Ice Cream	
Smores 'n More Ice Cream	
Shakebase Ice Cream	
Snickers Ice Cream	
Spumoni Ice Cream	
Strawberry Cheesecake Ice Cream	
Strawberry Ice Cream	
Superman Ice Cream	
Swiss Chocolate Almond Ice Cream	
Tin Lizzy Ice Cream	
Tin Roof Ice Cream	
Tropical Coconut Ice Cream	
Tropical Grape Nuts Ice Cream	
Tropical Mango Ice Cream	
Tropical Papaya Ice Cream	
Tropical Pineapple Ice Cream	
Tropical Vanilla Ice Cream	
Vanilla Bean Ice Cream	
Vanilla Carmel Nut Ice Cream	
Vanilla Chip Ice Cream	

HALAAL	*HARAAM*
Country Goodness	
Assorted Pops	
Butter Almond Ice Cream	
Butterscotch Revel Ice Cream	
Chippity Ice Cream	
Chocolate Ice Cream	
Chocolate Marshmallow Ice Cream	
Deluxe Cookies 'N Cream Ice Cream	
Fudge Ice Cream Bar	
Ice Cream Bar	
Neapolitan Ice Cream	
Sandwich Vanilla Ice Cream	
Strawberry Revel Ice Cream	
Vanilla Fudge Ice Cream	
Vanilla Ice Cream	
Dunkirk	
	Rum Raisin Ice Cream
Rosati	
Italian Banana Ices	
Italian Bubblegum Ices	
Italian Cherry Ices	
Italian Chocolate Ices	
Italian Grape Ices	
Italian Lemon Ices	
Italian Lime Ices	
Italian Orange Ices	
Italian Pina Colada Ices	
Italian Pineapple Ices	
Italian Raspberry Ices	
Italian Root Beer Ices	
Italian Vanilla Ices	

HALAAL *HARAAM*

JAM, JELLY AND PRESERVES

Hero

Apricot Light Jam
Apricot Preserves
Black Cherry Preserves
Black Currant Preserves
Blackberry Preserves
Blueberry Preserves
Forest Berries Preserves
Fruit Of Rose Preserves
Garden Berries Preserves
Gooseberry Preserves
Honey Preserves
Marmalade Bakery Lemon
Marmalade Orange
Orange Bitter Preserves
Orange English Style Preserves
Orange Light Jam
Orange Sweet Preserves
Peach Preserves
Pineapple Preserves
Quince Preserves
Raspberry Light Jam
Raspberry Preserves
Red Cherry Preserves

Stratford Farms

Sugarless Low-Calorie Apple Jelly
Sugarless Low-Calorie Apricot Preserves
Sugarless Low-Calorie Blackberry

HALAAL	*HARAAM*
Preserves	
Sugarless Low-Calorie Blueberry Preserves	
Sugarless Low-Calorie Cherry Preserves	
Sugarless Low-Calorie Old Fashioned Apple Jelly	
Sugarless Low-Calorie Orange Marmalade	
Sugarless Low-Calorie Peach Preserves	
Sugarless Low-Calorie Red Raspberry Preserves	
Sugarless Low-Calorie Seedless Black Raspberry Preserves	
Sugarless Low-Calorie Strawberry Preserves	

Knott's

Apple Cinnamon Jelly	
Apricot And Pineapple Light Preserves	
Apricot And Pineapple Preserves	
Apricot Preserves	
Bing Cherry Preserves	
Blackberry Fruit Spread	
Blackberry Light Preserves	
Blackberry Preserves	
Blueberry Preserves	
Boysenberry Fruit Spread	
Boysenberry Light Preserves	
Boysenberry Preserves	
California Plum Jam	
Crabapple Jelly	

HALAAL	*HARAAM*
Kadota Fig Preserves	
Mint Flavored Apple Jelly	
Orange Light Marmalade	
Orange Marmalade	
Orange Marmalade Fruit Spread	
Peach Preserves	
Red Cherry Preserves	
Red Currant Jelly	
Red Raspberry Light Preserves	
Red Raspberry Preserves	
Seedless Blackberry Jam	
Seedless Boysenberry Jam	
Seedless Red Raspberry Jam	
Seedless Strawberry Jam	
Strawberry Fruit Spread	
Strawberry Jam	

Classic

Apple Jelly	
Apricot Preserves	
Apricot Pineapple Preserves	
Currant Jelly	
Damson Plum Preserves	
Mint Apple Jelly	
Mint Jelly	
Mint Jelly with Leaves	
Mint-Apple Jelly	
Orange Marmalade	
Peach Preserves	
Plum Preserves	
Red Raspberry Preserves	
Seedless Blackberry Preserves	
Strawberry Preserves	

HALAAL	*HARAAM*
Sunfresh	
Apricot-Pineapple Freezer Jam	
Black Raspberry Freezer Jam	
Blueberry Freezer Jam	
Marionberry Freezer Jam	
Raspberry Freezer Jam	
Seedless Blackberry Freezer Jam	
Seedless Boysenberry Freezer Jam	
Seedless Raspberry Freezer Jam	
Strawberry Freezer Jam	
Bama	
Apple Jelly	
Apple-Blackberry Jelly	
Apple-Red Plum Jelly	
Apple-Strawberry Jelly	
Apricot Preserves	
Blackberry Jam	
Blackberry Jelly	
Blackberry Preserves	
Blueberry Preserves	
Cherry Preserves	
Guava Jelly	
Peach Fruit Spread	
Peach Preserves	
Pineapple Preserves	
Red Currant Jelly	
Red Plum Jam	
Red Plum Jelly	
Red Raspberry Preserves	
Strawberry Fruit Spread	
Strawberry Jelly	
Strawberry Preserves	

HALAAL	*HARAAM*

Serv

Apple Jelly
Asst Diet Jelly
Blackberry Jelly
Grape Jelly
Mixed Fruit Jelly
Orange Marmalade
Peach Jam
Strawberry Jam
Strawberry Jelly

Carriage House

Apple Jelly
Apple-Black Raspberry Jelly
Apple-Blackberry Jelly
Apple-Cherry Jelly
Apple-Cranberry Jelly
Apple-Grape Jelly
Apple-Red Raspberry Jelly
Apple-Strawberry Jelly
Apricot Preserves
Apricot-Pineapple Preserves
Black Cherry Preserves
Black Raspberry Jelly
Blackberry Jelly
Blackberry Preserves
Blueberry Preserves
Boysenberry Preserves
Cherry Jelly
Cherry Preserves
Crabapple Jelly
Cranberry Jelly
Cranberry Marmalade
Currant Jelly

HALAAL	*HARAAM*
Damson Plum Jelly	
Damson Plum Preserves	
Elderberry Jelly	
Lite Strawberry Preserves	
Mint Jelly	
Mint-Apple Jelly	
Mixed Fruit Jelly	
Orange Marmalade	
Orange Preserves	
Peach Preserves	
Pineapple Preserves	
Plum Preserves	
Raspberry Preserves	
Red Plum Jelly	
Red Plum Preserves	
Red Raspberry Jelly	
Red Raspberry Preserves	
Seedless Blackberry Preserves	
Seedless Plum Preserves	
Seedless Red Plum Preserves	
Seedless Red Raspberry Preserves	
Seville Orange Marmalade	
Strawberry Jelly	
Strawberry Preserves	
Strawberry-Apple Jelly	

HALAAL ***HARAAM***

JUICES AND JUICE DRINKS

Fairlee

Apple Juice
Apple Raspberry Cocktail
Black Cherry Nectar
Boston Peach Lemonade
Citrus Punch
Cranberry Juice Cocktail
Fruit Punch
Grapefruit Juice
Lemon Lime
Lemonade
Mango Cocktail
Orange Juice
Orange Mango Cocktail
Orange Mango Tumbler
Papaya Drink
Peach Cocktail
Peach Tumbler
Pineapple-Orange Juice
Prune Juice Cocktail
Strawberry Kiwi Cocktail
Strawberry Kiwi Tumbler
Tropical Punch Tumbler

Heinz

Apple Cherry Juice From Concentrate
Apple Cranberry Juice From Concentrate
Apple Grape Juice From

HALAAL	*HARAAM*
Concentrate	
Apple Juice From Concentrate	
Mixed Fruit Juice From Concentrate	
Pear Grape Juice From Concentrate	
Pear Juice From Concentrate	
Strained Apple Apricot Juice	
Strained Apple Banana Juice	
Strained Apple Cherry Juice	
Strained Apple Cranberry Juice	
Strained Apple Grape Juice	
Strained Apple Juice	
Strained Apple Peach Juice	
Strained Apple Pineapple Juice	
Strained Apple Prune Juice	
Strained Mixed Fruit Juice	
Strained Orange Apple Banana Juice	
Strained Orange Juice	
Strained Pear Juice	

Cliffstar

Apple Juice	
Cranberry Juice Cocktail	
Cranberry Apple Juice Cocktail	
Fruit Punch	
Grapefruit Juice	
Lemon Juice	
Lemonade	
Orange Drink	
Papaya Punch	
Prune Juice	

HALAAL	*HARAAM*
Minot	
Apple Cider	
Apple Juice Concentrated	
Apple Juice Natural	
Apricot Nectar	
Cranberry Apple Drink	
Cranberry Juice Cocktail	
Grapefruit Juice	
Lemon Juice	
Orange Juice	
Orange Grapefruit Juice	
Peach Nectar	
Pear Nectar	
Prune Juice	
Seneca	
Apple Frozen Concentrated	
Apple Juice	
Apple Juice Concentrated	
Apple Juice Concentrated Frozen	
Apricot Nectar	
Cran-Apple Juice	
Cran-Apple Juice Cocktail	
Cranberry Juice	
Cranberry Juice Cocktail	
Cranberry Juice Concentrated	
Fruit Juice	
Granny Smith Apple Juice	
Grapefruit Juice	
Guava Juice	
Kiwi Juice	
Lemon Juice Concentrated	
Orange Juice	

HALAAL	*HARAAM*
Orange Juice Concentrated	
Peach Juice	
Pear Juice	
Pear Juice Concentrated	
Pineapple Juice	
Prune Juice	

Silver Springs

Grapefruit Juice	
Grapefruit Juice Concentrated	
Grapefruit Juice From Concentrate	
Mandarin Orange Concentrated	
Orange Juice	
Orange Juice Concentrated	
Orange Juice From Concentrate	
Orange Grapefruit Juice	

Citrus Valley

Apple Juice	
Apple Juice Concentrated	
Cranberry Juice	
Cranberry Juice Concentrated	
Grapefruit Juice	
Grapefruit Juice Concentrated	
Mango Juice	
Mango Juice Concentrated	
Orange Juice	
Orange Juice Concentrated	
Pineapple Juice	
Pineapple Juice Concentrated	
Prune Juice	
Prune Juice Concentrated	
Tomato Juice	
Tomato Juice Concentrated	

HALAAL	*HARAAM*
Veryfine	
Apple Concentrated	
Apple Juice	
Cranberry Concentrated	
Cranberry Juice Cocktail	
Grapefruit Juice	
Orange Juice	
Orange Juice Blend	
Pineapple Juice	
Sunlike	
Apple Juice	
Apple Strawberry	
Cranberry Cocktail	
Grapefruit Juice	
Mango Nectar	
Orange Juice	
Orange Pineapple Juice	
Papaya	
Peach Nectar	
Pineapple Juice	
Old South	
Apple Juice From Concentrate	
Apple Juice Frozen Concentrated	
Cranberry Juice Cocktail Frozen Concentrated	
Grapefruit Juice (Canned)	
Grapefruit Juice Fresh Frozen	
Grapefruit Juice From Concentrate	
Grapefruit Orange Juice Blend	
Lemonade From Concentrate (Chilled)	
Lemonade Frozen Concentrated	

HALAAL	*HARAAM*
Orange Juice (Canned)	
Orange Juice Fresh Frozen	
Orange Juice Frozen Concentrated	
Orange Juice Premium Pasteurized	
Pineapple Juice From Concentrate	

Ruby Kist

Apple Cider	
Apple Juice	
Apple Juice Cocktail	
Lo-Calorie Cranberry Juice Cocktail	
Cranberry Juice Cocktail	
Cranberry-Apple Drink	
Grapefruit Juice	
Grapefruit Orange	
Lemon Juice	
Orange Juice	
Pineapple Grapefruit Juice	
Prune Juice	
Tomato Juice	

HALAAL	*HARAAM*

KETCHUPS AND PICKLES

Vlasic

HALAAL	HARAAM
Banana Wax Peppers	
Flex Pack Pepperoncini	
Green Olives	
Hot Cherry Pepper	
Hot Chili Peppers	
Hot Chopped Celery	
Hot Jalapeno Peppers	
Hot Jalapeno Slices	
Hot Pepper Chunks	
Mild Cherry Peppers	
Mild Pepper Chunks	
Mild Pepper Rings	
Nacho Jalapenos	
Peppercini Sliced Peppers	
Pepperoncini	
Pepperoncini-Club	
Pickles	
Ripe Olives	
Sauerkraut	
Sliced Jalapeno	
Sliced Jalapeno Peppers	
Sweet Pepper Rings	
Tiny Mexican Hot Peppers	
Whole Jalapenos	

Strub's

HALAAL	HARAAM
Baby Dill Pickles	Sauerkraut Wine
Deli Mix Olives	
Full Sour Dill Pickles	

HALAAL	*HARAAM*
Garden Fresh Dill Pickles	
Half Sour Dill Pickles	
Hot Banana Peppers	
Hot Mixed Pickles	
Jalapeno Peppers	
Mixed Olives	
Sweet Pimentos	
Tomatoes Dill	

Marios

Black Pitted Olives	
Black Plain Olives	
Black Sliced Olives	
Green Pitted Olives	
Green Plain Olives	
Green Stuffed Pimento Olives	
Green Table Olives	
Green Table Stuffed Pimento Olives	
Salad Olives	

Oxford

Cold Pack Dill Pickles	
Cold Pack Sweet Pickles	
Fresh Pack Cut Dill Pickles	
Fresh Pack Peppers	
Fresh Pack Sweet Pickles	
Fresh Pack Whole Dill Pickles	
Giardinera	
Pepperoncini	
Peppers	

HALAAL	*HARAAM*
Mount Olive	
Fresh Sweet Cucumber Chips	
Genuine Dill	
Giardiniera	
Hamburger Dill Pickle Chips	
Hot Cauliflower	
Hot Mixed Vegetables	
Jalapeno Pepper	
Jalapeno Pepper Slices	
Mild Okra	
Pepper Rings-Banana Hot	
Pepper Rings-Banana Mild	
Pepper Rings-Cherry Hot	
Pepper Rings-Cherry Sweet	
Pepper Strips-Sweet Bell	
Pepperoncini	
Peppers-Banana Hot	
Peppers-Cherry Hot	
Peppers-Cherry Sweet	
Peppers-Salad Sweet And Hot	
Processed Dill	
Sour Pickles	
Super Sweet Dill Pickle Strips	
Super Sweet Pickle Midgets	
Sweet Cauliflower	
Sweet Gherkins	
Sweet Mixed Vegetables	
Sweet Pickle Midgets	
Sweet Pickles	
Thick Dill Pickle Chips	
Thin Dill Pickle Chips	

HALAAL	*HARAAM*
Claussen	
Dill Mini Pickles	
Halves Pickles	
Slices Pickles	
Spears Pickles	
Tomatoes Pickled Pickles	
Whole Pickles	
H & S	
Black Olives	
Green Olives	
Pickled Onions	
Pickled Peppers	
Pickles	
Gedney	
Baby Pickles	
Cocktail Dill Pickles	
Delicatessen Petite Cocktails	
Dill Pickles	
Dill Sandwich Chips	
Dill Snackers	
Dill Zingers	
Half Dills	
Hamburger Slices	
Hot And Sweet Snackers	
Hot And Sweet Banana Peppers	
Midget Pickles	
Midget Pickles Kosher Dill	
Mild And Hot Pepper Rings	
Minnesaurus Dill Picklodon	
Old Fashioned Dill Pickles	
Old Fashioned Dill Spears	
Polish Dill Pickles	
Sauerkraut	

HALAAL	*HARAAM*
Sweet Bread And Butter Snackers	
Sweet Cherry Peppers	
Sweet Chips	
Sweet Gherkins	
Sweet Midgets	
Sweet Pantry Pickles	
Sweet Pickles	

Freestone

Deli Cross Cuts	
Fancy Sweet Gherkins	
Fancy Sweet Midgets	
Fancy Sweet Mixed	
Fancy White Sweet Cauliflower	
Fancy Yellow Dill Cauliflower	
Greek Golden Pepperoncini	
Hamburger Dill Processed Chips	
Hot Cherry Peppers	
Hot Dill Processed Pickles	
Hot Pepper Rings	
Jalapeno Peppers Hot	
Large Mild Dill Pickles	
Mild Banana Peppers	
Mild Dill Processed Dills	
Mild Giardiniera	
Mild Pepper Rings	
Nacho Sliced Jalapenos	
Sandwich Sweet Freshpack	
Sauerkraut	
Small Hot Dill Pickles	
Sour Dills	
Sport Or Serrano Peppers Hot	
Sweet Cross Cuts	
Sweet Pickles	

HALAAL	*HARAAM*
Heinz	
Baby Polish Dills	
Dill Pickles with out Garlic	
Fresh Dill Pickles Sliced	
Good 'N Spice Spears	
Good 'N Spicy Dills	
Hamburger Dill Pickle Slices	
Hot Banana Peppers	
Hot Cherry Peppers	
Midget Sweet Pickles	
Old Fashioned Polished Dill Pickles	
Old Fashioned Polished Dill Spears	
Pepperoncini	
Sweet Cucumber Slices	
Sweet Gherkins	
Sweet Midget Gherkins	
Sweet Mild Peppers	
Sweet Mixed Pickles	
Sweet Mustard Pickles	
Sweet Pepper Memento In Vinegar	
Sweet Pickles	
Sweet Pickles Slices	
Sweet Salad Cubes	
Windsor	
Dill Pickles	
Hamburger Slices	
Sweet Pickles	

HALAAL	*HARAAM*
Mr. Pickle	
Cherry Peppers	
Fillet Peppers	
Fresh Pickled Tomatoes	
Fresh Sauerkraut	
Half Sour Pickles	
New Pickle Spears	
Sour Pickles	
Whole New Pickles	
United	
Cherry Hot Peppers	
Cured Barrel Pickles	
Deli Pickle Chips	
Deli Pickles	
Deluxe Mix	
Fresh Deli Chips	
Fresh Deli Spears	
Hot Peppers	
New Kosher Pickle Chips	
New Kosher Pickles	
New Kraut	
Peppers	
Pickled Tomatoes	
Sauerkraut	
Sweet Gherkins	
Sweet Wonder Hot Peppers	
Victoria	
Banana Peppers	
Cherry Peppers	
Cut Sweet Peppers	
Finger Peppers	
Hot Crushed Peppers	
Hot Pepper Rings	

HALAAL	*HARAAM*
Sliced Cherry Peppers	
Sweet Pepper Strips	
Sweet Peppers	
San Del	
Ground Green Peppers	
Ground Peppers	
Hamburger Chips -Smooth	
Hamburger Wafers	
Hot Banan Chunks Short	
Hot Cherry Pepper	
Hot Cherry Peppers Red	
Hot Chop Peppers Red	
Hot Jalap Peppers-Whole	
Hot Jalap Peppers-Slices	
Hot Mix	
Hot Pepper Rings	
Jalapeno Peppers	
Kraut	
Pepper For Pepper And Eggs	
Process Dills	
Red Pepper Strips	
Sliced Banana Peppers	
Sliced Cherry Peppers	
Sliced Jalapenos	
Sweet Banana Pepper Chunks	
Sweet Chips	
Sweet Cut	
Sweet Gherkins	
Ba Tampte	
Deli Halves	
Deli Wholes	
Deluxe Mixed Vegetables	
Giardiniera	

HALAAL	*HARAAM*
Half Sour Pickles	
New Kraut	
Hot Cherry Peppers	
Mixed Vegetables	
Pickled Tomatoes	
Pickled Tomatoes In Barrels	
Garlic Dill Pickles	
Sour Pickles In Barrels	
Wonder Peppers	

B & G

Cocktail Onions	
Diced Sweet Pickles	
Dill Gherkins	
Dill Pickle Chips	
Dill Pickle Cubes	
Dill Pickle In Pouch	
Dill Pickles	
Garden Salad No Salt	
Genuine Dill Pickles	
Sweet Gherkins	
Hamburger Chips-Krinkled	
Hamburger Chips-Smooth	
Hamburger Dill Chips	
New Dills	
New York Deli	
Old Fashioned Barrel Kraut	
Original Ny Deli Chips	
Original Ny Deli Pickles	
Overnite Dills	
Overnite Pickle Chips	
Pearl Cocktail Onions	
Pepper For Pepper And Eggs	
Pepperoncini	

HALAAL	*HARAAM*
Seville Premium	
Green Olives	
Ripe Olives	
Schorr's	
Cherry Peppers	
Deli Pickles	
New Kraut	
Sour Pickles	
Sweet Peppers	
Mairena	
Alcaparrado	
Salad Olives	
Stuffed Manzanilla Olives	
Stuffed Queen Olives	
Whole Manzanilla Olives	
Whole Queen Olives	
Fremont	
Tomato Ketchup	
Catsup	
Winston	
Ketchup	
Americana	
Ketchup	
Marketing	
Gourmet Ketchup	
Serv	
Catsup	
Dietetic Ketchup	
Ketchup	

HALAAL ***HARAAM***

MAYONNAISE & SALAD DRESSINGS

Sunlight

Coleslaw Dressing
Creamy Italian Dressing
French Style Dressing
Heavy Duty Mayonnaise
Regular Italian Dressing
Salad Dressing
Thousand Island Dressing

Borden

Buttermilk Salad Dressing
Fat Free Italian Specialty Dressing
French Salad Dressing
Isle Dressing
Lite Buttermilk Salad Dressing
Lite French Salad Dressing
Lite Italian Dressing
Mayonnaise
Poppy Seed Coleslaw Dressing
Premium Whipped Dressing
Premium X-Heavy Mayo
Ref 1000 Island Specialty Dressing Salad Dressing
Sweet & Sour Dressing
Sweet -N- Tart Specialty Dressing
Tangy French Specialty Dressing
Thousand Island Dressing

HALAAL	*HARAAM*
Bama	
Mayonnaise	
Salad Dressing	
Chelten House	
Creamy Garlic Dressing	
Dill with Horseradish Dressing	
Honey Mustard Dressing	
Poppyseed Dressing	
Sesame Honey Dressing	
Thousand Island Dressing	
Tomato and Basil Dressing	
Marzetti	
Buttermilk and Herbs Salad Dressing	
California French Dressing	
Celery Seed and Onion Dressing	
Chef Italian Salad Dressing	
Country French Dressing	
Creamy Italian Dressing	
Dijon Honey-Mustard Dressing	
Dijon Ranch Dressing	
Fat Free Italian Dressing	
Fat Free Peppercorn Ranch Dressing	
Fat Free Ranch Dressing	
Fat Free Sweet 'N Sour Dressing	
Garden Ranch Dressing	
Honey Dijon Salad Dressing	
Honey French Dressing	
Italian with Olive Oil Dressing	
Light Buttermilk Ranch Salad Dressing	

HALAAL	*HARAAM*
Light French Salad Dressing	
Light Italian Salad Dressing	
Light Thousand Island Salad Dressing	
Peppercorn Ranch Dressing	
Real Mayonnaise	
Savory Italian Dressing	
Spring Garden Salad	
Sweet 'N Sour Dressing	
Thousand Island Dressing	

Elwood

Dietetic Dill Dressing	
Dietetic French Style Dressing	
Dietetic Italian Dressing	
Dietetic Mayonnaise	
Dietetic Russian Dressing	
Dietetic Special French Dressing	
Dietetic Thousand Island Dressing	
Dietetic Zero Dressing	
Mayonnaise	
Oil and Vinegar Dressing	

Martin Gillet

ColeSlaw Salad Dressing	
Creamy Italian Dressing	
Deluxe Extra Heavy Mayonnaise	
Double Whipped Dressing	
Fat Free Italian Dressing	
French Lite Salad Dressing	
French Salad Dressing	
Greek Salad Dressing	
Green Goddess Dressing	

HALAAL	*HARAAM*
Italian Golden Dressing	
Italian Lite Salad Dressing	
Italian Salad Dressing	
Italian Seperating Dressing	
Lite French Salad Dressing	
Lite Italian Salad Dressing	
Lite Russian Salad Dressing	
Mayonnaise	
Mayonnaise Lite	
Ranch Salad Dressing	
Red Calorie Mayonnaise	
Russian Lite Dressing	
Salad Dressing	
Sweet & Sour Dressing	
Thousand Island Dressing	

Gedney

Lite Salad Dressing	
Mayonnaise	
Mayonnaise Red Calorie	
No Cholesterol Red Calorie Salad Dressing	
Salad Dressing	
Sandwich Spreads	

Serv

Creamy Italian Specialty Dressing	
Dietetic French Dressing	
Dietetic Italian Dressing	
Dietetic Mayonnaise	
Dietetic Mini-French Dressing	
Dietetic Thousand Island Dressing	

HALAAL	*HARAAM*
French Salad Dressing	
Mayonnaise	
Salad Dressing	
Thousand Island Dressing	
Ken's	
Creamy Cucumber Dressing	
Creamy Italian Dressing	
Fajita Grill Salad Dressing	
Fat Free Garlic Lemon Dressing	
Fat Free Honey Dijon Dressing	
Fat Free Italian Dressing	
Fat Free Raspberry Pecan Dressing	
Fat Free Sun Dried Tomato Vinaigrette	
French Salad Dressing	
Hickory Grill Salad Dressing	
Honey Mustard Dressing	
Italian Salad Dressing	
Lite Creamy Italian Dressing	
Lite French Salad Dressing	
Lite Honey Mustard Dressing	
Lite Italian Salad Dressing	
Lite Mayonnaise	
Lite Russian Salad Dressing	
Lite Teriyaki Marinade	
Mayonnaise	
Raspberry Walnut Vinaigrette	
Russian Salad Dressing	
Scampi Saute Dressing	
Spicy Italian Salad Dressing	
Thousand Island Dressing	
Whipped Salad Dressing	

HALAAL	*HARAAM*
Spice Islands	
French Salad Dressing	
Salt Free Spicy Dressing	
Salt Free Original Dressing	
Salt Free Lemon Dressing	
Special Salad Dressing	
Roberts	
Creamy Italian Dressing	
French Dressing	
Italian Dressing	
Mayonnaise	
Russian Dressing	
Thousand Island Dressing	
Blanchard	
Classic French Yogurt Dressing	
Creamy Herb Salad And Vegetable Dressing	
Creamy Italian Yogurt Dressing	
Garlic Salad Dressing	
Lemon Mustard with Dill Dressing	
Lemon Pepper Vinaigrette Dressing	
Mustard Vinaigrette Dressing	
Northern Italian Dressing	
Old World Caesar Dressing	
Poppy Seed Salad Dressing	
Ranch Yogurt Dressing	
Sesame Seed Dressing	
Thousand Island Yogurt Dressing	
Tomato Basil Dressing	
Tomato Dill Salad Dressing	

HALAAL	*HARAAM*
Weight Watchers	
Cholesterol Free Mayonnaise	Creamy Three Cheese
Fat Free French Dressing	Ceasers Dressing
Fat Free Italian Dressing	
Fat Free Mayonnaise	
Fat Free Ranch Dressing	
Fat Free Whipped Dressing	
Honey Mustard Dressing	
Italian Dressing	
Low Sodium Mayonnaise	
Low Sodium Red Calorie Mayonnaise	
Salad Dressing	
Thousand Island Dressing	
Duke's	
Classic French Dressing	
Cole Slaw Dressing	
Creamy Italian Dressing	
French Dressing	
Golden Italian Dressing	
Heavy Duty Mayonnaise	
Heavy Duty Salad Dressing	
Italian Dressing	
Mayonnaise	
Ranch Style Dressing	
Red Calorie Dressing	
Salad Dressing	
Thousand Island Dressing	

HALAAL ***HARAAM***

MILK AND MILK PRODUCTS

Poly Creme

Non-Dairy Creamer

Americana

Creamer

Farm Rich

Breakfast Creamer
Light Breakfast Creamer

Kemach

Non-Dairy Creamer

Brothers Gourmet

Cappucino Creamer
French Vanilla Creamer
Hazelnut Creamer
Swiss Mocha Almond Creamer

Dari Pride

Non-Dairy Coffee Creamer

Flavor Rite

Coffee Whitener Powder

Broughton

Half and Half Creamer
Non-Dairy Creamer

HALAAL	*HARAAM*
Poly-Unsaturated Creamer	
Banana Milk	
Black Rasberry Milk	
Chocolate Milk 2%	
Cottage Cheese	
Cultured Sour Cream	
Half and Half	
Lite Cottage Cheese	
Milk 2%	
Strawberry Milk	
Table Cream 18%	
Whipping Cream	

Glen Farms

Non-Dairy Creamer	

Diehl

Non-Dairy Creamer	

Eagle

Low Fat Sweetened Condensed Milk	
Sweetened Condensed Milk	

Kemps

Condensed Skim Milk	
Condensed Whole Milk	
Cream	
Raw Skim Milk	

Ault Foods

Sweetened Condensed Milk	

HALAAL	*HARAAM*
Dairy Pure	
Chocolate Milk	
Half and Half	
Heavy Cream	
Heavy Whipping Cream	
Homogenized Milk	
Light Cream	
Lowfat Milk	
Non-Dairy Creamer	
Dari Pride	
Half and Half	
Homogenized Milk	
Light Cream	
Lowfat Milk	
Cumberland	
Whole Milk Vitamin D Added	
Dairy Ease	
Lactose Reduced Milk 1%, 2%	
Nonfat	
Dasi	
2% Milk	
Dairymans Co-Op	
Lactose Reduced Skim Milk	
Non-Fat Dried Milk	
DCCA	
Chocolate Milk	
Half and Half	
Heavy Cream	

HALAAL	*HARAAM*
Homogenized Milk	
Lowfat Milk	
Dietrichs	
Condensed Skim Milk	
Diehl	
Evaporated Filled Milk	
Evaporated Milk	
Dellwood	
Buttermilk	
Chocolate Milk	
Half 'n Half	
Heavy Cream	
Skim Milk	
Whole Milk	
1%,2% Milk	
Farm Fresh	
Chocolate Milk	
Homogenized Milk	
Skim Milk	
1% , 2% Milk	
2% Chocolate Milk	
Guida Seibert	
Buttermilk	
Dutch Chocolate Milk	
Half and Half	
Heavy Cream	
Homogenized Milk	
Lactaid Milk	
Light Cream	

HALAAL	*HARAAM*
Lowfat Chocolate Milk	
Skim Milk	
Farmland	
Ammaretto Flavored Half and Half	
Buttermilk	
Chocolate Milk	
Heavy Cream	
Light Cream	
Medium Cream	
French Vanilla Flavored Half and Half	
Half and Half	
Homogenized Milk	
1%, 2% Lowfat Milk	
Skim Milk	
Skim Plus	
Pensupreme	
Chocolate Milk	
Milk Hvd	
Milk Skim	
Milk 1%	
Milk 1% Sweet Acidophilus	
Milk 2%	
Hunter Farms	
Buttermilk	
Chocolate Milk	
Milk	
Elmhurst	
Homogenized Milk	

HALAAL	*HARAAM*
Skim Milk 1%, 2% Milk 2% Choc. Milk	
Nestle	
Chocolate Milk Strawberry Milk	
Milnot	
Evaporated Milk Sterilized Concentrated Filled Milk Sweetened Condensed Whole Milk	
Parmalat	
Half and Half Heavy Cream Light Cream Skim Milk Whole Milk 2% Lowfat Choc. Milk 2% Strawberry Milk	
Dellwood	
Half and Half Light Cream Super Skim Milk	
Rich 'n Pure	
Cream Heavy Cream Light Half and Half Milk Homogenized with Vitamen D	

HALAAL	*HARAAM*
Skim Milk	
Milk 1% , 2%	

Tofts

Chocolate 1% Lowfat Milk	
Cultured Buttermilk Vitamen D Added	
Skim Milk Vitamen A and D Added	
Whole Milk Vitamin D Added	
1% Lowfat Milk Vitamen A and D Added	
2% Lowfat Milk Vitamen A and D Added	

Body Wise

Chocolate Nonfat Milk	
Lactose Reduced Non Fat Milk	
Non Fat Milk	
1% Low Fat Milk	

MUSTARD AND SAUCES

Five Brothers

Alfredo with Mushrooms Sauce	All Meat Flavors Sauces
Tomato Alfredo Sauce	
Creamy Alfredo Sauce	
Tomato and Olive Sauce	
Roasted Garlic and Onion Sauce	
Spicy Tripe Pepper Sauce	

HALAAL	*HARAAM*
Healthy Choice	
Vegatable Traditional Sauce	
Mushroom Sauce	
Garlic and Mushroom Sauce	
Pasta Sauce	
Baker's	
Deli Mustard	
Dijon Mustard	
Dusseldorf Mustard	
Mustard Prepared with Mustard Bran	
Old English Mustard	
Ortega	
Chile Puree	
Dipping Salsa-Hot	
Dipping Salsa-Medium	
Dipping Salsa-Mild	
Garden Style Salsa	
Green Chile Salsa-Hot	
Morehouse	
Brown Mustard	
Country Mustard	
Deli Mustard	
Dijon Mustard	
Dusseldorf Mustard	
Extra Hot Mustard	
French Mustard	
German Mustard	
Gourmet Mustard	
Honey Mustard	

HALAAL	*HARAAM*
Esplendido	
Thick and Chunky Salsa	
Blanchard & Blanchard	
Garlic Mustard	
Honey Mustard	
Horseradish Mustard	
Hot and Sweet Mustard	
Onion Mustard	
Sweet and Spicy Mustard	
Crystal	
Brown Mustard	
Salad Style Mustard	
Yellow Mustard	
Cains	
Honey Royal Mustard	
Mustard	
New England	
Honey Royale Mustard	
Champagne Mustard	
Champagne Dill Mustard	
Champagne Honey Mustard	
Champagne Garlic Mustard	
Honey Mustard	
Jalapeno Honey Mustard	
Furmanos	
California Style Pizza Sauce	
Chili Sauce	
Deluxe Marinara Sauce	
Extra Thick Pizza Sauce	

HALAAL	*HARAAM*
Home Style Spaghetti Sauce	
Pizza Sauce	
Seafood Cocktail Sauce	
Spaghetti Sauce	
Taco Sauce	

Paradise Products

Barbecue Sauce - Garlic	
Barbecue Sauce - Hickory	
Barbecue Sauce - Hot	
Barbecue Sauce - Onion	
Barbecue Sauce - Regular	
Hot Sauce - Picante	
Salsa Sauce	
Steak Sauce	

Chef Supreme

Barbecue Sauce	
Barbecue Smoky Sauce	
Cocktail Gourmet Salad	
Tartar Sauce	
Tartar Sauce Salad Dressing Based	

Dement's

Pizza Sauce	
Spaghetti Sauce	
Spaghetti Sauce And Green Peppers	
Spaghetti Sauce with Mushrooms	

Borden

Barbecue Sauce	
Cattleranchers Barbecue Sauce	
Cranberry Sauce	
Gourmet Bar-B-Que Sauce	

HALAAL	*HARAAM*
Gourmet Sweet And Sour Sauce	
Horseradish Sauce	
Jalapeno Hot Sauce	
Seacoast Tartar Sc Ref Sauce	
Seafood Cocktail Sauce	
Seafood Sauce	
Smoky Barbecue Sauce	
Soy Sauce	
Taco Sauce	
Tartar Sauce	

Conte

Heavy Pizza Sauce	
Marinara Sauce	
Prepared Pizza Sauce	
Regular Pizza Sauce	

Red Wing

All Natural Blueberry Sauce	
All Natural Red Raspberry Sauce	
All Natural Strawberry Sauce	
Barbecue Sauce	
Barbecue Sauce with Onions	
Barbecue Sauce-Hickory	
Barbecue Sauce-Hot	
Barbecue Sauce	
Chili Sauce	
Meatless Spaghetti Sauce	
Melba Sauce	
Mushroom Spaghetti Sauce	
Peanut Butter Sauce	
Picante Sauce-Hot	
Picante Sauce-Medium	
Picante Sauce-Mild	

HALAAL	*HARAAM*
Salsa Sauce-Hot	
Salsa Sauce-Medium	
Salsa Sauce-Mild	
Barbeque Sauce	
Seafood Cocktail Sauce	
Strawberry Varigate Sauce	
Taco Sauce-Hot	
Taco Sauce-Medium	
Taco Sauce-Mild	
Tartar Sauce	

Chatsworth

Barbeque Sauce	
Buttermilk Sauce	
French Fry Sauce	
Seafood Sauce	
Sweet -N- Sour Sauce	
Tartar Sauce	

Mrs. Adler's

Hoison Sauce	
Lite Soy Sauce	
Low Sodium Tomato Sauce	
Mushroom Cooking Sauce	
No Salt Added Cooking Sauce	
Regular Cooking Sauce	
Soy Sauce	
Tamari Sauce	
Teriyaki Sauce	

A-1

Bold Steak Sauce	
Steak Sauce	
Thick And Hearty Steak Sauce	

HALAAL	*HARAAM*
Heinz	
Cajun Style Barbecue Sauce	Dijon Mustard Made with White Wine
Chunky Style Barbecue Sauce	
Hawaiian Style Barbecue Sauce	
Hickory Smoke Barbecue Sauce	
Hickory Smoke 57 Sauce	
Marinara Sauce with Olive Oil	
Mesquite Smoke Barbecue Sauce	
Mushroom Barbecue Sauce	
Old Fashioned Barbecue Sauce	
Original Recipe Barbecue Sauce	
Premium Pizza Sauce	
Premium Spaghetti Sauce	
Red Lobster Cocktail Sauce	
Seafood Cocktail Sauce	
Select Hickory Barbecue Sauce	
Select Regular Barbecue Sauce	
Texas Style Hot Barbecue Sauce	
Traditional Steak Sauce	
Chelton House	
Chicken Glaze	
Chicken Wing Sauce	
Dill Sauce	
Raisin Sauce	
Seafood Cocktail Sauce	
Spare Rib Sauce	
Sweet 'N Sour Sauce	
Sweet 'N Pungent Duck Sauce	
Tartar Sauce	
Elwood	
Dietetic Barbecue Sauce	
Dietetic Cranberry Sauce	
Dietetic Seafood Cocktail Sauce	

HALAAL	*HARAAM*
Dietetic Worcestershire Sauce	
Tartar Sauce	

Oxford

Barbecue Sauce	
Steak Marinade	
Tartar Sauce	
Teriaki Marinade	

Village Saucerie

Garden Herb Sauce	
Savory Garlic Herb Sauce	
Southwestern Sauce	
Sweet And Sour Sauce	

Crystal

Barbecue Sauce	
Hot Sauce	
Soy Sauce	
Steak Sauce	
Wing Sauce	
Worcestershire Sauce	

Curley's

Hickory Barbecue Sauce	
Honey Dijon Barbecue Sauce	
Hot And Spicy Barbecue Sauce	
Mesquite Barbecue Sauce	
Smoky Barbecue Sauce	

San Benito

Chili Sauce	
Italian Sauce	
Seafood Cocktail Sauce	
Seafood Cocktail Horseradish Sauce	

HALAAL	*HARAAM*
Spaghetti Sauce-Fancy	
Spaghetti Sauce-Italian	
Spaghetti Sauce-Marinara	
Barilla	
Maunara Sauce	
Sweet Pepper and Garlic Sauce	
Tomato and Basil Sauce	

NOODLES AND PASTA

Barilla	
Gemelli	
Rigatoni	
Tortiglioni	
Vitelli	
Elbow Macaroni	
Elbow Tricolor	
Fetuccine	
Lasagna	
Linguine	
Orzo	
Pastina	
Penne Lisce	
Penne Rigati	
Rigatoni	
Rotini	
Rotini Tricolor	
Shells	
Shells Tricolor	
Spaghetti	

HALAAL	*HARAAM*
Spaghettini	
Tubetting	
Vermicelli	
Ziti	
Pasta Sanita	
Angel Hair	
Ditalini	
Elbow Macaroni	
Extra Wide Egg Noodles	
Fettuccine	
Linguine	
Medium Egg Noodles	
Medium Shells	
Penne	
Penne Rigate	
Rigatoni	
Rotini	
Rotini Primavera	
Spaghetti	
Thin Spaghetti	
Vermecelli	
Wide Egg Noodles	
Ziti	
Lilla	
Capelli D'Angelo	
Capelini	
Cut Ziti	
Ditali	
Elbows	
Farfalle	
Fettuccine	
Fusilli	
Fusilli Tricolore	

HALAAL	*HARAAM*
Gnocchi	
Linguine	
Macaroni	
Penne Rigate	
Perciatelli	
Rigatoni	
Shells	
Spaghetti	
Spaghettini	
Wheels	

Italpasta

Alphabets	
Baby Shells	
Bucatini	
Capellini	
Ditali	
Egg Fettuccine	
Egg Noodles-Broad	
Egg Noodles-Extra Broad	
Egg Noodles-Fine	
Egg Noodles-Medium	
Elbows	
Fettuccine	
Fusilli	
Gnocchi	
Jumbo Shells	
Large Shells	
Lasagne	
Lasagne Oven Ready	
Lasagnette	
Linguine	
Linguine Fine	
Macaroncelli	
Malfalda	

HALAAL	*HARAAM*
Manicotti	
Mezzani Cut	
Mezzi Rigatoni	
Orzo	
Penne Lisce	
Pennine Lisce	
Pennine Rigate	
Plain Noodles-Broad	
Plain Noodles-Extra Broad	
Plain Noodles-Fine	

Mueller's

Angel Hair	
Cut Fideo	
Dinosaurs	
Dumplings	
Egg Noodles Fine	
Elbows	
Fettucini	
Linguine	
Macaroni	
Ready Cut	
Ridged Elbows	
Ridged Mostaccioli	
Ridged Ziti	
Rigatoni	
Rock Concert	
Ruffles	
Sea Shells	
Spaghetti	
Super Shapes	
Teddy Bears	
Thin Spaghetti	
Twists	
Vermicelli	

HALAAL	*HARAAM*
X-Thin Spaghetti	
Ziti	
Creamette	
Capellini	
Ditalini	
Egg Fettucine	
Egg Noodles	
Elbow Macaroni	
Mafalda	
Mostaccioli	
Mostaccioli Rigati	
Noodles	
Pasta Nuggets	
Pastina	
Raditore	
Rigatoni	
Rings	
Rosmarina	
Rotelle	
Rotini	
Shells	
Spaghetti	
Vermicelli	
Wheels	
Ziti	
Ziti Rigati	
Don Peppe	
Anellini	
Bite Size Rigatoni	
Bucatini	
Cannelloni	
Canneroni	
Cannolicchi Rigati	

HALAAL	*HARAAM*
Capellini	
Cavatappi	
Conchiglioni	
Corallini	
Cut Ziti	
Cut Ziti Mezzani	
Ditali	
Ditali Rigati	
Ditalini	
Ditalini Rigate	
Ditaloni	
Elbows	
Eliche	
Farfalle	
Farfalle Tricolori	
Farfalline	
Fettuccine	
Fusillata Casareccia	
Fusilli	
Gemelli	
Gnocchi	
Gnocchi Sardi	
Gramigna	
Lasagna	
Linguine	
Lumachine	
Macaroni	
Maniche	
Mefaldine	
Mezze Maniche	
Millerighi	
Orecchiette	
Orzo	
Pasta Mista	
Penne Lisce	

HALAAL	*HARAAM*
Penne Mezzane Lisce	
Penne Rigate	
Pennette	
Pipe Rigati	
Rigatoni	
Sedani Rigati	
Sedanini Rigati	
Spaghetti	
Spaghetti Cut	
Spaghettini	
Stelline	
Tagliatelle	
Tortiglioni	
Tubetti	
Vermicelli	

Pasta Labella

Capelli D'Angelo	
Egg Noodles Medium	
Egg Noodles Wide	
Elbow Macaroni	
Farfalle	
Fettuccine	
Fettuccine Tomato Basil	
Fettuccine Spinach	
Fusilli Grandi	
Fusilli Medi/Rotini	
Linguine	
Linguine Chili Pepper	
Linguine Lemon Pepper	
Spaghetti	
Spaghettini	
Stars	
Ziti Cut	

HALAAL	*HARAAM*
Globe	
Capellini	
Ditalini	
Fettuccine	
Fideos	
Juniorettes	
Lasagna	
Linguine	
Macaroni	
Mafalda	
Mostaccioli	
Mostaccioli Rigati	
Noodles	
Pasta Nuggets	
Pastina	
Raditore	
Rigatoni	
Rosmarina	
Rotelle	
Rotini	
Shells	
Spaghetti	
Vermicelli	
Wheels	
Ziti	
Weiss	
Egg Noodle Products	
Fusilli	
Macaroni	
Margarita	
Perciatelli	
Spaghetti	

HALAAL	*HARAAM*
Hodgson Mill	
Egg Fettuccine	
Egg Fettuccine W/Pesto	
Egg Linguine	
Egg Spaghetti	
Marco Polo	
Egg Noodles	
Fusilli	
Macaroni	
Soup Cuts	
Spaghetti	
Stuffing Shells	
Greenfield	
Broad Noodles	
Egg Barley	
Egg Flakes	
Extra Wide Noodles	
Fine Noodles	
Halushka	
Kluski	
Medium Noodles	
Roiled Pasta	
Spinach Fettuccine	
X-Fine Noodles	
De Boles	
Angel Hair-Artichoke	
Angel Hair-Whole Wheat	
Elbows-Artichoke	
Elbows-Corn	
Elbows-Whole Wheat	
Fettuccine-Artichoke	

HALAAL	*HARAAM*
Fettuccine-Spinach	
Fettuccine-Tomato And Basil	
Lasagna-Artichoke	
Linguine-Artichoke	
Noodles-Artichoke	
Noodles-Garlic And Parsley Penne	
Spaghetti-Artichoke	
Spaghetti-Corn	
Spaghetti-Garlic And Parsley	
Spaghetti-Spinach	
Spaghetti-Tomato And Basil	
Spaghetti-Whole Wheat	

Vimco

Acini De Pepe	
Capellini	
Ditalini	
Fettuccine	
Fideos	
Juniorettes	
Lasagna	
Linguine	
Macaroni	
Mafalda	
Mostaccioli	
Noodles	
Pasta Nuggets	
Pastina	
Raditore	
Rigatoni	
Rings	
Rosmarina	
Rotelle	
Rotini	
Shells	

HALAAL	*HARAAM*
Spaghetti	
Vermicelli	
Wheels	
Ziti	
Ziti Rigati	

NUTS AND SEEDS

Dole
Almonds-Blanched Diced
Almonds-Blanched Sliced
Almonds-Blanched Whole
Almonds-Blanched Dry Roasted
Almonds-Blanched Oil Roasted
Almonds-Dry Roasted Diced
Almonds-Dry Roasted Whole
Almonds-Blanched Slivered
Almonds-Natural Chopped
Almonds-Natural Cube Cut
Almonds-Natural Diced
Almonds-Natural Meal
Almonds-Natural Sliced
Almonds-Natural Slivered
Almonds-Natural Split
Almonds-Natural Whole
Almonds-Oil Roasted Diced
Almonds-Oil Roasted Salted
Almonds-Oil Roasted Whole
Almonds-Peerless In Shell
Almonds-Smoked
Pistachios-Dry Roasted (In Shell)

HALAAL	*HARAAM*
Pistachios-Natural	
Pistachios-Oil Roasted Diced	
Pistachios-Raw	
Pistachios-Red	

Kroger

Almonds	
Black Walnuts	
Blanched Slivered Almonds	
Cashew Halves	
Honey Roasted Cashews	
Honey Roasted Peanuts	
Mixed Nuts	
Nut Topping	
Peanuts	
Pecan Chips	
Pecan Halves	
Pecan Peices	
Red Pistachios	
Sliced Almonds	
Spanish Peanuts	
Sunflower Seeds	
Walnuts	

House Of Bazzini

Almonds	
Apricots Suprise	
Cashew Glace	
Cashew Imperial	
Cashews Raw	
Cashews Roasted and Salted	
Cashews Roasted and Unsalted	
Cinnamon Almonds	
Country Style	

HALAAL	*HARAAM*
Honey Nut And Seed Crunch	
Honey Roasted Cashews	
Honey Roasted Peanuts	
Mixed Raw Nuts	
Original Toasted Peanuts	
Peanuts Roasted and Salted	
Peanuts Roasted and Unsalted	
Pecan Supreme	
Pistachios Natural	
Pistachios Red	
Raisin Nut Party Mix	
Raisins and Cashews	
Rum Cashew	
Sunflower Seeds Raw	

Americana Dry Roast

Almonds	
Cashews	
Mixed Nuts	
Natural Pistachios	
No Salt Cashews	
No Salt Mixed Nuts	
No Salt Peanuts	
No Salt Pecans	
No Salt Sunflower	
Peanuts	
Pecans	
Red Pistachios	
Sunflower Seeds	

Star Snacks

Roasted Almonds	
Roasted Cashews	
Roasted Filberts	
Roasted Macadamia Nuts	

HALAAL	*HARAAM*
Roasted Peanuts	
Roasted Sunflower Seeds	
Spicy Hot Peanuts	
Spicy Mild Peanuts	

Fisher Nut

Cashew Halves	
Honey Roasted Cashews	
Cashews Whole	
Mixed Nut Deluxe	
Mixed Nuts Regular	
Mixed Nuts Regular Lightly Salted	
Honey Roasted Peanuts	
Party Peanuts	
Peanuts Salted In The Shell	

Planters

Cashews Oil Roasted	
Cashews Almonds Macadamias Oil Roasted	
Cocktail Peanuts Oil Roasted	
English Walnut Peices	
English Walnuts	
Fancy Cashews Oil Roasted	
Honey Roasted Almonds Oil Roasted	
Honey Roasted Cashews Oil Roasted	
Honey Roasted Mixed Nuts Oil Roasted	
Honey Roasted Pecans Oil Roasted	
Lightly Salted Mixed Nuts Oil Roasted	
Pecan Chips	

HALAAL	*HARAAM*
Pecan Halves	
Pecan Peices	
Raw Spanish Peanuts	
Red Pistachios	
Redskin Spanish Peanuts Oil Peanuts	
Redskin Spanish Peanuts Oil R Roasted	
Regular Mixed Nuts Oil Roasted	
Salted Peanuts Oil Roasted	
Salted Sunflower Kernels Oil Roasted	
Sesame Nut Mix	
Slivered Almonds	
Sunflower Kernels Oil Roasted	
Unblanched Almonds	

Marlow

Almonds Whole Sliced and Slivered	
Athletic Mix	
California Mix	
Honey Roasted Cashews	
Honey Roasted Peanuts	
Peanuts Unsalted	
Peanuts Salted and in shell	
Pecans	
Pistachios Natural, Red and Salted	

Evon's

Almond-Dry Roasted Salted	
Almonds-Blanched	
Almonds-Dry Roasted	
Almonds-Hickory Smoked	

HALAAL	*HARAAM*
Almonds-Honey Roasted	
Almonds-Oil Roasted Salted	
Almonds-Oil Roasted	
Almonds-Whole Natural	
Brazils-Natural	
Brazils-Oil Roasted Salted	
Brazils-Oil Roasted	
Cashews-Dry Roasted	
Cashews-Dry Roasted Salted	
Cashews-Honey Roasted	
Cashews-Natural	
Cashews-Oil Roasted	
Cashews-Oil Roasted Salted	
Deluxe Mix Nuts-Dry Roasted	
Party Mixed Nuts-Oil Roasted	
Party Mixed Nuts- Oil Roasted Salted	
Peanut Cashew Mix-Honey Roasted	
Peanuts-Blanched	
Peanuts-Dry Roasted	
Peanuts-Honey Roasted	
Peanuts-Natural	
Pistachios-Natural	
Pistachios-Oil Roasted	
Pistachios-Oil Roasted Salted	
Pistachios Red Dyed	
Sunflower Seeds-Dry Roasted Salted	
Sunflower Seeds-Dry Roasted	
Sunflower Seeds-Natural	
Sunflower Seeds-Oil Roasted Salted	
Sunflower Seeds-Oil Roasted	
Walnuts-Natural	

HALAAL	*HARAAM*
	River Queen
Cajun Peanuts	
Cashews	
Chopped Walnuts	
Natural Pistachios	
No Salt Cashews	
Red Pistachios	
Spanish Peanuts	

OIL AND SHORTENING

	Argo
Soybean Oil	
	Mazola
Vegetable Oil	
	Duke's
Canola Oil	
Corn Oil	
Peanut Oil	
Vegetable Oil	
	Planters
Peanut Oil	
Popcorn Oil	

HALAAL	*HARAAM*
Generic	
Avocado Oil	
Cottonseed Oil	
Jojoba Oil	
Canola Oil	
Oleic Safflower Oil	
Olive Oil	
Safflower Oil	
Sunflower Oil	
Algood	
Peanut Oil	
Sunola	
Canola Oil	
Corn Oil	
Olive Oil	
Peanut Oil	
Safflower Oil	
Soybean Oil	
Sunflower Oil	
Vegetable Oil	
Crisco	
Canola Corn Oil	
Natural Blend Vegetable Oil	
Puritan Oil	
Oasis	
Canola Oil	
Corn Oil	
Cottenseed Oil	
Peanut Oil	
Soybean Oil	

HALAAL	*HARAAM*
Rodo	
Canola Oil	
Corn Oil	
Cottenseed Oil	
Peanut Oil	
Soybean Oil	
Magic	
Canola Oil	
Coconut Oil	
Cooking Oil	
Corn Oil	
Cottenseed Oil	
Peanut Oil	
Roasted Sesame Oil	
Salad Oil	
Shortening Oil	
Soybean Oil	
Ribolzi	
Extra Virgin Olive Oil	
Infused Olive Oil	
Olive Pomace Oil	
Pure Olive Oil	
Vegola	
Canola Oil	
Corn Oil	
Cottenseed Oil	
Peanut Oil	
Sunflower Oil	
Vegetable Oil	

HALAAL	*HARAAM*
Lou Ana	
Buttery Oil	
Canola Oil	
Coconut Oil	
Corn Oil	
Cottenseed Oil	
Peanut Oil	
Soybean Oil	
International	
Corn Oil	
Cottenseed Oil	
Economy Clear Fry	
Peanut Oil	
Soybean Oil	
Italia	
Olive Oil	
Heavenly Chef	
Canola Fry Oil	
Canola Salad Oil	
Cottenseed Salad Oil	
Pure Corn Oil	
Kraft	
Corn Oil	
Peanut Oil	
Sunflower Oil	
Mello Gold	
Salad Oil	

HALAAL	*HARAAM*
Sorrento	
Pure Olive Oil	
Pope	
Olive Oil	
Colavita	
Extra Virgin Olive Oil	

PANCAKES AND WAFFLES

Aunt Jemima
Blueberry Pancake Batter Frozen
Blueberry Pancakes Frozen
Blueberry Waffles Frozen
Buttermilk Pancake Batter Frozen
Buttermilk Pancakes Frozen
Buttermilk Waffles Frozen
Cinnamon French Toast
Complete Pancake and Waffle Mix Buttermilk
Complete Pancake and Waffle Mix Regular
Lite Buttermilk Complete Pancake Mix
Low Fat Pancakes
Low Fat Waffles
Original French Toast
Original Pancake Batter Frozen

HALAAL	*HARAAM*
Original Pancakes Frozen	
Original Waffles Frozen	
Pancake and Waffle Mix Buttermilk	
Pancake and Waffle Mix Whole Wheat	

Betty Crocker

Complete Buttermilk Pancake Mix	
Complete Original Style Pancake Mix	

Hodgson Mill

Buckwheat Pancake and Waffle Mix	
Buckwheat Stone Ground Pancake Mix	
WW Buttermilk Pancake	

Pillsbury

Microwave Buttermilk Pancakes	
Microwave Blueberry Pancakes	
Microwave Original Pancakes	

Washington

Buttermilk Pancake Mix	
Complete Pancake Mix	
Gingerbread Pancake Mix	

Hungry Jack

Buttermilk Complete Pancake	
Buttermilk Pancakes	
Extra Light Complete Pancakes	

HALAAL	*HARAAM*
Extra Light Pancake	
Microwave Blueberry Pancakes	
Microwave Buttermilk Pancakes	
Microwave Original Pancakes	
Pet	
Pancakes Blueberry	
Pancakes Buttermilk	
Waffles Blueberry	
Waffles Buttermilk	
Waffles Frozen	
Waffles Hot and Buttery	
Waffles Jumbo	
Waffles Roman Meal	
Waffles Round	
Hansmann's	
Apple Pancake Mix	
Belguim Waffle Mix	
Blueberry Pancake Mix	
Buckwheat Pancake Mix	
Buttermilk Pancake Mix	
Corn Pancake Mix	
Oatmeal/Oatbran Pancake Mix	
Original Pancake Mix	
Whole Wheat Pancake Mix	
Gold Medal	
Blueberry Muffin Mix	
Buttermilk Pancake Mix	
Tami	
Breakfast Pancakes	

HALAAL	*HARAAM*
Kansas Sun	
Pancake Mix	
Golden	
Mexican Potato Pancake	
Manischewitz	
Potato Pancake Mix	
Downyflake	
Waffles	

PEANUT BUTTER

Planters	
Creamy Peanut Butter	
Crunchy Peanut Butter	
Big Chief	
Peanut Butter	
Sunland	
Honey Sweetened Creamy Peanut Butter	
Honey Sweetened Crunchy Peanut Butter	
Old Fashioned Valencia Crunchy Peanut Butter	
Old Fashioned Valencia Creamy Peanut Butter	

HALAAL	*HARAAM*
100% Pure Peanut Butter	
Evon's	
Creamy Peanut Butter	
Crunchy Peanut Butter	
Elwood	
Peanut Butter	
Houston's	
Crunchy Peanut Butter	
Peanut Butter	
Peanut Kids	
Peanut Butter	
Tara Food	
Peanut Butter	
Reese's	
Peanut Butter	
Crunchy Peanut Butter	
Simply Jif	
Creamy Peanut Butter	
Extra Crunchy Peanut Butter	
Universal	
Peanut Butter	
Peanut Paste	
Red Wing	
Crunchy Peanut Butter	
Crunchy Peanut Butter Spread	

HALAAL	*HARAAM*
Natural Crunchy Peanut Butter	
Natural Smooth Peanut Butter	
No Salt Added Peanut Butter	
Smooth Peanut Butter	
Smooth Peanut Butter Spread	

Kid's Choice

Peanut Butter	

PIE FILLING AND TOPPINGS

Musselman's

Apple Pie Filling	Mince Meat Pie Filling
Apricot Pie Filling	
Blackberry Pie Filling	
Blueberry Pie Filling	
Cherry Pie Filling	
Cherries Jubilee Pie Filling	
Dark Sweet Cherry Pie Filling	
Lemon Pie Filling	
Peach Pie Filling	
Pineapple Pie Filling	
Raisin Pie Filling	
Strawberry Pie Filling	
Strawberry Rhubarb Pie Filling	

Enzopac

Lemon Pie Filling Mix	

HALAAL	*HARAAM*
Lucks	
Poppy Filling	
Kosto	
Banana Cooked Pudding/Pie Filling	
Butterscotch Cooked Pudding/Pie Filling	
Choc. Cooked Pudding/Pie Filling	
Vanilla Cooked Pudding/Pie Filling	
Fleetwood Snacks	
Apple Filling	
Libby's	
Pumpkin Pie Mix	
Pies Incorporated	
Apple Cobbler Filling	
Blueberry Cobbler Filling	
Cherry Cobbler Filling	
Peach Cobbler Filling	
Presto	
Dairy Recipe Whipped Topping	
Non Dairy Pre Whipped Topping	
Heisler's	
Butter Creme	
12" Layer One Filling	

HALAAL	*HARAAM*
Rich's	
Chocolate On Top Non Dairy Dessert Topping	
Non Dairy Dessert Topping	
Pre Whip Topping	
Richwhip Topping (Aerosol)	
Richwhip Topping (Liquid)	
Sugar Free On Top Non Dairy Dessert Topping	
Toplife Non Dairy Dessert Topping	
Pre Whip Lite Topping	
Pre Whipped Topping	
Whipped Topping	
Evon's	
Nut Topping Fancy	
Nut Topping Praline Crunchy	
Nut Topping Salted	
Golden Kernel	
Deluxe Nut Topping	
Standard Nut Topping	
World's Finest	
Fudge Topping	
Lincoln	
	Mince Meat Pie Filling
Spear Farm	
	Mince Meat Pie Filling

HALAAL *HARAAM*

POTATO CHIP, POPCORN & PRETZEL

Lay's

Salt and Vinegar Chips
BBQ Chips
Sour Cream and Onion Chips

Pizza Artificially Flavord Potato Chips

Ruffles

French Onion Chips
Ranch Chips
Mesquite BBQ Chips

Chee-tos

Curls Crunchy

Fritos

Corn Chips

Rold Gold

Bavarian Pretzels
Pretzel Chips
Pretzel Rods
Pretzel Sticks
Pretzel Thins
Pretzel Twists
Sourdough Pretzels

John Boyd

Barbecue Potato Chips
Ketchup Potato Chips
No Salt Potato Chips

HALAAL	*HARAAM*
Onion And Garlic Potato Chips	
Ranch Style Potato Chips	
Regular Potato Chips	
Ripple Potato Chips	
Salt And Vinegar Potato Chips	

Herr's

Barbecue Corn Chips	Nacho Curls
Barbecue Potato Chips	Nacho Cheese Tortilla Chips
Cheese Curls	
Cheese Popcorn	
Circle H Mini Pretzels	
Classic Pretzels	
Extra Thin Pretzels	
Hard Pretzels	
Honey Mustard And Onion Pretzel Peices	
Light Popcorn	
Nacho Cheese Tortilla Chips	
No Salt Extra Thin Pretzels	
No Salt Potato Chips	
Old Bay Potato Chips	
Pennsylvania Dutch Chips	
Potato Chips	
Pretzel Rods	
Pretzel Stix	
Red Hot Potato Chips	
Regular Corn Chips	
Regular Popcorn	
Regular Potato Chips	
Restaurant Style Tortilla Chips	

Pantry

Yellow Popcorn	
White Popcorn	

HALAAL	*HARAAM*
Quinlan	
Pretzel Logs	
Pretzel Minis	
Pretzel Minis-Unsalted	
Pretzel Nuggets	
Pretzel Rods	
Pretzel Sticks	
Pretzel Thins	
Pretzel Treats	
Beer Pretzels	
Party Thins Pretzels	
Tiny Pretzel Thins	
Tiny Pretzel Thins Unsalted	
Ultra Pretzel Thins-No Fat	
Corn Appetit	
Assorted Popcorn	
Butter 'N Cinnamon Popcorn	
Caramel Nut Popcorn	
Chocolate Nut Popcorn	
Coconut Vanilla Popcorn	
Peanut Butter 'N Chocolate Popcorn	
Peanut Butter Nut Popcorn	
Casa Fiesta	
Chili Chips	
Flour Tortillas	
Plain Chips	
Plain Triangle Chips	
White Corn Tortillas	
Yellow Corn Tortillas	

HALAAL	*HARAAM*
So Good	
Barbeque Potato Chips	
Regular Potato Chips	
Rippled Potato Chips	
Sour Cream Potato Chips	
Sour Cream And Onion Potato Chips	
Guys	
Barbecue Potato Chips	
Corn Chips	
Crazy Calyso Potato Chips	
Green Onion Potato Chips	
Onion Rings	
Potato Chips	
Pretzel Sticks	
Tortilla Chips	
USA Proud	
Barbecue Corn Chips	
Butter Flavored Popcorn	
Caramel Popcorn	
Corn Chips	
Hot 'N Spicy Flavored Corn Chips	
Jalapeno Flavored Tortilla Chips	
Onion Flavored Rings	
Plain Corn Chips	
Popcorn (Unpopped)	
Popped Popcorn Plain	
Video Munchies	
Butter 'N Cinnamon Popcorn	
Caramel Nut Popcorn	
Chocolate Nut Popcorn	
Peanut Butter Nut Popcorn	

HALAAL	*HARAAM*
Benzels	
Mini Pretzels	
Pretzel Nuggets	
Pretzel O's	
Pretzel Rods	
Pretzel Thins	
Pretzel Tiny Thins	
Pretzeks Stix	
Wachusett	
Barbecue Chips	
Chips No Salt Added	
Ketchup Flavored Chips	
Onion Garlic Chips	
Potato Chips	
Ranch Ripples	
Ripple Chips	
Salt And Vinegar Chips	
Weaver	
Microwave Popcorn	
Cape Cod	
Barbecue Mesquite Potato Chips	
Multi-Grain Pretzels	
No Salt Potato Chips	
Regular Potato Chips	
Sea Salt And Vinegar Potato Chips	
Select Potato Chips	
Hometown	
Mesquite Barbeque Potato Chips	
Barbecue Potato Chips	

HALAAL	*HARAAM*
Jalapeno Potato Chips	
No Salt Potato Chips	
Original Potato Chips	
Salt And Vinegar Potato Chips	
Regular Potato Chips	
Wave Cut Potato Chips	

Mallory's Finest

Buttery Popcorn	
Caramel Corn	
Fat Free Caramel Corn	

Martin's

Bar-B-Q Waffle Potato Chips	
Butter Flavored Popcorn	
Dippin' Potato Chips	
Regular Potato Chips	
Rippled Potato Chips	
Sour Cream And Onion Potato Chips	

Krunchers

Barbecue Mesquite Potato Chips	
Jalapeno Potato Chips	
Mesquite Potato Chips	
Potato Chips	
Regular Potato Chips	
Salt And Vinegar Potato Chips	

Keystone

Juniors Pretzel	
No Salt Dutch Pretzel	
No Salt Juniors	
No Salt Oatzels	

HALAAL	*HARAAM*
Oatzels	
Pretzel Nuggets	
Pretzel Sticks	
Pretzel Thins	
Baked Lay's	
KC Masterpiece BBQ Potato Crisps	
Dorito	
Pizza Cravers Flavored Tortilla Chips	
Frito-Lay	
Bacon Cheddar Sandwich Crackers	

Important Correction
Three products listed under Baked Lay's, Dorito and Frito-Lay are **HARAAM.**

POTATO PRODUCTS

McCain
Battered Crosstrax
Battered Supercrisps
Battered Superspiral French Fried Potatoes
Battered Waffle Cut
Battered Wedges
Crinkle Cuts
Cross Trax
French Fried Potatoes Shoestring
Hash Browns
Mini Latkes

HALAAL	*HARAAM*
Plain Crosstrax Peeled	
Plain Superspirals	
Plain Wedges with Skin-On	
Shoestrings	
Steak Fries	
Taters Plain	
Ultimate Fries	
Wedges Cut Natural	

Libby's

Sliced Potatoes	
Whole White Potatoes	
Whole Potatoes	

Northern Star

Country Mashed Potatoes	
Country Style Potatoes	
Diced Potatoes	
Hash Browns	
Mashed Potatoes	
Seasoned Mashed Potatoes	
Sliced Potatoes	

Cavendish

Crinkle Cut French Fried Potatoes	
Hash Brown Patties	
Hash Browns	
Home Fries	
Natural Cut French Fried Potatoes	
Nuggets	
Nuggets with Onion	
Pine Cut French Fried Potatoes	
Regular Cut French Fried Potatoes	

HALAAL	*HARAAM*
Season Fries	
Shoestring French Fried Potatoes	
Steak Cut French Fried Potatoes	
Wedges	

Idaho Pacific

Complete Instant Mashed Potatoes	
Complete Potato Flakes Seasoned	
Diced Potatoes	
Hashbrown Potatoes	
Potato Flakes	
Potato Slices	
Regular Instant Mashed Potatoes	

Carmel

Potato Kugel Mix	
Potato Pancake Mix	

Quality Farms

Diced Refrigerated Potato	
Mashed Refrigerated Potato	
Shredded Refrigerated Potato	
Sliced Refrigerated Potato	
Straight Cut Refrigerated Potato	

Magic Valley

Dehydrated Potato Flakes	
Instant Mashed Potatoes	
Mashed Potatoes	

Country Morning

Diced Potatoes	
Hash Browns	
Sliced Potatoes	

HALAAL	*HARAAM*

RICE

Rice-Select

Jasmati Rice
Resotto Rice
Texmati Rice
Texmati Brown Rice

Iberia

Long Grain Rice

La Cena

Long Grain Rice

Vitarroz

Long Grain Rice

Parbailed

Long Grain Rice

Carolina

Brown Long Grain Rice
Extra Long Grain Rice
Classic Pilaf
Instant Preecooked White Rice
Saffron Yellow Rice Mix

Black Bean and Rice Mix
Red Bean and Rice Mix

Success

Long Grain and Wild Rice Mix
Precooked Brown Rice

Brown and Wild Rice Mix
Beef Rice Mix

HALAAL	*HARAAM*
Precooked White Rice	Broccoli and Cheese Rice Mix
Pilaf Rice Mix	Classic Chicken Rice Mix

Mahatma

- Black Bean and Rice Mix
- Broccoli and Cheese Rice Mix
- Chicken Flavored Rice Mix
- Classic Pilaf Rice Mix
- Jambalaya Rice Mix
- Red Bean and Rice Mix

Lipton

- Cheddar Broccoli Rice and Sauce
- Chicken Flavor Rice and Sauce

SALT AND SALT SUBSTITUTES

Morton

- Canning And Pickling Salt
- Coarse Kosher Salt
- Culinox 999Food Grade Salt
- Extra Fine 200 Salt
- Extra Fine 325 Salt
- Iodized Light Salt
- Iodized Salt
- Garlic Salt
- H.G. Blending Prepared Salt
- Lite Pretzel Salt Mixture

HALAAL	*HARAAM*
Lite Salt Mixture	
Natures Seasons Seasoning Blend	
Plain Salt	
Popcorn Salt	
Reagent Grade Sodium Chloride	
Seasoned Salt	
Salt Substitute	
Table Salt	
Tender Quick	
Top Flake Coarse Salt	
Top Flake Fine Salt	
Top Flake Topping Salt	
Usp Sodium Chloride	
Vacuum Granulated Salt	
White Crystal Solar Salt Coarse	
White Crystal Solar Salt	
Windsor Table Salt	

Diamond Crystal

Salt "A" Southern Pack Table Plain	
Salt "A" Southern Pack Table Iodized	
Salt "A" Table Plain	
Salt Buttered Flavored Popcorn Salt	
Salt Canning And Pickling	
Iodized Table Salt	
Salt Popcorn	
Salt Sense Iodized	
Salt Sense Plain	
Salt Table	

HALAAL	*HARAAM*
Salt Twin	
Sodium Free Salt Substitute	
Papa Dash	
Papa Dash Lite Lite Salt Substitute	
Salt Lovers Blend	
No Salt	
Salt Alternative	
Salt Alternative Seasoned	
North American	
Canning And Pickling Salt	
Granulated Coarse Salt	
Granulated Flour Salt	
Granulated Food Grade Salt Treated	
Granulated Iodized Salt	
Ice Cream And Thawing Salt	
Special Purity Food Grade Salt Untreated	
Special Purity Treated Salt	
Special Purity Untreated Salt	
Serv	
Salt Substitute	
Nu Salt	
Salt Substitute	
Colonial	
Salt Iodized	
Salt Plain	

HALAAL *HARAAM*

SHAMPOO AND CONDITIONER

Clairol

Herbel Essences Shampoo
Herbel Essences Conditioner

White Rain

Shampoo plus Conditioning
Extra Body Shampoo
Salon Formula Shampoo
Regular Shampoo
Classic Care Shampoo

Nature's Gate

All Shampoos and Conditioners

Mill Creek

Aloe Shampoo
Henna Shampoo
Keratin Shampoo
Natural Dandruff Control Shampoo
2N1 for Kids

HLS

Energizer Shampoo
Jojoba and Aloe Conditioner
Shampo with Jojoba

HALAAL	*HARAAM*

SOAPS

Cashmere Bouquet

Mild Beauty Soap

Nature Plus

Aloe Soap
Vitamine E Soap

Reviva

Seaweed Soap

Nature's Gate

Antiseptic Liquid Soap
Deep Cleansing Liquid Soap
Moisturizing Liquid Soap

Hypo Allergenic

Pure and Natural Soap

Oil of Olay

Pink Bar Soap
White Bar Soap

Soft Soap

Moisturizing Liquid

HALAAL *HARAAM*

SOFT DRINKS AND WATER

C & C

Black Cherry Soda
Caffeine Free Soda
Cherry Cola Soda
Club Soda
Cola
Cream Soda
Diet Cola
Diet Ginger Ale
Fruit Punch Soda
Ginger Ale
Grape Soda
Iced Tea
Lemonade
Lemon Seltzer
Lemonup Soda
Orange Seltzer
Orange Soda
Pina Colada Soda
Pineapple Soda
Quinine
Raspberry Seltzer
Root Beer Soda
Seltzer
Strawberry Soda
Tropic Punch

British American

Black Cherry Soda
Cherry Cola

HALAAL	*HARAAM*
Club Soda	
Cola Soda	
Cream Soda	
Ginger Ale	
Lemon Lime Seltzer	
Lemon Soda	
Lemonup Soda	
Orange Soda	
Root Beer	
Seltzer Tonic	

Cornell Beverages

Black Cherry	
Black Raspberry	
Burgundy Soda	
Celery Soda	
Club Soda	
Cola	
Cream Soda	
Diet Black Cherry	
Diet Cola	
Diet Ginger Soda	
Diet Lemon Soda	
Diet Orange	
Diet Rootbeer	
Diet Vanilla Soda	
Half And Half Soda	
Lemon/Lime Soda	
Orange Soda	
Pineapple Soda	
Plain Ole' Seltzer	
Punchy Soda	

HALAAL	*HARAAM*
Guida Seibert	
Fruit Drink	
Root Beer Soda	
Seltzer	
Strawberry Soda	
Vanilla Cream Soda	
America Dry	
Cola	
Diet Kola	
Ginger Ale Soda	
Lemon Soda	
Seltzer	
Seagram's	
Club Soda	
Diet Ginger Ale	
Ginger Ale	
Seltzer	
Tonic Water	
A & W	
Cream Soda	
Diet Cream Soda	
Diet Root Beer	
Root Beer	
Shasta	
Artic Sun Soda	
Black Cherry Soda	
Caffeine Free Cola	
Cherry Cola	
Club Soda	
Cola	

HALAAL	*HARAAM*
Cranberry Soda	
Creme Soda	
Diet Doc Shasta Soda	
Doc Shasta Soda	
Dr Diablo Soda	
Fruit Punch Carbonated	
Fruit Punch Non Carbonated	
Ginger Ale	
Iced Tea Non Carbonated	
Kiwi Strawberry Soda	
Lemon Lime Soda	
Lemonade Non Carbonated	
Luigi Berry	
Mario Punch	
Moon Mist	
Orange Soda	
Peach Soda	
Pineapple Orange Soda	
Princess Toadstool Cherry	
Raspberry Creme Soda	
Red Pop Soda	
Root Beer	
Strawberry Soda	
Strawberry Peach Soda	
Tonic	
Lime Flavored Water	
Yoshi Apple	

Minute Maid

Black Cherry Soda	
Diet Orange Soda	
Fruit Punch Soda	
Grape Soda	
Orange Soda	
Peach Soda	

HALAAL	*HARAAM*
Pinapple Soda	
Strawberry Soda	
RC Cola	
Diet RC Cola Caffeine Free	
Diet Rite Cola	
Diet Rite Draft Cola	
Diet Rite Golden Peach Soda	
Diet Rite Kiwi Strawberry	
Diet Rite Passion Plum	
Diet Rite Pink Grapefruit Soda	
Diet Rite Red Raspberry Soda	
Diet Rite Tangerine Soda	
Diet Rite White Grape Soda	
Kick	
RC Cola	
Cornell	
Diet Kola	
Ginger Ale Soda	
Seltzer	
Waist Watcher	
Diet Black Cherry	
Diet Cherry Cola	
Diet Chocolate Soda	
Diet Citrus Frost	
Diet Cola	
Diet Cranberry Ginger Ale	
Diet Cream	
Diet Ginger Ale	
Diet Lemon Up	
Diet Orange	
Diet Raspberry Ginger Ale	

HALAAL	*HARAAM*
Diet Root Beer	
Seltzer	

Triple

Black Cherry Soda	
Cola	
Cream Soda	
Diet Cola	
Diet Ginger Ale	
Diet Orange Soda	
Ginger Ale	
Orange Soda	
Root Beer Soda	

Natural Gourmet

All Natural Triple Berry Diet Soda	
Black Cherry Soda	
Diet Tea With Lemon	
Peach Soda	
Raspberry Soda	
RaspberryTea	
Root Beer Soda	
Tea With Lemon	
Vanilla Cream Soda	

Canada Dry

Cranberry Ginger Ale	
Cranberry Lime Sparkling Water	
Diet Cranberry Ginger Ale	
Diet Ginger Ale	
Diet Lemon Ginger Ale	
Lemon Lime Sparkling Water	
Orange Sparkling Water	
Seltzer	

HALAAL	*HARAAM*
	Sprite
Diet Lemon Lime Soda	
Lemon Lime Soda	
	Fruitopia
Lemonberry Flavored Ice Tea	
Mango Flavored Ice Tea	
Peach Flavored Iced Tea	
Raspberry Flavored Iced Tea	
	Naya
Spring Water	
	Evian
Natural Spring Water	
	Deer Park
Spring Water	
	Poland Spring
Spring Water	
	Dannon
Spring Water	
	Great Bear
Natural Spring Water	
	Perris
Sparkling Mineral Water	
	Vermont Pure
Natural Spring Water	

HALAAL	*HARAAM*

Pelligrino

Sparkling Natural Mineral Water

SOUP AND GRAVY MIX

Heinz

Condensed Cream of Asparagus
Condensed Cream of Broccoli Soup
Condensed Cream of Celery
Condensed Cream of Green Pea
Condensed Cream of Mushroom
Condensed Cream of Potato
Condensed Great Am Cream of Mushroom
Condensed Tomato Rice Soup
Condensed Tomato Soup
Condensed Vegetarian Vegetable Soup
Cream of Tomato Soup
Ready To Serve Cream of Mushroom
Ready To Serve Homestyle Lentil Soup

Veg-Con Broths

Bell Pepper Broth
Cabbage Broth
Carrot Broth

HALAAL	*HARAAM*
Celery Broth	
Mushroom Broth	
Onion Broth	
Red Bell Pepper Broth	

Kemach

Minestrone Soup Mix	
Noodle Soup Mix	
Onion Soup Mix	
Soup Nuts	
Split Pea Soup Mix	
Vegetable Soup Mix	

Konriko-Quick-Cook

Black Bean Soup	
Pasta And Bean Soup	
Red Bean Soup	
8 Bean Soup	

Layton

Cello Minestrone Soup Mix	
Cello Split Pea Soup Mix	
Cello Veg Soup Mix	

Aunt Patsy's

Better Barley Soup	Chicken Chili
Cowgirl Chili	Chicken Tjyme
Lentil Chili	
Many Bean Soup	
Navy Bean Soup	
Plentiful Pea Soup	
Red Lentil Soup	
Souper Black Bean Chili	

HALAAL	*HARAAM*
Victor	
Onion Soup Base Jar	Beef Soup Base Jar
	Chicken Soup Base Jar
Horowitz	
Lima Bean W/Barley Soup Mix	Chicken Soup with 3 Matzo Balls
Minestrone Soup Mix	Clear Chicken Soup
Pea Soup Mix	
Vegetable Soup Mix	
Soup Nuts	
Manischewitz	
Alphabet Noodle Soup Mix	Beef Broth
Bowtie Noodle Soup Mix	Beef Vegetable Soup
Canned Barley And	Canned Beef Broth
Mushroom Soup	Canned Beef Cabbage Soup
Canned Kasha Soup	Canned Chicken Broth
Canned Lentil Soup	Canned Chicken Broth
Canned Minestrone Soup	Canned Chicken Soup W/ Kreplach
Canned Tomato Soup	Canned Chicken Soup with Noodles
Canned Vegetable Beef Soup	Canned Chicken Soup with Rice
Canned Vegetarian Vegetable Soup	Canned Chicken Soup with Vegetables
Four Bean Soup Mix	Canned Chicken Soup Clear
French Onion Soup	Chicken Broth
Hearty Bean Soup Mix	
Jarred Matzo Ball Soup	
Mrs. Adler's	
Barley Lima Bean Cello Soup Mix	
Dried Mushroom Soup	
Fancy Matzo Ball Soup	
Fancy Noodle Soup	

HALAAL	*HARAAM*
Low Sugar Borscht	
Matzo Dumpling Soup	
Minestrone Cello Soup Mix	
Minestrone Ready To Serve Soup	
Mushroom Barley Ready To Serve Soup	
Pea Barley Ready To Serve Soup	
Seven Bean Ready To Serve Soup	
Split Pea Barley Cello Soup Mix	
Split Pea Cello Soup Mix	
Vegetable Ready To Serve Soup	

Meal Mart

- Soups

V.I.P

- Beef Soup Base
- Chicken Soup Base
- Low Sodium Beef Soup Mix
- Low Sodium Chicken Soup Mix

SOUR AND WHIPPED CREAM

Anderson Erickson

- Lite Sour Cream
- Non Fat Sour Cream
- Sour Cream

HALAAL	*HARAAM*
Bancroft	
Sour Cream	
Sweet Sour Cream	
Dairy Maid	
Sour Cream	
Dean	
King Sour Cream	
King Sour Lite Cream	
No Fat Sour Cream	
Broughton	
Cultured Sour Cream	
Our	
Aerosol Vegetable Whipped Cream	
Whipped Cream	
Dairy Pure	
Aerosol Whipped Cream	
Heavy Whipping Cream	
Whipped Cream	
Farmland	
Whipped Cream	
Hunter Farms	
Sour Cream	
Glen Farms	
Aerosol Whipped Cream	
Aerosol Whipped Light Cream	

HALAAL	*HARAAM*
Sour Cream Whipped Cream Friendship	
Metco	
Sour Cream	
Milnot	
Sour Cream	

SPICES AND SEASONINGS

	Corona
Anise Seed Basil Butcher Black Pepper Capers And Salt Capers And Vinegar Celery Salt Chili Powder Cinnamon Sticks Cinnamon Ground Cloves Whole Confettini Crushed Red Pepper Cumino Ground Curry Powder	

HALAAL	*HARAAM*
Fennel Seed	
Fine Black Pepper	
Garlic Minced	
Garlic Powder	
Garlic Salt	
Granulated Garlic	
Granulated Onion	
Ground Black Pepper	
Minced Onion Spice	
Mixed Chocolate Jimmies	
Nutmeg	
Oregano	
Paprika	
Parsley	
Pickling Spice	
Pignoli	
Pignoli Imported	
Rosemary Leaves	
Seasoning Salt	
Soup Greens	
Sugar Crystals	
Thyme	
White Pepper	
Whole Black Pepper	

Daregal

Frozen Basil	
Frozen Chives	
Frozen Dill Weed	
Frozen Garlic	
Frozen Marjoram	
Frozen Oregano	
Frozen Parsley	

HALAAL	*HARAAM*
Spice Classics	
Garlic Powder	
Garlic Salt	
Ground Allspice	
Ground Cumin	
Ground Ginger	
Ground Mustard	
Ground Red Pepper	
Ground Sage	
Ground White Pepper	
Hot Curry Powder	
Paprika	
Parsley Flakes	
Pickling Spice	
Rosemary Leaves	
Seasoning Salt	
Sesame Seed	
Stick Cinnamon	
Vegetable Flakes	
Whole Black Pepper	
Whole Cloves	
Swagger Foods	
Basil Leaves	
Celery Salt	
Chili Powder	
Crushed Red Pepper	
Garlic Powder	
Garlic Salt	
Ground Black Pepper	
Ground Cinnamon	
Ground Paprika	
Lemon And Pepper	
Minced Onion	
Onion Powder	

HALAAL	*HARAAM*
Onion Salt	
Party Dip Mix	
Seasoned Salt	
La Flor	
Achiote	
Achiotina	
Adobo	
Allspice	
Basil Leaves	
Bay Leaves	
Black Pepper	
Cake Sprinkles	
Cayenne Pepper	
Celery	
Chili Powder	
Cinnamon	
Cloves	
Coerlander	
Comino	
Crushed Garlic	
Crushed Red Pepper	
Garlic	
Ginger	
Manzanilla	
Maranjo	
Mejorna	
Minced Onion	
Mustard	
Nutmeg	
Onion	
Onion And Garlic	
Oregano	
Paprika	
Parsley Flakes	

HALAAL	*HARAAM*
Spice Of Life	
Cinnamon Sticks	
Cinnamon Sugar	
Cloves Whole	
Cominos (Cumin)	
Cream Of Tartar	
Cumin Ground	
Curry Powder	
Dill Seed	
Fennel Seed	
Fish Seasoning	
Garlic Minced	
Garlic Powder	
Garlic Salt	
Ginger	
Lemon Flavoring	
Mace	
Marjoram Leaves	
Oregano	
Paprika	
Parsley Flakes	
Pepper Black	
Pepper Black Gourmet	
Pepper Black Whole	
Pepper Flakes Sweet	
Pepper Red Crushed	
Pepper Red Ground	
Pepper White Ground	
Pickle Spice	
Poppy Seed	
Pot Herbs	
Pumpkin Pie Spice	
Rosemary	
Rosemary Leaves	

HALAAL	*HARAAM*
Dependable	
Basil	
Caraway Powder	
Cayenne Pepper	
Chili Powder	
Cinnamon	
Coriander	
Cumin	
Curry Powder	
Dill Seed	
Dill Weed	
Garlic Powder	
Ground Spice	
Hungarian Paprika	
Mint Leaves	
Nutmeg	
Onion Powder	
Onion Minced	
Oregano	
Parsley Flakes	
Pepper Black	
Pepper Crushed	
Pepper Red Hot	
Pepper White	
Sour Salt	
Badia	
Allspice	
Allspice Ground	
Anise Seed	
Annatto Seed	
Basil Sweet	
Bay Leaves Ground	
Celery Seed Whole	

HALAAL	*HARAAM*
Chamomile Flowers	
Cilantro	
Cinnamon Powder	
Cinnamon Sticks	
Cloves Ground	
Cloves Whole	
Cumin Seed	
Curry Powder	
Flax Seed	
Garlic Ground with Parsley	
Garlic Minced In Oil	
Garlic Powder	
Garlic Salt	
Ginger Ground	
Linden Leaves	
Marjoram	
Nutmeg Whole	
Onion Chopped	
Onion Powder	
Oregano Ground	
Oregano Whole	
Paprika	

McCormick

- Aujus Mix
- Lite Brown Gravy Mix
- Meatloaf Seasoning Mix
- Seasoning Mix
- Taco Seasoning Mix

Lawry

- Taco Seasoning

HALAAL ***HARAAM***

SYRUPS

Hershey's

Chocolate Flavored Syrup
Chocolate Malt Syrup
Lite Chocolate Syrup
Special Dark Syrup
Strawberry Syrup

Flavor Mate

Apple Italian Syrup
Blueberry Italian Syrup
Boysenberry Italian Syrup
Chocolate Mint Syrup
Cinnamon Syrup
Coconut Syrup
Creme De Menthe Syrup
Ginger Italian Syrup
Kiwi Italian Syrup
Lemon Italian Syrup
Macadamia Syrup
Mandarin Italian Syrup
Mango Italian Syrup
Raspberry Syrup

Kalva

Banana Fountain Syrup
Blueberry Syrup
Boysenberry Syrup
Butter Pecan Syrup
Chocolate Fountain Syrup

HALAAL	*HARAAM*
Grape Fountain Syrup	
Lemon Fountain Syrup	
Lemonade Fountain Syrup	
Lime Fountain Syrup	
Maple Syrup	
Orange Fountain Syrup	
Pecan Syrup	
Pineapple Fountain Syrup	
Raspberry Syrup	
Strawberry Fountain Syrup	
Strawberry Syrup	
Karo	
Pancake Syrup	
Hauke	
Maple Syrup	
Pancake Syrup	
Dolce	
Amaretto Syrup	
Apple Italian Syrup	
Blueberry Italian Syrup	
Boysenberry Italian Syrup	
Chocolate Mint Syrup	
Cinnamon Syrup	
Coconut Syrup	
Ginger Italian Syrup	
Italian Syrup	
Kiwi Italian Syrup	
Lemon Granita Syrup	
Lemon Italian Syrup	
Macadamia Syrup	
Mandarin Italian Syrup	

HALAAL	*HARAAM*
Mandarino Granita Syrup	
Mango Italian Syrup	
Praline Conc. Syrup	
Raspberry Granita Syrup	
Raspberry Syrup	
Root Beer Italian Syrup	
Strawberry Granita Syrup	
Watermelon Granita Syrup	
Elwood	
Dietetic Pancake Syrup	
Red Wing	
Chocolate Flavored Syrup	
Imitation Butter Flavor Syrup	
Lite Syrup	
Maple Flavor Syrup 2%	
Maple Flavor Syrup 3%	
Maple Flavor Syrup 15%	
Maple Flavor Syrup 25%	
Maple Syrup	
Table Syrup	
Table Syrup Maple Flavor	
Gedney	
Pancake Syrup	
Borden	
Apricot Syrup	
Blueberry Syrup	
Butter Pecan Syrup	
Cary's Sugar Free Syrup	
Crystal Syrup	
Golden Syrup	

HALAAL	*HARAAM*
Honey Cinnamon Syrup Pancake Syrup Strawberry Syrup Table Syrup Twinberry Syrup	
Oxford	
Pancake Syrup	
Quaker	
Lite Syrup Butterlite Syrup	
Mrs. Butterworth's	
Maple Syrup	

TOOTHPASTE AND MOUTH WASH

Rembrant	
Natural Mint Toothpaste Mint Flavor with Fluoride	
Sensodyne	
	Fresh Mint Toothpaste Cool Gel Toothpaste Baking Soda Toothpaste Tartar Control Toothpaste

HALAAL	*HARAAM*
	Pepsodent
Cool Mint Toothpaste Fresh Mint Toothpaste Original Toothpaste	
	Listerine
	Cool Mint Gel Toothpaste Cool Mint Paste Toothpaste
	Viadent
Fluoride Toothpaste	
	Colgate
Fluorigard Mouthwash Gel Toothpaste Junior Toothpaste	
	Mentadent
	Fresh Mint Toothpaste Tartar Control Toothpaste Gel Mint Toothpaste Advanced Whitening Toothpadte Gum Care Toothpaste
	Tom's
Mouthwash Spearmint Mouth Cinnamint	
	Signal
Tingly Clean Mouthwash	
	Nature's Gate

HALAAL	*HARAAM*
Herbal Creme de Anise Herbal Creme de Mint	
	Peelu
Regular Toothpaste	
	Ultrabite
	Original Flavor Toothpaste Fresh Mint Toothpaste

VINEGAR

	Slinette
Vinegar	
	Elwood
Distilled Vinegar	
	Chelton House
Vinegar	
	Carmel
Garlic Vinegar Red Vinegar White Vinegar	
	Medford Farms
Vinegar	

HALAAL	*HARAAM*
Oasis	
Cider Vinegar White Vinegar	
Nakano	
Natural Rice Vinegar Seasoned Cider Vinegar Seasoned Rice Vinegar	
Serv	
Malt Vinegar	
Ken's	
Cider Vinegar White Vinegar	
Apple Leaf	
Cidar Vinegar White Distilled Vinegar	
Indian Summer	
Apple Cider Vinegar Distilled Vinegar Vinegar Cider White Distilled Vinegar	
United	
Vinegar	
Sunlight	
Apple Cider Vinegar Distilled White Vinegar	

HALAAL	*HARAAM*
Windsor	
Apple Cider Flavored Vinegar Distilled White Vinegar	
Kaiser	
Vinegar	
Kedem	
	Wine Vinegar
Lucky Leaf	
Cider Vinegar White Distilled Vinegar	
Twelve Oak	
Apple Cider Vinegar Colored Distilled Vinegar White Distilled Vinegar	
Heinz	
	Wine Vinegar
Woeber's	
Apple Cider Vinegar Distilled White Vinegar	
Old Dutch	
Cider Vinegar Distilled White Vinegar	
Baker's	
	Wine Vinegar

HALAAL ***HARAAM***

YOGURT & FROZEN YOGURT

T&W

Banana Strawberry Frozen Yogurt
Caramel Fudge Twirl Fat Free Frozen Yogurt
Cherry Fat Free Frozen Yogurt
Choc. Chip Frozen Yogurt
Choc. Frozen Yogurt
Choc. Fudge Mousse Fat Free Frozen Yogurt
Choc. Mousse Fat Free Frozen Yogurt
Mixed Berry Fat Free Frozen Yogurt
Mocha Fudge Fat Free Frozen Yogurt
Praline Almond Crunch Fat Free Frozen Yogurt
Raspberry Peach Fat Free Frozen Yogurt
Raspberry/Vanilla Swirl Frozen Yogurt
Strawberry Frozen Yogurt
Vanilla Fat Free Frozen Yogurt
Vanilla Frozen Yogurt

Delicious

Cherry Chocolate Flake Yogurt
Fudge Royal Frozen Yogurt
Peach Frozen Yogurt

HALAAL	*HARAAM*
Strawberry Frozen Yogurt	
Vanilla Frozen Yogurt	

Dannon

Cappucino Light Frozen Yogurt	
Caramel Pecan Pure Ind. Frozen Yogurt	
Cherry Chocolate Cherry Pure Ind. Frozen Yogurt	
Cherry Vanilla Light Frozen Yogurt	
Chocolate Light Frozen Yogurt	
Chunky Chocolate Nut Pure Ind. Frozen Yogurt	
Cookies & Cream Pure Ind. Frozen Yogurt	
Crunchy Expresso Pure Ind. Frozen Yogurt	
France Van/Chp Frozen Yogurt	
Heath Toffee Crunch Pure Ind. Frozen Yogurt	
Lemon Chiffon Light Frozen Yogurt	
Peach Light Frozen Yogurt	
Peach Pure Ind. Frozen Yogurt	
Strawberry Light Frozen Yogurt	
Vanilla Light Frozen Yogurt	

Dunkirk

Black Raspberry Frozen Yogurt	
Blueberry Frozen Yogurt	
Chocolate Delight Frozen Yogurt	
Chocolate Frozen Yogurt	
Maple Nut Ice Cream	

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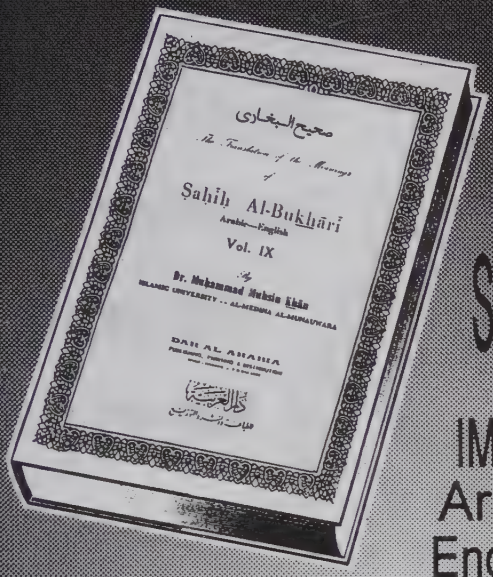

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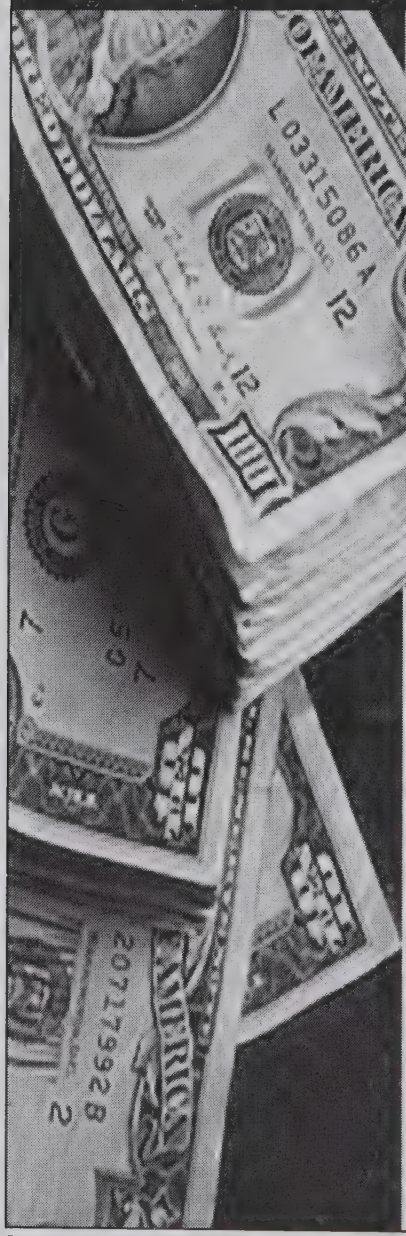

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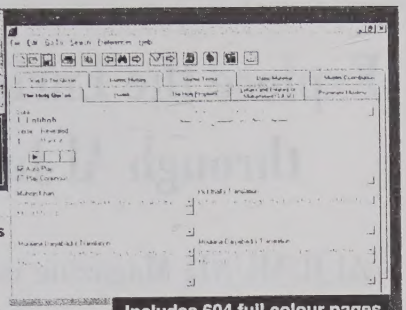

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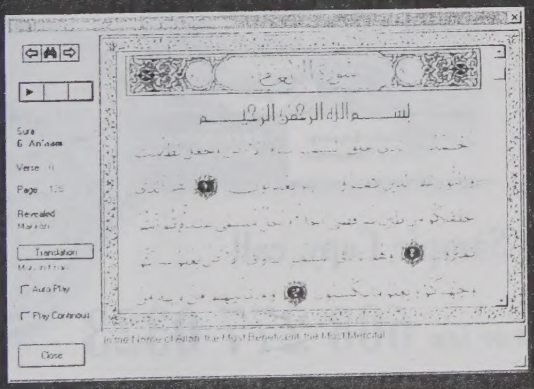

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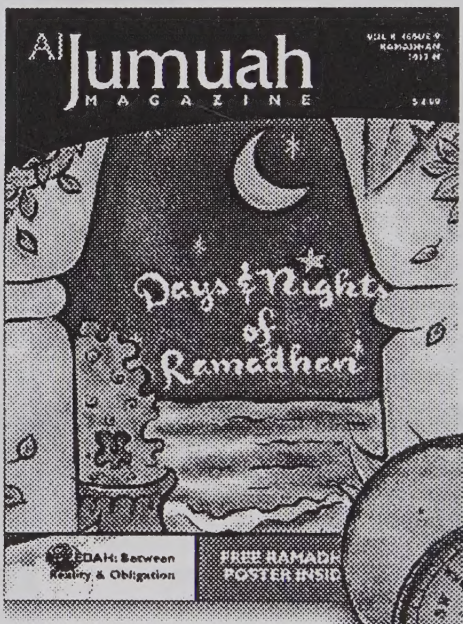

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